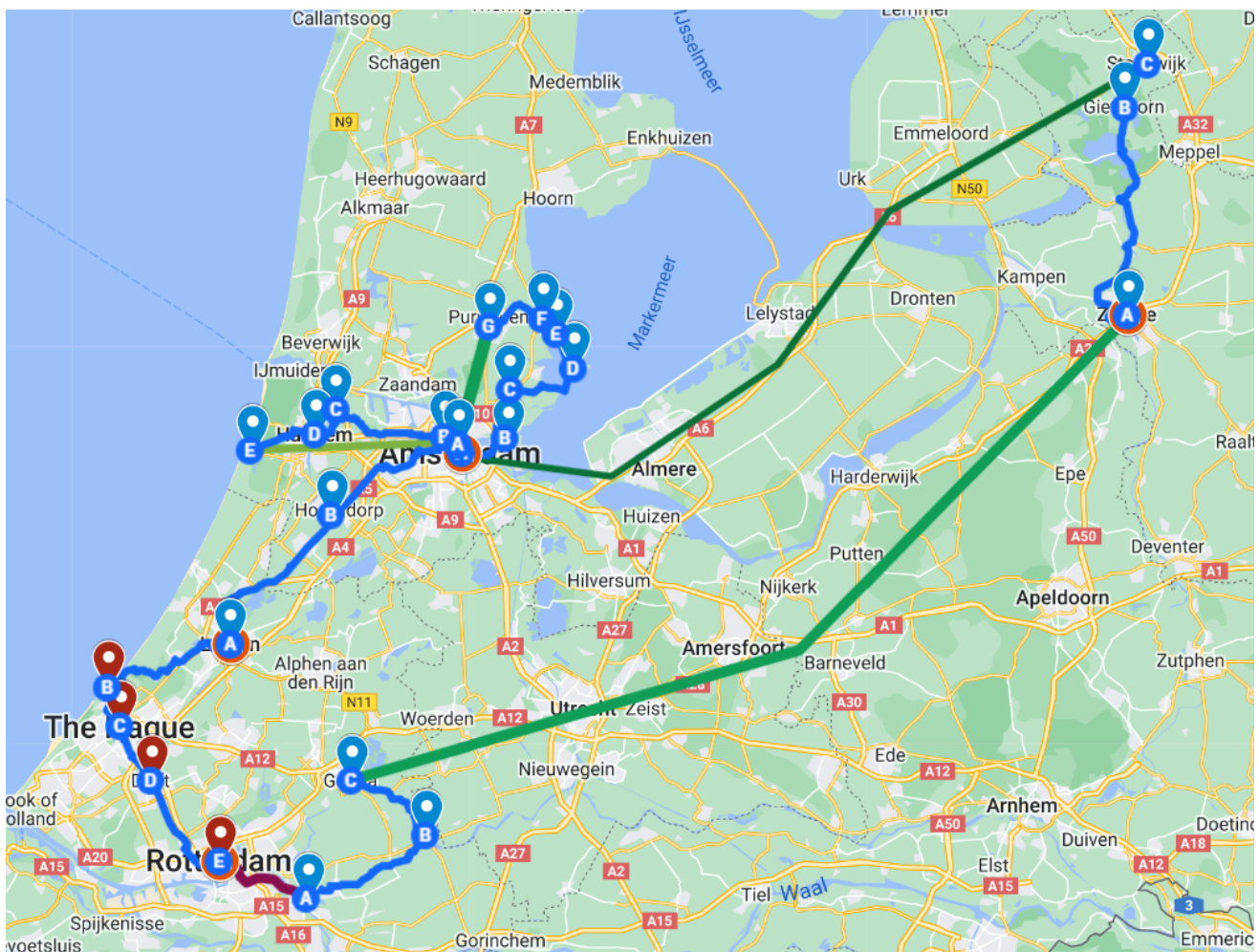


THE NETHERLANDS BY BROMPTON



