ON UNE-AUGUST 2020

let s lebrate!

Trail blazer CHARDELLE MOORE

Affirmations Corner (Dr. Mary J. Huntley)

n

Author's Stage (Allison G. Daniels)

Business Development (Shante Ř. Roddy)

Community Events (Around The Globe) (Tameka Walker Chapman)

Dear Woman On The Verge (Tameka Walker Chapman)

Favor In Five (Kimberly Dixon Carroll)

Getting Back To Black (Finances) (Itika Watkins)

Health/Wellness/Spirituality (Ki-esha Ellis)

Horoscopes (Adrienne Obey)

Humor Me (Alicia Walker-Sylve) Mommy Chats (Christina Garrett)

Personal Development (Dr. Jennifer Jones Bryant)

Reading Nook (Annieka Lisa Peynado)

Real Talk, Sis! (Carla Scott)

Single & Satisfied (Shante R. Roddy)

The Married Life (Dr. Mary J. Huntley)

Trailblazin' Woman (Dr. Mary J. Huntley)

Travel (Kimberly Cleveland)

Design/Branding/Strategy

Eyona Mitchell Tameka Chapman

Strong women don't have attitudes; they have standards & boundaries...





As we continue to face very uncertain times in life, it may seem harder and harder to find a reason to smile or find joy in life. Let me offer some encouragement - joy is all around us.

To find your smile, it's important that we get back to being truly happy with our current blessings. First, you are amongst the living. No matter what medical ailments you're currently battling, the fact that you're still here to work on it or find a way to deal is a reason to smile and be grateful.

Over these last few months, lives have been lost due to COVID-19 and families have suffered because they weren't able to be by their loved ones side as they departed life on earth. Just recently, lives have been taken by the hands of police, causing riots and putting the world of Black America in complete turmoil yet once again.

In this issue, we chose to celebrate life and offer an encouraging spin to an environment that seems to be spinning out of control. We want to be your source of excitement, encouragement, empowerment and celebration!

As you read each page, be present and fully embrace the words, allowing each issue to fill your celebration cup!

And please find comfort in knowing, as a community, we will get through this yet.

Please continue to stay safe, stay healthy and stay home, unless it's absolutely necessary.



Are you ready to get advice on how to handle your life situations?

Send your questions to WOTVMagazine (Subject: Dear Woman On The Verge) to get answers to your questions.

TAMEKA CHAPMAN

Dear Woman On The Verge,

I thought she was a friend until I realized that she was using me!

I've been "friends" with this lady for almost five years and I've always supported everything that she's done. Anytime I'd ask for her support, it became one excuse after another until I stopped asking. She never stopped. And she never stopped expecting me to be there to support. A month ago, I saw her "show up" for someone that she called friend and then sent me a message, asking that I do the same. I was heartbroken and upset at the same time! I'm to the point of being done with this "friendship" and just need a little bit of guidance. What should I do?

Signed, Heartbroken Friend

Dear Heartbroken Friend,

You are not alone! There are many instances where we give so much of ourselves in hopes that the same level of support will be returned. I've come to realize, just as the saying goes, "*people enter our lives for a reason, season or lifetime.*" There's lessons in every relationship - either you are learning or the other person has to learn. You must think about why you crossed paths and be able to let people go when their time with you has come to an end.

Here's a few things that I suggest you start doing:

- Set boundaries and don't bend them.
- Know who you are and what kind of friend you are.
- Assess the people to which you give the title "friend". Do they actually deserve it?

Once you start making the change in your life to not call everybody "friend" and allow yourself to just be you, without worrying about why people are in your life, you'll be able to enjoy life and enjoy the time you share with others.



You've set all of these amazing 2020 goals! You want more out of life! You desire a better life for you + your family! You're ready to start creating your legacy! You want time + money freedom!

Then you should join the WomanUP Accountability Group!

WomanUP is short for *Woman Under Pressure*.

It's a **FREE** accountability group to help women stay true to their set goals! We want to see you succeed as much as you want it!

Who belongs in this group?

- Women who know they need accountability in their lives! We will keep you going toward your goals.
- Women who are ready to experience elevation in your life, career and business, but lack the support from those around you, this is home for you!
- Women who really need that safe space to vent, share, and show support to others, this is place for you!

Who does NOT belong in this group?

- Women who want to complain everyday about not receiving support.
- Women who really have no desire to build and create.
- Women who will not support other women.

It's a WIN-WIN! You **WIN** by having an accountability partner when you need her. You **WIN** by not receiving unwanted messages when you need a break and choose to opt out for a minute. You **WIN** by being celebrated for all of your wins, great and small.

