




TRAINING

BY PAIGE ALEXANDRA

TRAINING COURSE  
BROCHURE



# TRAINING

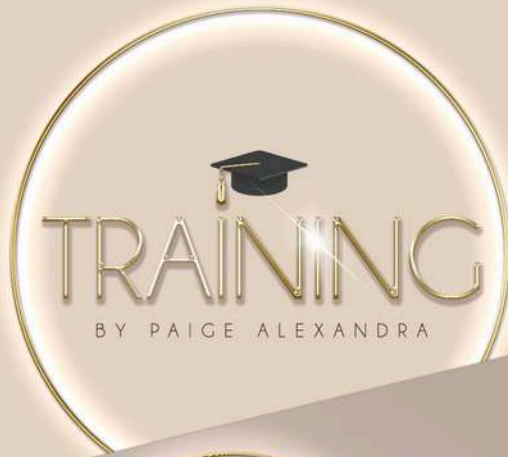
BY PAIGE ALEXANDRA

Welcome to Training by Paige Alexandra.

This brochure has been created to provide you with all of the information you need to know regarding our CPD Accredited Training Courses.

All Training Courses are on a 1:1 or 1:2 basis, meaning there will only ever be a maximum of 2 students training at one time. This will ensure that you have the full attention of your trainer, maximizing your learning potential in a relaxed and pressure free environment.

[WWW.BYPAIGEALEXANDRA.CO.UK](http://WWW.BYPAIGEALEXANDRA.CO.UK)



# 0% FINANCE NOW AVAILABLE

0% FINANCE FOR 3 MONTHS ON  
COURSES OVER £500

0% FINANCE FOR 6 MONTHS ON  
COURSES OVER £1000

THE ABOVE STILL APPLIES ON THE BUILD YOUR OWN TRAINING COURSE OPTION







# INDIVIDUAL TRAINING COURSES

DERMAPLANING	£299
CHEMICAL PEELS	£329
HYDRO 6 STEP FACIAL	£399
MICRONEEDLING	£429
LUXURY FACIALS	£469
UNDER EYE SKIN BOOSTERS	£479
FACE I NECK SKIN BOOSTERS	£479
JAPANESE HEAD SPA	£659

## ADD ONS:

LED THERAPY	£99
L3 ANATOMY AND PHYSIOLOGY	£99

! *SAVE 10% WHEN YOU CHOOSE 3 OR MORE  
ADD ONS NOT INCLUDED*

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# TRAINING COURSE PACKAGES

## STEP INTO SKIN

£1250

BECOME AN ADVANCED SKIN SPECIALIST  
2 DAYS

## THE COMPLETE BEGINNERS GUIDE

£1799

LEVEL 3 ANATOMY AND PHYSIOLOGY  
LUXURY FACIALS (DAY 1)  
STEP INTO SKIN (DAY 2 + 3)  
3 DAYS

## ADVANCED SKIN BOOSTERS

£850

PLUS POLYNUCLEOTIDES!  
1 DAY

## JAPANESE HEAD SPA

£995

PLUS LUXURY FACIALS  
1 DAY

 CPD ACCREDITED

0% FINANCE AVAILABLE ON  
ALL COURSES OVER £500.



[WWW.BYPAIGEALEXANDRA.CO.UK](http://WWW.BYPAIGEALEXANDRA.CO.UK)

