

# TRAINING

BY PAIGE ALEXANDRA

# TRAINING COURSE BROCHURE

# TRAINING

BY PAIGE ALEXANDRA

Welcome to Training by Paige Alexandra.

This brochure has been created to provide you with all of the information you need to know regarding our CPD Accredired Training Courses.

All Training Courses are on a 1:1 basis. This will ensure that you have the full attention of your trainer, maximizing your learning potential in a relaxed and pressure free environment.

TRAINING
BY PAIGE ALEXANDRA

# INDIVIDUAL TRAINING COURSES

| | |
|---|---|
| DERMAPLANING | £299 |
| CHEMICAL PEELS | £329 |
| HYDRO 6 STEP FACIAL | £399 |
| MICRONEEDLING | £429 |
| LUXURY FACIALS | £469 |
| UNDER EYE SKIN BOOSTERS | £479 |
| FACE | NECK SKIN BOOSTERS | £479 |
| JAPANESE HEAD SPA | £659 |

*SAVE 10% WHEN YOU CHOOSE 3 OR MORE*

1:1 TUITION with Paige

TRAINING
BY PAIGE ALEXANDRA

# TRAINING COURSE PACKAGES

## STEP INTO SKIN — £1250

BECOME AN ADVANCED SKIN SPECIALIST

**2 DAYS**

## THE COMPLETE BEGINNERS GUIDE — £1700

LUXURY FACIALS (DAY 1)

STEP INTO SKIN (DAY 2 + 3)

**3 DAYS**

## ADVANCED SKIN BOOSTERS — £850

PLUS POLYNUCLEOTIDES!

**1 DAY**

## JAPANESE HEAD SPA — £899

PLUS LUUXURY FACIALS

**1 DAY**

✓ CPD ACCREDITED




1:1 TUITION *with Paige*

WWW.BYPAIGEALEXANDRA.CO.UK

# THE COMPLETE BEGINNERS GUIDE

Are you a newbie to the skincare industry and unsure where to start? Below is the perfect guide.

- ✓ Luxury Facials Training Day 1 — £469
- ✓ Step Into Skin Day 2+3 — £1250




## 3 DAY COURSE

- 7 CERTFICATES
- 120 PAGE MANUAL
- LIFETIME SUPPORT

***£1700 when booked as The Complete Beginners Guide***

PAYMENT PLANS AVAILABLE

1:1 TUITION *with Paige*

# LUXURY FACIALS
## FACIAL MASSAGE TRAINING

TRAINING
BY PAIGE ALEXANDRA

## PRE REQUISITES:

Level 3 Beauty Therapy / Healthcare Professional / Level 3 Anatomy & Physiology (VTCT)

If you are a complete beginner and wish to attend this course and have none of the above qualifications I would highly recommend purchasing an online Level 3 Anatomy & Physiology (VTCT) course. This can be completed in your own time in the comfort of your home. (Browse online to find the best course with positive reviews and ensure it says VTCT).

The above is not a requirement to attend this training course as such, but it is a requirement for insurance.

You are welcome to train with us in the meantime but please note it is unlikely you will gain insurance without the Level 3 VTCT Certification. So you would be unable to treat clients until you have both this & your Insurance policy in place.

## COURSE AGENDA

- Anatomy & Physiology of; Skin, Cardiovascular System and Lymphatic System.
- Health and Safety
- Consultation / Skin Analysis

- Basic Facials
- Use of Hot Towels / Steamer
- Facial Massage Techniques
- Head, Neck and Shoulder Massage Techniques

- Contraindications
- Consent
- Aftercare
- Equipment / Shopping List
- Insurance

- Live Demonstration by Course Tutor
- Supervised Practice on Live Model
- Q+A session. Evaulation / Feddback
- Ongoing Support and Guidance

## BONUS

FREE MASTERCLASS

- Gua Sha and Facial Cupping Techniques

## COURSE PRICE:

£469

## ACCREDITATION ATTAINED:

Certification in:
- Basic Facial Massage
- Basic Head, Neck and Shoulder Massage

## COURSE ACCREDITATION:

All training course are CPD Accredited.

## INSURANCE:

We recommend contacting Insync Insurance prior to commencing this course to ensure you can ascertain public liability insurance upon completion.