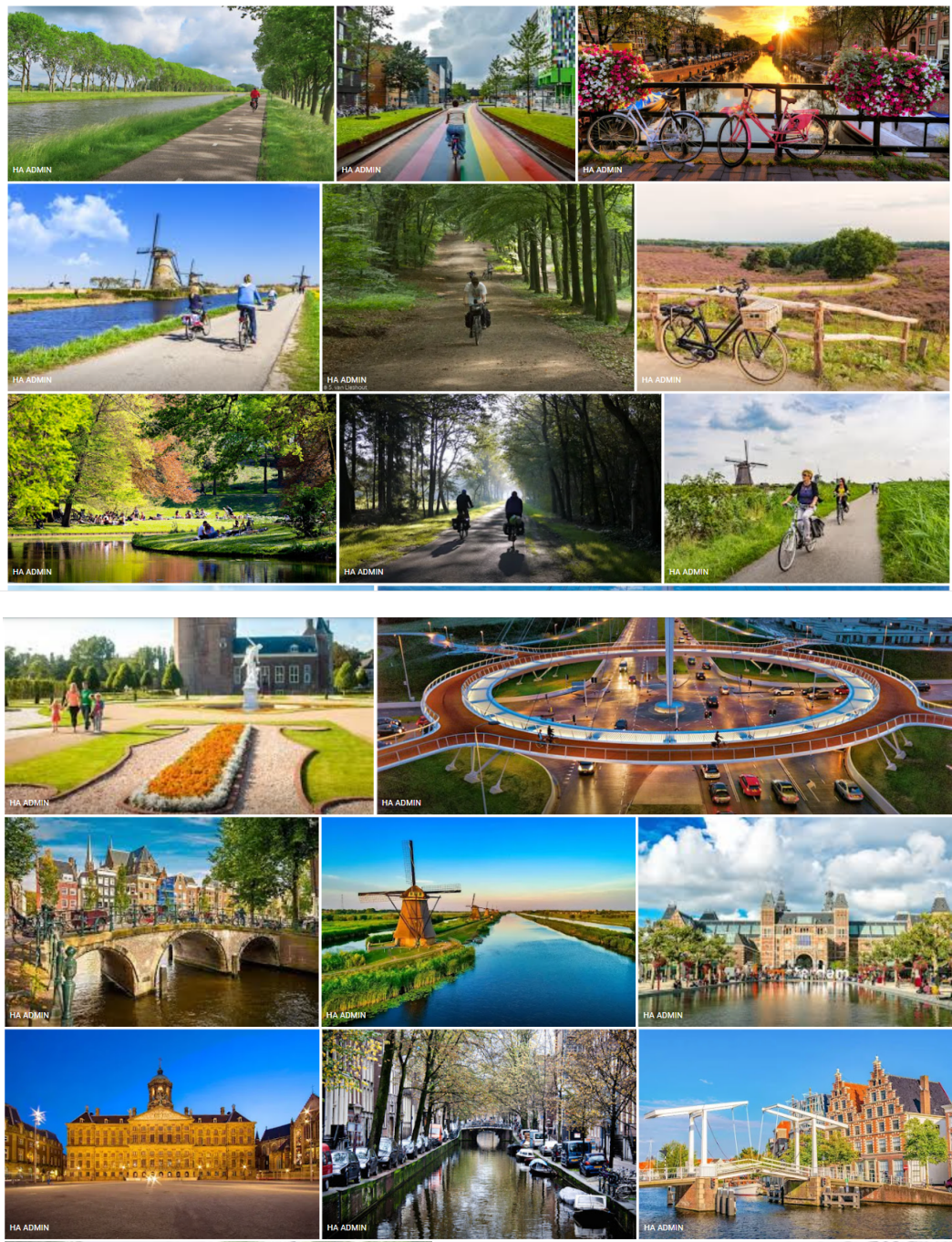
In terms of weather, June is a good month in which to visit Amsterdam.