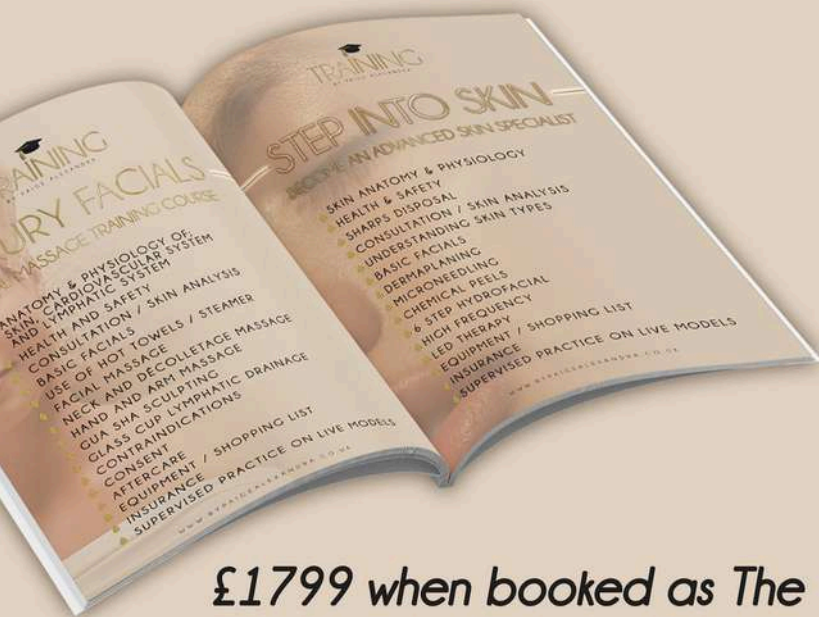




# THE COMPLETE BEGINNERS GUIDE

Are you a newbie to the skincare industry and unsure where to start? Below is the perfect guide.

- ✓ Level 3 Anatomy and Physiology Assessment £99
- ✓ Luxury Facials Training Day 1 £469
- ✓ Step Into Skin Day 2+3 £1250



## 3 DAY COURSE



7 CERTIFICATES



120 PAGE MANUAL



LIFETIME SUPPORT

***£1799 when booked as The Complete Beginners Guide***

If you already hold a Level 3 Beauty, Level 3 Anatomy and Physiology or you are a medic, the complete beginner's guide will be £1700. (Which is minus the £99 L3 A+P)





# LEVEL 3 ANATOMY & PHYSIOLOGY DIPLOMA



Our Level 3 Anatomy & Physiology course has been designed to take you through the anatomy of the body step by step, in the comfort of your own home and at your own pace. This course is perfect for beginners looking to start their career in Skincare / Aesthetics.

On average, home studying for this course takes around 6 weeks. So please bare this in mind when booking your practical training as you're A+P assessment exam is to be sat on the morning of your practical.

**\*Please note this course can only be purchased alongside practical training\*.**

## PRE REQUISITES:

No previous qualifications are required to complete this course.

## ACCREDITATION ATTAINED:

Diploma Certificate in;

• **LEVEL 3 ANATOMY & PHYSIOLOGY**

## COURSE DURATION:

Home study (up to 6 weeks)

Assessment In Clinic (1 hour)

## COURSE PRICE:

£99

Full balance is required when purchasing this course and is non refundable.

## COURSE ACCREDITATION:

All Training courses are CPD Accredited.

**Please note, this CPD accredited course in Anatomy & Physiology is not equivalent to an NVQ.**

Some insurance providers / employers will require you to have an NVQ Level 3. This course would not be sufficient.

# LEVEL 3 ANATOMY & PHYSIOLOGY



## COURSE AGENDA

Throughout this course you will acquire an in depth knowledge of...

- Skin, Nails and Hair
- The Skeletal System
- The Muscular System
- The Nervous System
- The Endocrine System
- The Respiratory System
- The Cardiovascular System
- The Lymphatic System
- The Digestive System



6 weeks home study.



In clinic assessment.





# LUXURY FACIALS

## FACIAL MASSAGE TRAINING



### PRE REQUISITES:

**Level 3 in Beauty Therapy  
or Level 3 Anatomy & Physiology.**

(We offer the Level 3 Anatomy & Physiology Course for just £99. This is home study and a short assessment in clinic which can be done on the first day of your practical training.)