1:1 TUITION

CPD ACCREDITED

# STEP INTO SKIN

## BECOME AN ADVANCED SKIN SPECIALIST

TRAINING
BY PAIGE ALEXANDRA

## PRE REQUISITES:

Level 3 Beauty Therapy / Healthcare Professional / Level 3 Anatomy & Physiology (VTCT)

If you are a complete beginner and wish to attend this course and have none of the above qualifications I would highly recommend purchasing an online Level 3 Anatomy & Physiology (VTCT) course. This can be completed in your own time in the comfort of your home. (Browse online to find the best course with positive reviews and ensure it says VTCT).

The above is not a requirement to attend this training course as such, but it is a requirement for insurance.

You are welcome to train with us in the meantime but please note it is unlikely you will gain insurance without the Level 3 VTCT Certification. So you would be unable to treat clients until you have both this & your Insurance policy in place.

## COURSE ACCREDITATION:

All training course are CPD Accredited.

## ACCREDITATION ATTAINED:

Certification in;

-Dermaplaning

-Microneedling

-Chemical Peels

-Hydro 6 Step Facial

-LED Therapy

## INSURANCE:

We recommend contacting Insync Insurance prior to commencing this course to ensure you can ascertain public liability insurance upon completion.

## COURSE DURATION:

2 DAYS

## COURSE PRICE:

£1250

0% FINANCE AVAILABLE

1:1 TUITION

CPD ACCREDITED

5 CERTIFICATES

# STEP INTO SKIN

TRAINING
BY PAIGE ALEXANDRA

BECOME AN ADVANCED SKIN SPECIALIST

## 2 DAY COURSE AGENDA:

-Skin Anatomy & Physiology
-Consultation & Skin Analysis
-Skin Types / Conditions
-Product Recomendations
-Licensing / Insurance

-What is Dermaplaning
-Do's & Don'ts
-45 Degree Angle / Technique
-Contraindications
-Consent
-Aftercare

-What is Microneedling
-Do's & Don'ts
-How it works
-Depth's / Technique
-Wound Healing / Aftercare
-Contraindications
-Consent

-What is LED Therapy
-How Does It Work
-Treatable Skin Conditions
-LED Colours & What They Do
-Contraindications
-Consent

-What is a Chemical Peel
-AHA's & BHA's
-Product Recommendations
-Fitzpatrick Scale
-Contraindications
-Consent
-Aftercare

-What is Hydro 6 Step Facial
-Hydro AHA | BHA
-Sonic Wand Extractions
-Radio Frequency
-Ultrasound Hydration
-Oxygen Spray
-Cold Plate / Ice Globe Massage
-Contraindications
-Consent
-Aftercare
-Machines

### PLUS...

-Shopping List
-Live Demonstration by Course Tutor
-Supervised Practice on Live Models
-Q+A Session. Evaluation / Feedback

PLUS POLYNUCLEOTIDES!

# ADVANCED SKIN BOOSTERS

UNDER EYE | FACE | NECK

TRAINING
BY PAIGE ALEXANDRA

## PRE REQUISITES:

Level 3 Beauty Therapy / Healthcare Professional / Level 3 Anatomy & Physiology (VTCT)

If you are a complete beginner and wish to attend this course and have none of the above qualifications I would highly recommend purchasing an online Level 3 Anatomy & Physiology (VTCT) course. This can be completed in your own time in the comfort of your home. (Browse online to find the best course with positive reviews and ensure it says VTCT).

The above is not a requirement to attend this training course as such, but it is a requirement for insurance.

You are welcome to train with us in the meantime but please note it is unlikely you will gain insurance without the Level 3 VTCT Certification. So you would be unable to treat clients until you have both this & your Insurance policy in place.

## COURSE AGENDA

-Health & Safety
-Anatomy & Physiology of the Skin
-Consultation & Skin Analysis

-Knowledge of Skin Boosters
-Knowledge of Polynucleotides
-Injection Techniques
-Difference in Brands
-Contraindications
-Consent
-Shopping List

-Live Demonstration by Course Tutor
-Supervised Practice on Live Models
-Q+A Session. Evaluation / Feedback
-Ongoing Support & Guidance

## COURSE PRICE:

£850

## ACCREDITATION ATTAINED:

Certification in Skin Boosters.

## COURSE ACCREDITATION:

All training course are CPD Accredited.

## INSURANCE:

We recommend contacting Insync Insurance prior to commencing this course to ensure you can ascertain public liability insurance upon completion.