Overall, you can expect **quite a bit of sunshine**, with **lots of blue skies** and a normal average temperature of 15° Celsius (59° Fahrenheit) — and daytime highs of 19-20° Celcius (66.2-68° Fahrenheit). Fortunately, the **rain showers tend to be short and intermittent**. As for the sunny part, it is rare that you see a completely blue sky, because the sun often must compete with clouds — cumulus clouds, mostly.

CHA Brompton Experiences will be supported by local Netherland Guides and safety personnel . Together with Eugene & Adrian as your SG Brompton specialists !



NETHERLANDS



OVERVIEW

Each tour is based on an 8-hour day, with the group starting from their hotel, making their way along the route and then finishing back at a hotel. A backup vehicle will follow as closely as possible, keeping in contact throughout the day via Whatsapp. This vehicle will be available to assist with any repairs or offer lifts to anyone needing to take a break. On most of the days, a train will be used to return to the hotel at the end of the day. A ferry will be used on Day 5 to reach the start of the tour. These costs are included in the budget.

During the day there will be plenty of stops along the route to take photos, see sights, visit locations and have lunch or refreshments. We can assist in suggesting good places to stop for a bite to eat and can help with making reservations. We can also pre-book tickets for any museum, buildings or places of interest the group may wish to visit. Any costs would be added to the budget after discussion.

What we offer:

Daily itinerary - structured to meet the group's needs and pace.

Experienced Cycling Guide - who knows the routes and who will stay at the front of the group to ensure the pace is comfortable for everyone. The guide will share information about places that are visited during the tours.

Support vehicle & driver - a van that will follow the group on each tour. This vehicle will collect the bikes at the end of the day and return them to the hotel while the group travels back by train.

Handy Hints:

Weather - the weather in the Netherlands, even in June can be unpredictable, We recommend everyone carries wet weather clothing and wears layers as it can still be cooler at times. Of course, suncream is also recommended as you can easily experience 4 seasons in one day.

Eat well - having a good breakfast at the start of the day will help keep energy levels up. There will be food and refreshment stops factored in throughout each day.

Photos - there will be plenty of beautiful views and interesting places to see along each route. Your guide will show you the best angles for the perfect photos, so make sure you have plenty of storage space.



Duration - 2 hours



LUXURY AMSTERDAM CANAL CRUISE

The most convenient and comfortable way to see the beauty of Amsterdam is to try a Private Amsterdam Canal Cruise. We think a Canal Cruise with your own captain is the best way to get to know one of the most popular tourist destinations in Europe.

CRUISING AMSTERDAM'S CANALS

More than 100 kilometres of waterways run through our city and you can see the most famous neighbourhoods such as 'de Pijp', 'de Wallen' and 'de Jordaan' from the water. Here you will find the beautiful canals, historic bridges, and picturesque merchant houses that give the city its charming and iconic character. We pass by famous sights, such as the Anne Frank House, Westerkerk, Nine Streets, the Skinny Bridge, and the dancing houses at the Amstel River.

LUXURY BOAT, BEST FOOD AND DRINKS

Get on board and don't miss this fun Amsterdam adventure. For our cruises, we work together with our friends of Pure Boats, the highest-rated boat company in Amsterdam. You will feel welcomed immediately at their luxury 100% electric boats. While cruising, you enjoy the best local drinks and snacks on a classy, sustainable boat. Even if there is cold weather or rain, the boats have a canopy, but we hope the weather will be good during your visit. Depending on where your hotel is, the boat can drop you off close by, or the tour will finish at the Pure Boats quay in the heart of the canal belt.

Don't forget to take your camera as you sit back and relax during this great canal cruise through our beautiful Amsterdam. We hope to meet you soon on the water.

INCLUDED IN THE TOUR:

- Private boat captain
- Private luxury salon boat
- Drinks & Dutch snacks

LUXURY CANAL CRUISE - IN PICTURES



DAY 1 - AMSTERDAM COUNTRYSIDE (NORTH)

The day starts at your hotel, where your guide and support vehicle will meet you. The support vehicle will follow the route, for support and repairs. Your guide will take you on a gentle trip north of **Amsterdam**, taking a ferry over the River IJ. Cycling through lush green fields beneath endless Dutch skies worthy of the master painters, we can go via Durgerdammerdijk or take a diversion through the delightful village of Broek in Waterland. Moving east, we make our way towards the old traditional fishing villages of Marken & Volendam and the cheese town of Edam.