Welcome to WomanUP!

I look forward to holding you accountable in accomplishing your goals in 2020 and beyond!

Join us by clicking here <u>https://www.facebook.com/groups/womanupgroup</u> or Search WomanUP Accountability Group on Facebook!





Learn how you can gain Favor in 5 Minutes by reading this article created to empower women to get their hearts and minds in alignment with wisdom, truth and courage!

BY KIMBERLY CARROLL

Greetings Women on the Verge!

We are filled with power, perspective and perseverance! When life is good we are excited! We love our homes, neighbors, job, children and family! Life has opened the door of favor and empowerment and we are being drenched in blessings! Glory!

But what about our "Job" moments like when we lose our jobs, kids have lost their minds, you received a shocking diagnosis from the doctor or you lost your spouse who was your best friend of 25 years. You are in your "Job" moments when you feel frustration, discouragement, lack of understanding, sorrow, heartache and pain. home and cried my eyes out. But when God told me to "be still" and I listened, I eventually saw the blessings being poured into me by God! Although, I was experiencing my personal "Job" moment, I was blessed to continue to have a salary. I was blessed to have the opportunity for additional income after my severance pay ran out.

Suddenly I lost my job through restructuring. "Kim we are so sorry, we will have to let you go." I was numb, and I also remember at that very moment, God pouring an incredible amount of peace while whispering to my spirit to "be still".

I was told that they normally give six months of severance pay. "But for you Kimberly we are offering much greater". Secondly, if you still need to apply for unemployment after the severance period, we will grant you

unemployment. My supervisor with tears in her eyes, told me to "please use me as a reference, you are a great employee."

Women on the Verge, we can endure and come out of our "Job" moments victorious! Look beyond the shock, fear, and trauma and seek to hear God's voice and blessings while the storm is raging. I was devastated, hurt and afraid. I went home and cried my eyes out. But when God told me to "be still" and I listened, I eventually saw the blessings being poured into me by God! Although, I was experiencing my personal "Job" moment, I was blessed to continue to have a salary. I was blessed to have the opportunity for additional income after my severance pay ran out. I did not leave on bad terms! I was being blessed during my storm! Hallelujah!

We must remember that there is a time for everything including our "Job" times. Be still and see God's blessings being poured during your "Job" times! We must never forget that we are filled with power, perspective and perseverance!

Isaiah 41:10 " Don't worry, I am with you. Don't be afraid, I am your God. I will make you strong and help you. I will support you with my right hand that brings victory."



The Time Of Your Life

BY CHRISTINA GARRETT

"Wait.... What do you mean the kids aren't going back to school?"

For how long?

The rest of the school year?!

I know I can't speak for everyone, but this was NOT the picture that we saw when we claimed that we are seeing GREATNESS in our 2020 Vision. Prosperity, new levels and opportunities, financial increase...

We were ready!

And then...

Pandemic. Unemployment. Stress and grief.

Now in the midst of the Coronavirus pandemic, we are struggling with figuring out what will come next!

We are maneuvering through career demands that have shifted, schooling children at home, anxiety and feeling a sense of being stuck. To be totally honest, none of us are truly feeling normal right now, and it takes serious intentional effort to see MORE in times of less.

Today, I'd like to arguably state that this may be one of the best times of your life. A good friend of mine made a statement a few days ago:

The world is slowing down so we can catch up.

In a time of football practices five times a week, work demands putting family time on the back burner, and electronic distractions making its way to the dinner table, there has never been a better time to FOCUS on our babies. With our children usually spending more time at school with friends than they do with us, it's no surprise that we are in a culture shock since school has been moved to the living room!



Today, I want to encourage you to look at your home with fresh eyes. These moments are going to be ingrained in your children's memories, and now is the time for us to either cultivate a powerful legacy or allow the pressure from the outside world to taint those memories. They will never be this age again. God has provided the opportunity to slow down, breathe, and listen to the tender hearts of our little ones, and figure out how to communicate with them in a stronger and more prolific way.

Ty is your momente

Grow on purpose. Start a garden. Have a Bruno Mars dance party. Take a day off from schoolwork. Sleep in. Laugh harder. Be grateful for good health. Binge watch your favorite family show without shame. Learn something new. Remember you aren't the guru for your children. But you are their guide. Laugh harder. Be grateful for good health.

This is your time to birth legacy. Legacy starts at home.



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Raise your glass as well as the vibration of your higher self. For all the men and women who are building themselves and evolving right in front of their children's eyes, sing. The blended families, bonus children, and bonus moms and dads, rejoice as we step into the new. Break out the grills and charcoal and dance to the sounds of heartbeats, laughter, and those stories of way back when. *Real talk, Sis...* we want to be starting *something* in this season.