1:1 TUITION

CPD ACCREDITED

**Multiple Brands Used In Practical Training.**

# JAPANESE HEAD SPA

TRAINING
BY PAIGE ALEXANDRA

## COURSE AGENDA

- Scalp / Hair Anatomy and Physiology
- Health and Safety

- Contraindications
- Precare / Aftercare
- Consent
- Insurance

- Head Spa Sink / Bed Supplier
- Product Recommendations
- Equipment/ Shopping List

- Japanese Head Spa Techniques
- Head, Neck + Shoulder Massage Technique

- Live Demonstration by Course Tutor
- Supervised Practice on Live Model
- Q+A Session, Evaluation and Feedback
- Ongoing Support and Guidance

1:1 / 1:2 TUITION

✓ CPD ACCREDITED

## COURSE PRICE:

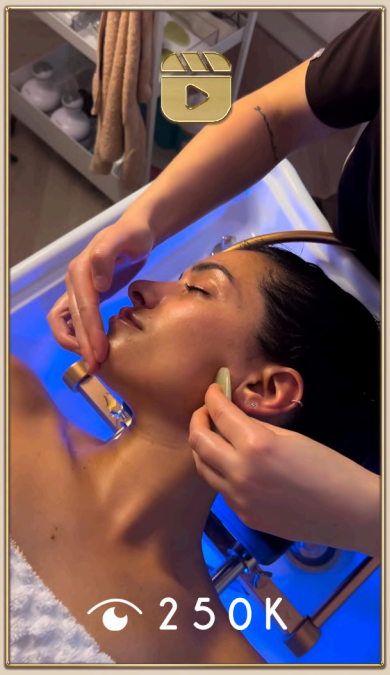
£499

## ACCREDITATION ATTAINED:

Certification in Japanese Head Spa

## INSURANCE

We recommend contacting Insync Insurance prior ro commencing this course to ensure you can ascertain public liability insurance upon completion.




@MASSAGE_AT_BYPAIGEALEXANDRA

# JAPANESE HEAD SPA
## + Luxury Facials

TRAINING
BY PAIGE ALEXANDRA

Please see individual course pages for more information.




1:1 / 1:2 TUITION

✓ CPD ACCREDITED

## COURSE PRICE:

£899

## ACCREDITATION ATTAINED:

Certification in:

- Basic Facial Massage
- Basic Head, Neck and Shoulder Massage
- Japanese Head Spa

## COURSE ACCREDITATION:

All training courses are CPD accredited.

## INSURANCE

We recommend contacting Insync Insurance prior ro commencing this course to ensure you can ascertain public liability insurance upon completion.

INDIVIDUAL

# TRAINING COURSES

(CHOOSE AS MANY AS YOU LIKE TO BUILD YOUR OWN TRAINING COURSE)



# DERMAPLANING

TRAINING
BY PAIGE ALEXANDRA

## PRE REQUISITES:

Level 3 Beauty Therapy / Healthcare Professional / Level 3 Anatomy & Physiology (VTCT)

If you are a complete beginner and wish to attend this course and have none of the above qualifications I would highly recommend purchasing an online Level 3 Anatomy & Physiology (VTCT) course. This can be completed in your own time in the comfort of your home. (Browse online to find the best course with positive reviews and ensure it says VTCT).

The above is not a requirement to attend this training course as such, but it is a requirement for insurance.

You are welcome to train with us in the meantime but please note it is unlikely you will gain insurance without the Level 3 VTCT Certification. So you would be unable to treat clients until you have both this & your Insurance policy in place.

## COURSE AGENDA

-Health & Safety
-Anatomy & Physiology of the Skin
-Consultation & Skin Analysis

-What is Dermaplaning
-Do's & Don'ts
-45 Degree Angle / Technique
-Contraindications
-Consent
-Shopping List

-Live Demonstration by Course Tutor
-Supervised Practice on Live Models
-Q+A Session. Evaluation / Feedback
-Ongoing Support & Guidance

## COURSE PRICE:

£299

## ACCREDITATION ATTAINED:

Certification in Dermaplaning.

## COURSE ACCREDITATION:

All training course are CPD Accredited.

## INSURANCE:

We recommend contacting Insync Insurance prior to commencing this course to ensure you can ascertain public liability insurance upon completion.

1:1 TUITION

CPD ACCREDITED



# CHEMICAL PEELS

TRAINING
BY PAIGE ALEXANDRA

## PRE REQUISITES:

Level 3 Beauty Therapy / Healthcare Professional / Level 3 Anatomy & Physiology (VTCT)

If you are a complete beginner and wish to attend this course and have none of the above qualifications I would highly recommend purchasing an online Level 3 Anatomy & Physiology (VTCT) course. This can be completed in your own time in the comfort of your home. (Browse online to find the best course with positive reviews and ensure it says VTCT).