### COURSE AGENDA

- Anatomy & Physiology of; Skin, Cardiovascular System and Lymphatic System.
- Health and Safety
- Consultation / Skin Analysis
- Basic Facials
- Use of Hot Towels / Steamer
- Facial Massage Techniques
- Head, Neck and Shoulder Massage Techniques
- Contraindications
- Consent
- Aftercare
- Equipment / Shopping List
- Insurance
- Live Demonstration by Course Tutor
- Supervised Practice on Live Model
- Q+A session. Evaluation / Feedback
- Ongoing Support and Guidance

### BONUS

FREE MASTERCLASS

- Gua Sha and Facial Cupping Techniques

### COURSE PRICE:

£469

### ACCREDITATION ATTAINED:

Certification in:

- Basic Facial Massage
- Basic Head, Neck and Shoulder Massage

### COURSE ACCREDITATION:

All training course are  
CPD Accredited.

### INSURANCE:

We recommend contacting  
Insync Insurance prior to  
commencing this course to  
ensure you can ascertain  
public liability insurance  
upon completion.



1:1 TUITION



CPD ACCREDITED

# STEP INTO SKIN

BECOME AN ADVANCED SKIN SPECIALIST



## PRE REQUISITES:

No previous qualifications are required to attend this course.

However, for insurance purposes you may be required to have a Level 3 Anatomy & Physiology certification.

## COURSE ACCREDITATION:

All training course are CPD Accredited.

## ACCREDITATION ATTAINED:

Certification in;

- Dermaplaning
- Microneedling
- Chemical Peels
- Hydro 6 Step Facial
- LED Therapy

## INSURANCE:

We recommend contacting Insync Insurance prior to commencing this course to ensure you can ascertain public liability insurance upon completion.

## COURSE DURATION:

2 DAYS

## COURSE PRICE:

£1250



1:1 TUITION



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5 CERTIFICATES



# STEP INTO SKIN

BECOME AN ADVANCED SKIN SPECIALIST



## 2 DAY COURSE AGENDA:

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- Skin Anatomy & Physiology
- Consultation & Skin Analysis
- Skin Types / Conditions
- Product Recommendations
- Licensing / Insurance

- What is Dermaplaning
- Do's & Don'ts
- 45 Degree Angle / Technique
- Contraindications
- Consent
- Aftercare

- What is Microneedling
- Do's & Don'ts
- How it works
- Depth's / Technique
- Wound Healing / Aftercare
- Contraindications
- Consent

- What is LED Therapy
- How Does It Work
- Treatable Skin Conditions
- LED Colours & What They Do
- Contraindications
- Consent

- What is a Chemical Peel
- AHA's & BHA's
- Product Recommendations
- Fitzpatrick Scale
- Contraindications
- Consent
- Aftercare

- What is Hydro 6 Step Facial
- Hydro AHA | BHA
- Sonic Wand Extractions
- Radio Frequency
- Ultrasound Hydration
- Oxygen Spray
- Cold Plate / Ice Globe  
Massage
- Contraindications
- Consent
- Aftercare
- Machines

### PLUS...

- Shopping List
- Live Demonstration by Course Tutor
- Supervised Practice on Live Models
- Q+A Session. Evaluation / Feedback

PLUS POLYNUCLEOTIDES!

# ADVANCED SKIN BOOSTERS

UNDER EYE | FACE | NECK

## PRE REQUISITES:

**Level 3 In Beauty Therapy**

**or**

**Level 3 Anatomy & Physiology PLUS 6 months experience in piercing the skin i.e. Microneedling.**

(We offer the Level 3 Anatomy & Physiology Course for just £99. This is home study and a short assessment in clinic which can be done on the first day of your practical training.)

## COURSE AGENDA

- Health & Safety
- Anatomy & Physiology of the Skin
- Consultation & Skin Analysis
- Knowledge of Skin Boosters
- Knowledge of Polynucleotides
- Injection Techniques
- Difference in Brands
- Contraindications
- Consent
- Shopping List
- Live Demonstration by Course Tutor
- Supervised Practice on Live Models
- Q+A Session. Evaluation / Feedback
- Ongoing Support & Guidance

★ **Multiple Brands Used In Practical Training.**



## COURSE PRICE:

£850

## ACCREDITATION ATTAINED:

Certification in Skin Boosters.

## COURSE ACCREDITATION:

All training course are CPD Accredited.

## INSURANCE:

We recommend contacting Insync Insurance prior to commencing this course to ensure you can ascertain public liability insurance upon completion.