5 Reasons Jo Joast In the Now

- 1. You are taking control of your emotions and choosing to live the lifestyle you always wanted.
- 2. There are those rooting for you, seen and unseen.
- 3. You are starting something new that will leave an overflow.
- 4. The impact you will have will shake and stir up others to move and take action.
- 5. You are a living legacy that will break generational habits. Health, Wealth, and Mindset!

Cheers to those before us and cheers to those in the making!

Share your thoughts by emailing **WOTVMagazine@gmail.com** (subject line: *Real Talk, Sis*). We want to hear from you!



Every now and then, we should laugh, even if we laugh for no reason at all. It's been stated that laughter is the best medicine. Today, allow us to put a smile on your face and offer a lil humor!

BY ALICIA SYLVE

"Baby, We Need To Talk," are words that most men do no want to hear. They automatically assume the worst. Within the story below, you'll see how these words took on a different meaning.

In this case, the conversation was not for the hubs, but instead, the first grader in our home. My goddaughter and her little sister came for a stay, and in the midst of this visit, the government introduced us to COVID-19. The government also announced that schools, nationwide, are closed.

Here comes the good part!

Her mom sent a text and stated that classes are now online. Oh, what fun, right? I mean, don't get me wrong, we're computer literate and educated, but just the thought of rewinding to grade school made us feel old, *really* old.

The first assignment is to take a picture and describe what she's doing and how she feels. She's excited because she loves the camera. Her first question is, "*How do I look?*" As I rolled my eyes, I responded "*I'll be right back. Sound the word out and spell it while I'm gone.*"

Her first word is **EXCITED**.

Picture this, one minute I'm walking away and listening to her, and the next minute, I'm rolling on the floor laughing as I hear her spell the word.

In her head, she had spelled EXCITED. But when she spoke it, she said, "*Excited. SSID*." After getting myself together and providing her with the correct way to spell it, she nonchalantly said, "*Oh*." Her response had me thinking, "*Was that not funny*?"

Moral of the story: Ladies, the moral of this story is that you have to find laughter in your now. Don't wait for it to come to you. Go find it! Who or what is your first grader? Laughter is healing, gives us strength, and is good for the soul. And did I mention contagious??? You are in need of a side-bursting laugh.

Call to Action: I challenge you to find her and laugh like there is no tomorrow.

Did this article put a smile on your face? Did you enjoy it? DM @WomanOnTheVergeMedia and let us know!

Do you have a funny story to share? We'd love to hear and share it!

Send a message to WOTVMagazine@gmail.com (*Subject line: Humor Me!*) for your chance to grab a spotlight on your funny story!

Woman ON FIRE Ki-esha Ellis



Who are mentors/coaches that have helped to shape and mold you into the phenomenal Woman On Fire?

Tameka Walker Chapman, Stephanie Joanne, Beyonce, Michelle Obama, Vishan Lakhani What inspired and motivated you to become a coach that teaches others to tap into their higher consciousness?

I had some really bad experiences that pushed me towards finding meaning in my life. As I became more aware of myself and who I am, I was able to make some much needed positive changes to my life for the better. It's important to me to share my story with other women. I want to show them that they are more then they think they are.

How do you believe the work you do helps others move forward?

I want my work to help women to be real with themselves and what they really want from life. I believe my work teaches women how to tap into their inner reserves of creativity and natural ability to create abundance.



What is the best advice you can give to women who are on the Verge of throwing in the towel because they don't know what else to do?

My favorite quote is "Do not judge each day by the harvest you reap, but by the seeds you plant, because you reap what you sow". Don't give up just before you reach the finish line. Everything takes time to grow. You have to be patient. If you are planting good seeds. Your good will come back to you multiplied. If your tired-rest. But never give up. Take things one day at a time. And know that you are supported, loved and protected by the universe, always. As women, we are always on the verge of greater opportunities and blessings, what do you hope to see in the future for Ki-esha Ellis and Lightgroup Presents?

I work towards a future with Lightgroup holding empire status (small or large), from products and services that help as many women as possible create a better life for themselves.



Fave Vacay Spot: Turks and Cacaos

Fare Book:

"Ask and It Is Given" by Ester Hicks

Fave Food: None. I like to eat and experience new foods.

Fave Leisure Activity:

Reading, writing and listening to music

The Power of Positive Affirmations

BY DR. MARY J. HUNTLEY

I am one amazing woman!

I AM Worthy of love. I AM Optimistic about my future. I AM Mindful in thoughts and action. I AM Ambitious and armed with drive. I AM Nurturing to those I hold dear.