Before reaching Marken, we will cycle over the man-made Zeedijk that separates the Gouwzee from Markermeer. After exploring the sea view town of Marken, it will be time to catch the ferry to **Volendam**, a sweet town full of colourful houses lined up along the seafront. Then it's just a short cycle ride to the cheese town of Edam. Depending on which day you visit, you may be lucky enough to catch the famous cheese market. There'll still be plenty of opportunity to taste the world-famous cheeses, even if it isn't a market day. The cycle ride ends with a quick pedal over **Purmerend station** to catch the train back to Amsterdam. Whilst you relax on the train back to Amsterdam, the support vehicle will return your bikes back to your hotel.

Total distance: 40km

INCLUDED IN THE TOUR:

- Guide
- Support vehicle
- Train/ferry tickets
- Additional entrance fees

DAY 1 - AMSTERDAM COUNTRYSIDE (NORTH) - IN PICTURES



DAY 2 - AMSTERDAM COUNTRYSIDE (WEST)

The day starts at your hotel, where your guide and support vehicle will meet you. The support vehicle will follow the route, for support and repairs. First, your guide will take you through the western part of Amsterdam, into the hip Westerpark and through tranquil fields to the little village of Spaarndam.

From there, you will continue to cycle westwards to the city of Haarlem, often considered to be Amsterdam in miniature. Whilst in Haarlem you will see a windmill and medieval market square and you will have the opportunity to stop off for refreshments. The last part of the ride takes you through the fertile sand dunes that protect the Netherlands from the stormy North Sea. As you reach the coast, you will enter Zandvoort a sleepy seaside town, also known as Amsterdam Beach. Around the town, you will find a number of sand sculptures, which are part of the Sand Sculpting display that occurs here every summer. At the end of the trip, you will catch a train back to Central station. Whilst you relax on the train back to Amsterdam, the support vehicle will return your bikes back to your hotel...

Total distance: 30km

INCLUDED IN THE TOUR:

- Guide
- Support vehicle
- Train/ferry tickets
- Additional entrance fees

DAY 2 - AMSTERDAM COUNTRYSIDE (WEST) - IN PICTURES



DAY 3 - AMSTERDAM COUNTRYSIDE (SOUTH)

Day 3 starts with a leisurely cycle south of your hotel along the Amstel River. As you leave the city, you will make your way through the Dutch polder landscape with its many ditches and dikes, which help to control the water level in the surrounding land. As the group head towards Amsterdam Bos, you will pass by a community of chic houseboats. These are an excellent example of how the houseboat culture has transformed from a hippie community to one that's loved and lived by the more upper classes.

Passing through Amsterdam Bos (Amsterdam Forest), the tour meets with a rowing lake built in the 1930s. If we are lucky, we might even see the Dutch National Rowing Team practice on it. From here we cut across the vibrant greenery, and soon we will be cycling right on top of a 'dyke', a key element in the fight against the water and nature. Close by, we will also see the reclaimed land that sits several metres under the water level. Approaching Leiden we will find several windmills and the oldest university in the Netherlands. As the tour ends we will pass through the city gates and two large gothic churches. This day ends at a hotel in Leiden, ready to start Day 4 from the same location.

Total distance: 43km

INCLUDED IN THE TOUR:

- Guide
- Support vehicle
- Train/ferry tickets
- Additional entrance fees

DAY 3 - AMSTERDAM COUNTRYSIDE (SOUTH) - IN PICTURES



DAY 4 - LEIDEN TO ROTTERDAM

Starting from your hotel in Leiden, this tour continues south a little to Wassenaar, home of the Dutch King and his family. Cycling westwards through the dunes, we reach the beach, which we will follow until Scheveningen. In this vibrant seaside town, there will be an opportunity to stop for refreshments and food. Strolling along the seafront boulevard you can discover the many Fairytale Sculptures by the Sea by American artist Tom Otterness. This is also a perfect opportunity to take a walk along the pier over the North Sea.