1:1 TUITION



CPD ACCREDITED




# JAPANESE HEAD SPA



## COURSE AGENDA

- Scalp / Hair Anatomy and Physiology
- Health and Safety
- Contraindications
- Precare / Aftercare
- Consent
- Insurance
- Head Spa Sink / Bed Supplier
- Product Recommendations
- Equipment/ Shopping List
- Japanese Head Spa Techniques
- Head, Neck + Shoulder Massage Technique
- Live Demonstration by Course Tutor
- Supervised Practice on Live Model
- Q+A Session, Evaluation and Feedback
- Ongoing Support and Guidance

 1:1 / 1:2 TUITION

 CPD ACCREDITED

## COURSE PRICE:

£659


## ACCREDITATION ATTAINED:

Certification in Japanese Head Spa

## INSURANCE

We recommend contacting Insync Insurance prior to commencing this course to ensure you can ascertain public liability insurance upon completion.



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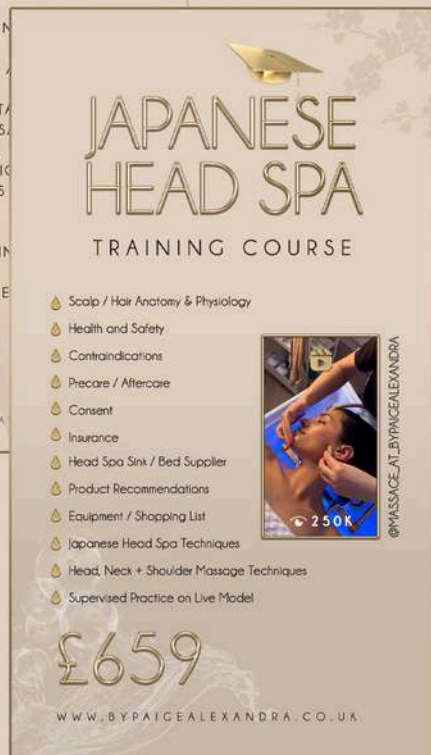
# JAPANESE HEAD SPA + *Luxury Facials*



Please see individual course pages for more information.

COURSE PRICE:

£995



ACCREDITATION  
ATTAINED:

Certification in:

- Basic Facial Massage
- Basic Head, Neck and Shoulder Massage
- Japanese Head Spa

COURSE  
ACCREDITATION:

All training courses are CPD accredited.

INSURANCE

We recommend contacting Insync Insurance prior to commencing this course to ensure you can ascertain public liability insurance upon completion.



1:1 / 1:2 TUITION



CPD ACCREDITED



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INDIVIDUAL

# TRAINING COURSES

(CHOOSE AS MANY AS YOU LIKE TO BUILD  
YOUR OWN TRAINING COURSE)



# DERMAPLANING



## PRE REQUISITES:

**Level 3 in Beauty Therapy  
or Level 3 Anatomy & Physiology**

(We offer the Level 3 Anatomy & Physiology Course for just £99. This is home study and a short assessment in clinic which can be done on the first day of your practical training.)

## COURSE AGENDA

- Health & Safety
- Anatomy & Physiology of the Skin
- Consultation & Skin Analysis
- What is Dermaplaning
- Do's & Don'ts
- 45 Degree Angle / Technique
- Contraindications
- Consent
- Shopping List
- Live Demonstration by Course Tutor
- Supervised Practice on Live Models
- Q+A Session. Evaluation / Feedback
- Ongoing Support & Guidance

## COURSE PRICE:

**£299**

## ACCREDITATION ATTAINED:

Certification in Dermaplaning.

## COURSE ACCREDITATION:

All training course are  
CPD Accredited.

## INSURANCE:

We recommend contacting  
Insync Insurance prior to  
commencing this course to  
ensure you can ascertain  
public liability insurance  
upon completion.



**1:1 TUITION**



**CPD ACCREDITED**



# CHEMICAL PEELS



## PRE REQUISITES:

**Level 3 in Beauty Therapy  
or Level 3 Anatomy & Physiology**

(We offer the Level 3 Anatomy & Physiology Course for just £99. This is home study and a short assessment in clinic which can be done on the first day of your practical training.)