The above is not a requirement to attend this training course as such, but it is a requirement for insurance.

You are welcome to train with us in the meantime but please note it is unlikely you will gain insurance without the Level 3 VTCT Certification. So you would be unable to treat clients until you have both this & your Insurance policy in place.

## COURSE AGENDA

-Health & Safety
-Anatomy & Physiology of the Skin
-Consultation & Skin Analysis

-What is a Chemical Peel
-AHA's & BHA's
-Product Recommendations
-Fitzpatrick Scale
-Contraindications
-Consent
-Shopping List

-Live Demonstration by Course Tutor
-Supervised Practice on Live Models
-Q+A Session. Evaluation / Feedback
-Ongoing Support & Guidance

## COURSE PRICE:

£329

## ACCREDITATION ATTAINED:

Certification in Chemical Peels.

## COURSE ACCREDITATION:

All training course are CPD Accredited.

## INSURANCE:

We recommend contacting Insync Insurance prior to commencing this course to ensure you can ascertain public liability insurance upon completion.



1:1 TUITION



CPD ACCREDITED

# HYDRO 6 STEP FACIAL

TRAINING
BY PAIGE ALEXANDRA

## PRE REQUISITES:

Level 3 Beauty Therapy / Healthcare Professional / Level 3 Anatomy & Physiology (VTCT)

If you are a complete beginner and wish to attend this course and have none of the above qualifications I would highly recommend purchasing an online Level 3 Anatomy & Physiology (VTCT) course. This can be completed in your own time in the comfort of your home. (Browse online to find the best course with positive reviews and ensure it says VTCT).

The above is not a requirement to attend this training course as such, but it is a requirement for insurance.

You are welcome to train with us in the meantime but please note it is unlikely you will gain insurance without the Level 3 VTCT Certification. So you would be unable to treat clients until you have both this & your Insurance policy in place.

## COURSE AGENDA

-Health & Safety

-Anatomy & Physiology of the Skin

-Consultation & Skin Analysis

-What is Hydrofacial

-Technologies

-Hydro AHA / BHA
-Sonic Wand Extractions
-Radio Frequency
-Ultrasound Hydration
-Oxygen Spray
-Cold Plate / Ice Globes

-Contraindications

-Consent

-Shopping List

-Live Demonstration by Course Tutor

-Supervised Practice on Live Models

-Q+A Session. Evaluation / Feedback

## COURSE PRICE:

£399

## ACCREDITATION ATTAINED:

Certification in
Hydro 6 Step Facial

## COURSE ACCREDITATION:

All training course are CPD Accredited.

## INSURANCE:

We recommend contacting Insync Insurance prior to commencing this course to ensure you can ascertain public liability insurance upon completion.

1:1 TUITION

CPD ACCREDITED

# MICRONEEDLING

TRAINING
BY PAIGE ALEXANDRA

## PRE REQUISITES:

Level 3 Beauty Therapy / Healthcare Professional / Level 3 Anatomy & Physiology (VTCT)

If you are a complete beginner and wish to attend this course and have none of the above qualifications I would highly recommend purchasing an online Level 3 Anatomy & Physiology (VTCT) course. This can be completed in your own time in the comfort of your home. (Browse online to find the best course with positive reviews and ensure it says VTCT).

The above is not a requirement to attend this training course as such, but it is a requirement for insurance.

You are welcome to train with us in the meantime but please note it is unlikely you will gain insurance without the Level 3 VTCT Certification. So you would be unable to treat clients until you have both this & your Insurance policy in place.

## COURSE AGENDA

-Health & Safety
-Anatomy & Physiology of the Skin
-Consultation & Skin Analysis

-What is Microneedling
-Do's & Don'ts
-How it works
-Depth's / Technique
-Wound Healing / Aftercare
-Contraindications
-Consent
-Shopping List

-Live Demonstration by Course Tutor
-Supervised Practice on Live Models
-Q+A Session. Evaluation / Feedback
-Ongoing Support & Guidance

## COURSE PRICE:

£429

## ACCREDITATION ATTAINED:

Certification in Microneedling.

## COURSE ACCREDITATION:

All training course are CPD Accredited.

## INSURANCE:

We recommend contacting Insync Insurance prior to commencing this course to ensure you can ascertain public liability insurance upon completion.