Jumping back on the bikes, it's just a quick pedal to The Hague, the administrative capital of the Netherlands and where you will find both the Dutch parliament and yet another royal palace. Heading into the city, you will find the International Peace Palace and its stunning gardens. Cycling along wide bike lanes, we make our way towards Delft, home of Vermeer and the famous Delft Blue pottery. If you wish, there is time to visit the factory, before catching the train to Rotterdam, where you will stay for the night.

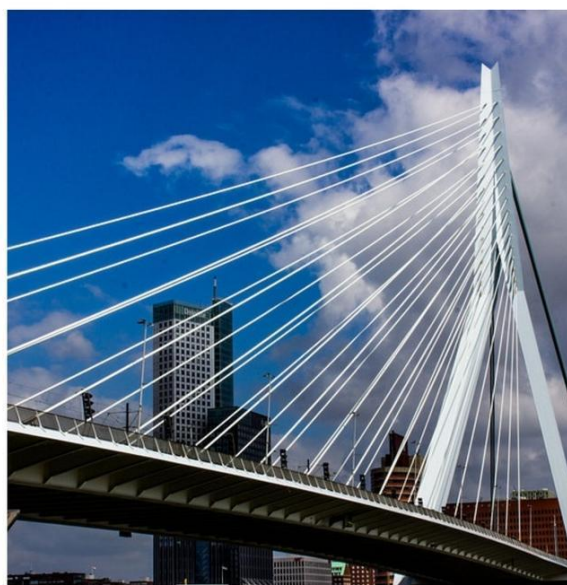
The support vehicle will pick up the bikes in Delft and drop them off at the hotel in Rotterdam, ready for the tour on Day 5.

Total distance: 36km

INCLUDED IN THE TOUR:

- Guide
- Support vehicle
- Train/ferry tickets
- Additional entrance fees

DAY 4 - LEIDEN TO ROTTERDAM - IN PICTURES



DAY 5 - ROTTERDAM TO GOUDA

Day 5 starts a little differently as you will catch the waterbus from Rotterdam to Kinderdijk, which is where the support vehicle will deliver your bikes.

At Kinderdijk you will discover the 19 UNESCO-protected traditional windmills, all situated in their original locations. Originally placed as part of the water management plan for the Netherlands, they make for amazing photographs against a backdrop of the rolling endless dramatic Dutch skies. As you cycle by the windmills along the river, you reach Schoonhoven, known as the silver city. Following the small Vlist, you pass via the small town of Haastrecht. Following some beautiful river dikes, we will make our way towards Gouda.

Gouda is a small city famous for stroopwafels and delicious cheeses. As this is the last stop for the day, you will have the opportunity to try both of these and to explore the town a little. At the heart of Gouda is Sint Janskerk, which is the longest church in the Netherlands, and has some very famous stained glass windows. Another must-see is the old City Hall, a beautiful monument dating back to 1450. We will see the carillon on the right side façade, whose mechanical dolls come to life and put on a wonderful show at two minutes past every half and full hour.

After you have explored Gouda it will be time to catch a train to Zwolle, the starting point for Day 6's tour. The support vehicle will pick up the bikes and drop them off at your hotel in Zwolle.

Total distance: 33km

INCLUDED IN THE TOUR:

- Guide
- Support vehicle
- Train/ferry tickets
- Additional entrance fees

DAY 5 - ROTTERDAM TO GOUDA - IN PICTURES



DAY 6 - ZWOLLE TO GIETHOORN

The final day starts in the first of two former Hanseatic League towns, the medieval Zwolle. Within the city walls, there are many buildings dating from when it was a major trading point. Cycling along the former trading route of Zwarte Water we quickly arrive at another Hanseatic town, Hasselt.