## COURSE AGENDA

- Health & Safety
- Anatomy & Physiology of the Skin
- Consultation & Skin Analysis
- What is a Chemical Peel
- AHA's & BHA's
- Product Recommendations
- Fitzpatrick Scale
- Contraindications
- Consent
- Shopping List
- Live Demonstration by Course Tutor
- Supervised Practice on Live Models
- Q+A Session. Evaluation / Feedback
- Ongoing Support & Guidance

## COURSE PRICE:

£329

## ACCREDITATION ATTAINED:

Certification in Chemical Peels.

## COURSE ACCREDITATION:

All training course are  
CPD Accredited.

## INSURANCE:

We recommend contacting  
Insync Insurance prior to  
commencing this course to  
ensure you can ascertain  
public liability insurance  
upon completion.



1:1 TUITION



CPD ACCREDITED

# HYDRO 6 STEP FACIAL



## PRE REQUISITES:

**Level 3 in Beauty Therapy  
or Level 3 Anatomy & Physiology**

(We offer the Level 3 Anatomy & Physiology Course for just £99. This is home study and a short assessment in clinic which can be done on the first day of your practical training.)

## COURSE AGENDA

- Health & Safety
- Anatomy & Physiology of the Skin
- Consultation & Skin Analysis
- What is Hydrofacial
- Technologies
  - Hydro AHA / BHA
  - Sonic Wand Extractions
  - Radio Frequency
  - Ultrasound Hydration
  - Oxygen Spray
  - Cold Plate / Ice Globes
- Contraindications
- Consent
- Shopping List
- Live Demonstration by Course Tutor
- Supervised Practice on Live Models
- Q+A Session. Evaluation / Feedback

## COURSE PRICE:

**£399**

## ACCREDITATION ATTAINED:

Certification in  
Hydro 6 Step Facial

## COURSE ACCREDITATION:

All training course are  
CPD Accredited.

## INSURANCE:

We recommend contacting  
Insync Insurance prior to  
commencing this course to  
ensure you can ascertain  
public liability insurance  
upon completion.



**1:1 TUITION**



**CPD ACCREDITED**



# MICRONEEDLING



## PRE REQUISITES:

**Level 3 in Beauty Therapy  
or Level 3 Anatomy & Physiology**

(We offer the Level 3 Anatomy & Physiology Course for just £99. This is home study and a short assessment in clinic which can be done on the first day of your practical training.)

## COURSE AGENDA

- Health & Safety
- Anatomy & Physiology of the Skin
- Consultation & Skin Analysis
- What is Microneedling
- Do's & Don'ts
- How it works
- Depth's / Technique
- Wound Healing / Aftercare
- Contraindications
- Consent
- Shopping List
- Live Demonstration by Course Tutor
- Supervised Practice on Live Models
- Q+A Session. Evaluation / Feedback
- Ongoing Support & Guidance

## COURSE PRICE:

**£429**

## ACCREDITATION ATTAINED:

Certification in Microneedling.

## COURSE ACCREDITATION:

All training course are  
CPD Accredited.

## INSURANCE:

We recommend contacting  
Insync Insurance prior to  
commencing this course to  
ensure you can ascertain  
public liability insurance  
upon completion.



**1:1 TUITION**



**CPD ACCREDITED**

PLUS POLYNUCLEOTIDES!

# UNDER EYE SKIN BOOSTERS



## PRE REQUISITES:

**Level 3 In Beauty Therapy**  
or  
**Level 3 Anatomy & Physiology PLUS 6 months experience in piercing the skin i.e. Microneedling.**

(We offer the Level 3 Anatomy & Physiology Course for just £99. This is home study and a short assessment in clinic which can be done on the first day of your practical training.)