1:1 TUITION

CPD ACCREDITED

PLUS POLYNUCLEOTIDES!

# UNDER EYE SKIN BOOSTERS

TRAINING
BY PAIGE ALEXANDRA

## PRE REQUISITES:

Level 3 Beauty Therapy / Healthcare Professional / Level 3 Anatomy & Physiology (VTCT)

If you are a complete beginner and wish to attend this course and have none of the above qualifications I would highly recommend purchasing an online Level 3 Anatomy & Physiology (VTCT) course. This can be completed in your own time in the comfort of your home. (Browse online to find the best course with positive reviews and ensure it says VTCT).

The above is not a requirement to attend this training course as such, but it is a requirement for insurance.

You are welcome to train with us in the meantime but please note it is unlikely you will gain insurance without the Level 3 VTCT Certification. So you would be unable to treat clients until you have both this & your Insurance policy in place.

## COURSE AGENDA

-Health & Safety
-Anatomy & Physiology of the Skin
-Consultation & Skin Analysis

-Knowledge of Skin Boosters
-Knowledge of Polynucleotides
-Injection Techniques
-Difference in Brands
-Contraindications
-Consent
-Shopping List

-Live Demonstration by Course Tutor
-Supervised Practice on Live Models
-Q+A Session. Evaluation / Feedback
-Ongoing Support & Guidance

## COURSE PRICE:

£479

## ACCREDITATION ATTAINED:

Certification in Skin Boosters.

## COURSE ACCREDITATION:

All training course are CPD Accredited.

## INSURANCE:

We recommend contacting Insync Insurance prior to commencing this course to ensure you can ascertain public liability insurance upon completion.

1:1 TUITION

CPD ACCREDITED

**Multiple Brands Used In Practical Training.**

PLUS POLYNUCLEOTIDES!

# FACE I NECK SKIN BOOSTERS

TRAINING
BY PAIGE ALEXANDRA

## PRE REQUISITES:

Level 3 Beauty Therapy / Healthcare Professional / Level 3 Anatomy & Physiology (VTCT)

If you are a complete beginner and wish to attend this course and have none of the above qualifications I would highly recommend purchasing an online Level 3 Anatomy & Physiology (VTCT) course. This can be completed in your own time in the comfort of your home. (Browse online to find the best course with positive reviews and ensure it says VTCT).

The above is not a requirement to attend this training course as such, but it is a requirement for insurance.

You are welcome to train with us in the meantime but please note it is unlikely you will gain insurance without the Level 3 VTCT Certification. So you would be unable to treat clients until you have both this & your Insurance policy in place.

## COURSE AGENDA

-Health & Safety
-Anatomy & Physiology of the Skin
-Consultation & Skin Analysis

-Knowledge of Skin Boosters
-Knowledge of Polynucleotides
-Injection Techniques
-Difference in Brands
-Contraindications
-Consent
-Shopping List

-Live Demonstration by Course Tutor
-Supervised Practice on Live Models
-Q+A Session. Evaluation / Feedback
-Ongoing Support & Guidance

## COURSE PRICE:

£479

## ACCREDITATION ATTAINED:

Certification in Skin Boosters.

## COURSE ACCREDITATION:

All training course are CPD Accredited.

## INSURANCE:

We recommend contacting Insync Insurance prior to commencing this course to ensure you can ascertain public liability insurance upon completion.

1:1 TUITION

CPD ACCREDITED

**Multiple Brands Used In Practical Training.**

# SKILL REFINEMENT

TRAINING
BY PAIGE ALEXANDRA

## 1:1 PRACTICAL TRAINING

***FOR QUALIFIED PRACTITIONERS LOOKING TO PERFECT AND REFINE THEIR SKILLS***

## COURSE DETAILS:

Our 1:1 skill refinement day has been created to help qualified practitioners who lack confidence in their practice and wish to enhance and perfect their skills.

## COURSE PRICE:

£469 HALF DAY

£799 FULL DAY



## Treatments available:

- Dermaplaning
- Microneedling
- Chemical Peels
- Hydrofacial
- Under Eye Skin Boosters
- Face Skin Boosters
- Neck / Decolletage Skin Boosters

*More than one day may be required if several treatments are chosen.*

PAYMENT PLANS AVAILABLE

**This course is practical training only.**
*No theory, manual or certificate will be provided.*




# COURSE ENQUIRIES

WHATSAPP: 07368648274

WWW.BYPAIGEALEXANDRA.CO.UK