Heading North, we will pass through the small village of Zwartsluis, whose history started in the Eighty Years' War, when it grew around the Swartersluys fortress. This fortress controlled traffic on the Zwartewater inlet leading to Hasselt and Zwolle, the two towns you will have already passed through. Heading north, we will cycle across Belterwijde and onto Giethoorn.

Giethoorn is a peaceful village in the Dutch countryside that is often referred to as the "Little Venice" of the Netherlands, due to its numerous waterways and absence of roads and cars. Its beautiful canals, picturesque wooden bridges, and farmhouses with centuries-old thatched roofs give it a unique fairytale feel. Most of Giethoorn is only accessible by boat which is why the next part of the tour will involve a boat cruise. Leaving the bikes behind, you will take a peaceful cruise through the canals and waterways that make up Giethoorn.

Once the boat docks, it's just a short cycle north to the fortified town of Steenwijk, where you will catch a train back to Amsterdam. The support vehicle will pick up the bikes and deliver them to your hotel in Amsterdam.

INCLUDED IN THE TOUR:

- Guide
- Support vehicle
- Train/ferry tickets
- Additional entrance fees

DAY 6 - ZWOLLE TO GIETHOORN - IN PICTURES



TRANSFERS

You will be met by a driver at a pre-arranged meeting point at each of the departure locations. The driver will be waiting for you with a sign showing your name and 'Amsterdam Experiences'. With the airport transfers, the driver will monitor your flight and be aware of any delays or early arrivals.

The following transfers will be arranged for you in a middle-of-the-range, comfortable vehicle.

Day 0: Airport to hotel transfer

Day 7: Hotel to airport transfer

OVERVIEW

Description

Day 0 - Arrive and Rest: 2h Luxury Canal Cruise
Drinks & Snacks

Day 1 - Amsterdam Countryside (North) x10
Guide, backup van, driver, train tickets

Day 2 - Amsterdam Countryside (West) x10
Guide, backup van, driver, train tickets

Day 3 - Amsterdam Countryside (South) x10
Guide, backup van, driver

Day 4 - Leiden to Rotterdam x10
Guide, backup van, driver, train tickets

Day 5 - Rotterdam to Gouda x10
Guide, backup van, driver, train & ferry tickets

Day 6 - Zwolle to Giethoorn x10
Guide, backup van, driver, train tickets, boat

Overnight expenses for guide & driver x2 nights
Hotel room & food

Transfers - airport/hotel, hotel/airport
x3 minivans in each direction

Flight Schedules

With respect to this tour we recommend that you procure your flight tickets early according to the above schedule.

1. Please secure your tickets early to redeem miles points.
2. Please ensure that min 30kg of allowable luggage to facilitate Brompton and travel luggage.
3. CHA will be using the following flight schedule should you wish to accompany the team.
4. You may choose other flight arrangements.

Proposed Flight Schedule

SQ 324 Singapore To Amsterdam
23:55 16 Jun - 07:15 17 Jun

Arrival June 4 2023

Departure June 12 2023

General Programme Details

Programme Title	7D6N Netherlands Brompton Expedition
Programme Duration	8 Days 7 Nights
Dates	4 June 2023 - 12 June 2023
Tour Venue	Netherlands . Amsterdam . Leiden . Rotterdam . Gouda . Giethoorn
Programme Fee per Person	€ 4,800 Nett <i>Package rate per pax based on twin share</i> € 5,400 Nett <i>Package rate 1 pax based on single room</i>
Airline	Self Secured
Accommodation	3 - 4 star business hotels (6 Nights)
Meals	6 Breakfast, 7 Lunch, 7 Dinners Alcohol excluded (Optional add on at each meal)
Laundry	NA (Excluded) - Cabin bag when traveling out of Amsterdam For 3 Days
Specialists Manpower	• 2 Brompton Tour Specialists Guides (Singapore) • 1 Dutch Translator And Tour Guide
Safety Measures & Bike Care	• Basic First-Aider • Riding Instructor And Road Safety • Mobile Brompton Mechanic Support (Essentials)
Equipment (Optional)	Brompton Rental from Singapore (\$400) for trip duration. Self Carry. Brompton Rental from Japan (\$700) for the Japan tour duration only.
Transportation	• 1 Equipment Safety Vehicle (3-person + Brompton equipment capacity) • 70% of participants would need to ride from destination to destination
Insurance Coverage	Self Secured
Others	Visa application fees excluded. (\$38) Visa administration for non-Singaporean passport holders (\$150).