I AM Open to my greatest possibilities. I AM Nourished by His word.

I AM Triumphant! I AM Honest with myself. I AM Extraordinary.

I AM Vibrant and loving life. I AM Exquisite in every way. I AM Respectful and demand respect. I AM Gorgeous from head to toe. I AM Expecting nothing but greatness.

.WOTV.ro

Don't just speak it; believe it!

CELEBRATION ISSUI

HAPPY FOR NO REASON

BY KI-ESHA ELLIS



Nowadays, I laugh when my friends refer to me as "Positive Patty" or my neighbor tells me that I'm always smiling. My sister's boyfriend categorizes me as the sister that laughs at everything. And I'm so cool with that. In some cases, I've had people tell me that I'm not taking life seriously because I don't let things bother me. And I'm cool with that too!

For a long time, I suffered bouts of depression, anxiety, confusion and a scarcity mindset. For 17 years of my life, I forgot how to be grateful. Somewhere between all the ups and downs, I lost my mo-jo. But God did not forget me!

On my 30th birthday I made a conscious decision to change my life. Deep down inside, I knew I deserved to be happy and live a good life. And I was determined to make that happen. So I started to make some serious changes, starting with using my God-given courage to overcome my fear of abandonment. And I began to cut people out of my life that did not add value or kept the smile on my face.

I started to really think about what I wanted to do with my life, career-wise. I started to remember and believe that I could create income from doing things I actually enjoy.

I started to recognize the many blessings that I was given every day. From having food in my fridge, money to put gas in my car and the financial ability to pay all my bills on time, EVERY time.

Blessings!

It was when I started to acknowledge how often the universe showed up for me and had my back that I really began to realize the many miracles in my life.

Today I smile a lot and laugh at everything that amuses me because laughter is food for my soul. Today I'm grateful for every single thing (good and bad) because I know that all things are working for my highest good.

Today I'm happy for every reason and no reason because it makes me feel good. My happiness is a priority. And it is this attitude, mindset and soul essence that has transformed my life.



Proclamation

Whereas: You consistently exemplify Christ in your marriage

Whereas: You consistently forgive and apologize to ensure that your marriage works

Whereas: You continue to make each other a priority

Whereas: You consistently fan the flames and keep the fire burning while romancing each other.

Congratulations to those committed couples who have weathered the storms of life we celebrate and salute you. We know that the road is not always easy. However, you have made it thus far. One of the best ways to have a successful marriage is to continue checkups and marriage maintenance.

Check your love language (Dr. Gary Chapman, 5 Love Languages Book) to ensure that you are keeping each other's tanks filled. We celebrate and salute you because your commitment to God and each other, your intentional communications, and your conflict resolution skills have stood the test of time!

Dr. Mary J. Huntley

"Cultivate an optimistic mind, use your imagination, always consider alternatives, and dare to believe that you can make possible what others think is impossible."– Rodolfo Costa

In an unsure time such as these past few weeks where there is a Global pandemic of death, sorrow and doubt; a positive mindset is crucial to our livelihoods. We, all should do our little parts in bringing forth the sunshine after the rain. So, it was only right that my book of choice during this time would be from an author that had endured bleak and tumultuous times but persevered to a positive outcome. Typically, I don't entertain biographies of any type because they tend to be dry, overly worded or didactic to a fault. However, none of these traits were present in this particular read "Wounded2Wonderful: Seven Affirmations Towards Healing & Growth", so it was a must to interview this up and coming rising star who penned this heartfelt and transparent literary piece.

Through a virtual medium I was able to have this riveting interview with this lovely mommy of four, wife, mom boss and faithful servant of the Most High God. Even though the world around her is so iffy, this wonderful gem was so willing to be a part of this movement to bring hope and positivity to our readers. This sense of gregariousness was so uplifting to me; I couldn't wait to ask her these questions.



What inspired you to write this book?

I think I was commissioned as well as inspired to write this book directly as a result of what I experienced. My bouts with widowhood, significant losses and single parenting are the fuel behind it. I realized that I was trusted to be taken through unusual circumstances, not only to simply go through, but to take the "notes" from what I endured and experienced and share it with the world.

Can you tell me about the book?

"Wounded2Wonderful: Seven Affirmations Towards Healing & Growth" (Vol. 1) is a daily and/or weekly affirmations guide that encourages readers to welcome the process of Healing, Growth and Self-Discovery. With each affirmation, I share a transparent experience that challenged me to counteract any negativity of mental anguish I endured, with the creation of that particular affirmation. Not only do I share it, but I challenge the reader to identify their own hurdles through waves of self-actualization, accountability and expectancy of all they desire on the other side of life's challenges. The questions presented to prompt chronicling are: a) What challenged me? b) It's happening! It's really happening! and c) My Victorious results!