## COURSE AGENDA

- Health & Safety
- Anatomy & Physiology of the Skin
- Consultation & Skin Analysis
- Knowledge of Skin Boosters
- Knowledge of Polynucleotides
- Injection Techniques
- Difference in Brands
- Contraindications
- Consent
- Shopping List
- Live Demonstration by Course Tutor
- Supervised Practice on Live Models
- Q+A Session. Evaluation / Feedback
- Ongoing Support & Guidance

## COURSE PRICE:

£479

## ACCREDITATION ATTAINED:

Certification in Skin Boosters.

## COURSE ACCREDITATION:

All training course are  
CPD Accredited.

## INSURANCE:

We recommend contacting  
Insync Insurance prior to  
commencing this course to  
ensure you can ascertain  
public liability insurance  
upon completion.



1:1 TUITION



CPD ACCREDITED



**Multiple Brands Used In Practical Training.**



PLUS POLYNUCLEOTIDES!

# FACE | NECK SKIN BOOSTERS



## PRE REQUISITES:

**Level 3 In Beauty Therapy**  
or  
**Level 3 Anatomy & Physiology PLUS 6 months experience in piercing the skin i.e. Microneedling.**

(We offer the Level 3 Anatomy & Physiology Course for just £99. This is home study and a short assessment in clinic which can be done on the first day of your practical training.)

## COURSE AGENDA

- Health & Safety
- Anatomy & Physiology of the Skin
- Consultation & Skin Analysis
- Knowledge of Skin Boosters
- Knowledge of Polynucleotides
- Injection Techniques
- Difference in Brands
- Contraindications
- Consent
- Shopping List
- Live Demonstration by Course Tutor
- Supervised Practice on Live Models
- Q+A Session. Evaluation / Feedback
- Ongoing Support & Guidance

## COURSE PRICE:

£479

## ACCREDITATION ATTAINED:

Certification in Skin Boosters.

## COURSE ACCREDITATION:

All training course are  
CPD Accredited.

## INSURANCE:

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Insync Insurance prior to  
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ensure you can ascertain  
public liability insurance  
upon completion.



1:1 TUITION



CPD ACCREDITED



**Multiple Brands Used In Practical Training.**

# LED THERAPY



## PRE REQUISITES:

**Level 3 in Beauty Therapy  
or Level 3 Anatomy & Physiology**

(We offer the Level 3 Anatomy & Physiology Course for just £99. This is home study and a short assessment in clinic which can be done on the first day of your practical training.)

## COURSE AGENDA

- Health & Safety
- Anatomy & Physiology of the Skin
- Consultation & Skin Analysis
- What is LED Therapy
- How Does It Work
- Treatable Skin Conditions
- LED Colours & What They Do
- Contraindications
- Consent
- Shopping List
- Live Demonstration by Course Tutor
- Supervised Practice on Live Models
- Q+A Session. Evaluation / Feedback
- Ongoing Support & Guidance

## COURSE PRICE:

**£99** ADD ON PRICE

## ACCREDITATION ATTAINED:

Certification in LED Therapy.

## COURSE ACCREDITATION:

All training course are  
CPD Accredited.

## INSURANCE:

We recommend contacting  
Insync Insurance prior to  
commencing this course to  
ensure you can ascertain  
public liability insurance  
upon completion.



1:1 TUITION



CPD ACCREDITED





# SKILL REFINEMENT

## 1:1 PRACTICAL TRAINING



*FOR QUALIFIED PRACTITIONERS LOOKING TO PERFECT AND REFINE THEIR SKILLS*

### COURSE DETAILS:

Our 1:1 skill refinement day has been created to help qualified practitioners who lack confidence in their practice and wish to enhance and perfect their skills.

### COURSE PRICE:

£469 HALF DAY

£799 FULL DAY

### Treatments available:

Dermaplaning

Microneedling

Chemical Peels

Hydrofacial

Under Eye Skin Boosters

Face Skin Boosters

Neck / Decolletage Skin Boosters



*More than one day may be required if several treatments are chosen.*

0%  
FINANCE  
AVAILABLE



*\*This course is practical training only.\*  
No theory, manual or certificate will be provided.*



# COURSE ENQUIRIES

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WWW.BYPAIGEALEXANDRA.CO.UK