Required Items (See Packing List)

- Brompton Bicycle + Travel Case + Helmet + Front Carrier Bag
- Brompton Cover / Train
- Front and Rear Lights
- 2 Spare Inner Tubes (Provided)

Excluded From Tour Pricing

Items	SGD
Air ticket (Economy)	\$1,400 - \$1,800
Visa Fee (where applicable for non SG passport holders)	€ 80
Travel Insurance (with Covid-19 coverage)	\$85.00

Acceptance Letter

Programme Title	7D6N Netherlands Brompton Cycling Tour
Programme Duration	8 Days 7 Nights
Proposed Training Date	16 Jun 2025 - 23 June 2025
Venue	Netherlands . Amsterdam . Leiden . Rotterdam . Gouda . Giethoorn
Programme Fee per Person (Please Select Preferred Package)	€ 4,800 Nett / SGD \$6,800 (till 31 Dec 2024) <i>Package rate per pax based on twin share</i> € 5,400 Nett / SGD \$7,652 (till 31 Dec 2024) <i>Package rate 1 pax based on single room</i>

I, _____, hereby confirm the above mentioned and verified that i have
(Name/ NRIC (last 4 digits))
read and understood the Terms and Conditions as set out in this proposal.

<i>Signature</i>		<i>Date</i>		<i>Stamp (if Organisation)</i>

In case of emergency, please contact

Name of person: _____ Contact no.: _____

I, agree to participate in the Cycling Experience of my own free will and volition, and am aware of the risks involved outdoor cycling and in consideration of being permitted by organising agency, Camp High Achievers Pte Ltd ("CHA") to participate in the Event, and assigns: (a) to hereby absolve, acquit and discharge HAOC and its officers, servants, employees, agents or volunteers from all or any responsibility, actions, causes of action, claims, demands and obligations whatsoever arising from any loss or damage (including, without limitation and to the extent permissible by law, physical injury, loss of life or property damage) caused by or sustained as a result of my participation in the event; and (b) will indemnify and keep indemnified, save and hold harmless, HAOC and its officers, servants, employees, agents or volunteers against all losses, claims, demands, actions, proceedings, damages, costs or expenses, including legal fees, and any other liability arising in any way from my participation in the event.

I allow / do not allow* photos and video content to be taken of myself during this programme.

I allow / do not allow* photos and video content taken of myself to be used in online publications or social media.

**Please select accordingly*

Proposed Flight Schedules:

It is recommended that you travel according to the following SQ Travel schedules.

TERMS & CONDITIONS

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In completing and submitting the acceptance form and application details, you are agreeing to the following conditions between Camp High Achievers Pte Ltd and you.

- A. Brompton Experiences Tour Participant, hereby known as the "Client", will first be invoiced the deposit of 100% of the total tour price per person upon the acceptance of this proposal.
- B. In the event that Camp High Achievers Pte Ltd, hereby known as "CHA", does not receive any payment when due for whatever reason, CHA reserves the right to cancel the client's tour booking immediately, in which case, the client will pay the relevant cancellation fees set out under Cancellation fees.
- C. The client shall not make any amendments to the trip schedule once the deposit had been collected, any amendments will incur an administrative fee of SGD\$40
- D. The tour price excludes pre/post-tour accommodation, room service, bar, beverage, laundry, internet and telephone charges, porterages, tips, unspecified meals or tours, excess baggage charges, passport and visa fees, personal and baggage insurance, increases in fuel surcharge and taxes, fines of any kind, cost of purchases, and all other costs, fees or charges of a personal nature or as may be specified by CHA. A list of necessary expenses not included in the tour fee are illustrated in the detailed programme briefing slides.

1) Booking Process

To reserve a place on the Bicycle Tour, you will need to complete the following:

- Send us a copy of your confirmed flight itinerary (for self-sourcing of air transport)
- Complete and sign the Acceptance Letter
- Transfer 100% of the tour fee

Payment can be made only by Paynow, Cheque, or Cash.

<https://highachievers.com.sg/pages/brompton-experiences-paynow-link>

2) Payment & Cancellation Policy

If you wish to cancel your tour, please notify CHA in writing. Once CHA receives your notice, the cancellation will take effect with the following cancellation charges. Change of participant names is allowed and may be transferred.

CHA requires a minimum of 10 pax for the tour to proceed. CHA reserves the right to cancel the tour and refund the tour amount if we are not able to proceed due to insufficient capacity.

Cancellation request	Fees Incurred [as % of contract value]
Less than 30 working days from tour start date	100%
30 or more working days from tour start date	70%

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3) COVID-19

Camp High Achievers is unable to refund monies paid in full where COVID 19 travel restrictions are the direct cause of cancellation of scheduled tours in 2023.

4) Insurance & Accident Coverage

Participants are required to purchase their own travel and accident insurance.

5) Route Changes

CHA (Brompton Experiences) reserves the right to:

- Change the date of departure or conclusion of the tour, or, modify any aspect of the tour for the purposes of safety and in the event of unforeseen obstructions
- Cancel or modify any routes with the tour or objectives set out in the itinerary.
- Substitute different or equivalent routes within the tour in place of canceled or modified routes.
- Postpone, cancel or delay any such aspect of the tour if it is necessary to do so due to inclement weather, snow or icy conditions or conditions that are otherwise likely to be hazardous or dangerous or due to any other adverse or threatening conditions which may affect the safety of participants and guides of the group.

6) Health and Fitness requirements

To fully enjoy and benefit from this cycling experience you should be in good health and physical condition. If you have a medical, physical or mental condition you must disclose this to us upon booking. You are also obliged to do the same once your condition changes prior to departure. Please note that touring on a Brompton bicycle will take up between 3 - 4 hours daily on this tour.

7) Assumption of Risk and safety declaration

By Joining this programme you acknowledge that:

- This is a form of adventure travel and is more challenging and demanding with a commensurately higher level of risk compared with conventional cycling, and may involve potential exposure to injury and possibly death.
- The additional dangers and risks associated with adventure travel may include difficult and dangerous terrain, extremes of weather, including sudden and unexpected changes, remoteness from normal medical services, and evacuation difficulties in the event of illness or injury.
- We reserve the right to withdraw any person who in our opinion is likely to endanger themselves or others. We also reserve the right to cancel any activity if we become concerned for any reason for your safety or that of any other person.
- You must follow our instructions and use any safety equipment provided at all times. For the above reasons, you accept the inherent and increased dangers and risks associated with the proposed adventure and the accompanying risk of injury, death, or property damage or loss.

8) Reimbursement for Damage of Rental Bikes

For participants who loan Brompton Bikes & Equipment from CHA :

- Notify Camp High Achievers Inc. in case of any accident, damage, theft or malfunction.
- Pay for any damages, loss or theft of rental bike(s) and any included equipment(s). Total loss due to damages, theft or failure to return the bike shall result in full replacement reimbursement of the bike or parts and equipment.

9) Image Rights, Media Content and Materials

By allowing us to take photo and video footage of the tour progress you are agreeable to :

- The use and reproduction of your name, likeness, appearance and photographs, films and recordings by any means and in any media and format for the purpose of advertising, publicity and promotion of the tour/program and Camp High Achievers and
- All content from photographs, official blogs, emails, promotional materials and other materials distributed by CHA is the property of CHA and must not be copied or distributed without the express written approval of CHA.
- You are permitted to take photography for personal use only. Any commercial use of such photography is prohibited unless express permission has been granted from CHA.