What surprised you the most during the process of sharing your story?

I laugh while giving this answer. I realized that my transparency was considered as shock value to many. Being raised in an ultra-conservative, Caribbean and Pentecostal home, where our failures or challenges were kept hushed, we only portrayed the super strong side of ourselves. So my story of vulnerability, mental anguish, ostracism, cultural disparity was looked at as a fall from grace. I was always met with "Girl, I could never share that!" or "How were you able to share that part of you so fearlessly?" Over the years, I realized some people found more pleasure in sharing someone else's struggles and downfalls than their successes. I decided to take control of that, and decided I will be the one to share my struggles and shame of my widowhood. It was important that I first truly heal from what may have held me hostage. I beat them to the punch and shared the lessons learned and the Good News. With that I tell my audiences that "I gossiped about myself."

What does the title mean?

Wounded2Wonderful is the name of my Coaching Business. It also exemplifies my journey to this point and beyond. It also is a universal title for anyone who is transitioning, evolving and growing from the Wounds that life may have inflicted. The wonderful aspect of healing is that we can use those same things we thought were out to destroy us, as tools to create waves of victory and healing for countless others. - (Genesis 50v20: As for you, you thought evil against me, but God meant it for good, to bring about that many people should be kept alive, as they are this day.) - *Amplified* Angie McDonald can be found through the following Media Platforms:

Instagram.com/iamangiemcdonald or instagram.com/wounded2wonderfulcoaching

Facebook.com/iamw2w

Linkedin.com/in/mrsangiemcdonald

Website: wounded2wonderful.com

Schedule a cononversation: https://iamangiemcdonald.setmore.com

Email: angie@wounded2wonderful.com

To turn your ugliest life experience into a platform of healing for others is a truly commendable act of kindness and resilience. On behalf of the Women on the verge Media team, we thank this wonderful author for playing her part in paying it forward. Don't hesitate to grab this book and share it with those in your lives. Reach out to Angie on any of these platforms and make a connection sooner rather than later. Till we meet again, keep reading because it adds an extra twenty three months to your life expectancy.

Read a good book lately? Post about on social media and tag us @WomanOnTheVergeMedia

The Single Ladies' Right To Celebrate

BY SHANTER. RODDY

All the single ladies! All the single ladies! Put your hands up!

We have every right to celebrate and be celebrated. Singleness is nothing to hide nor be shy about. I say flaunt it. Show it off....all the fabulousness that comes with being one with self. The days of only celebrating and enjoying life when you're coupled up and in a relationship has expired. This is a new day...a new time!

Ladies, we're not defined by who we have on our arm or who we are partnered with. Being single isn't just enough, it's a precious gift and calling for a season. This is our season of singleness. It's our chance to be who we want to be, do what we want to do, accomplish our goals and live our wildest dreams. We are free to live the lives we want without having to answer to anyone or justify our actions. That's FREEDOM! Be liberated!



Congratulations on living, thriving, the new degree, the promotion, the new house, the new car, the new career, the new move, the new business, the new you, the year, letting go, making a change, putting you first and all the accomplishments achieved and to come! These are wins we tend to overlook, miss and disregard that truly deserve celebration!

A quote from a woman I admire says..."The more you praise and celebrate your life, the more there is in life to celebrate." Oprah Winfrey

Jwillazer CHARDELLE MOQRE

BY DR. MARY J. HUNTLEY

In celebration of the Summer, we are highlighting women who are blazing a trail for other women.

We call them our Trailblazin' Women!

These women know who they are, what they were called to do and are operating in their full zone of genius!

We are inspired by our trailblazers and want to share them with you...

Welcoming our Summer 2020 Trailblazer Chardelle Moore!

What made you decide to branch out on your own and create a platform for others?

God! Every single person on this planet has something special to offer this world! I have a divine gift to motivate and uplift people. It is my soul mission to inspire people all over the world to believe! To believe in themselves, to believe in God, and to know that we all matter regardless of where we come from or what we look like!

How did it feel to anchor and launch Baltimore's first daily lifestyle and entertainment talk show, BMORE Lifestyle?

Amazing! For me, it was more than anchoring a television show. BMORE Lifestyle provided a platform to highlight Baltimore in a positive light and honor the wonderful people in the community! I am forever grateful for the opportunity to be able to contribute to Baltimore television history!

What inspired your AHA moment to launch Moore Motivational Moore LLC?

Inspired by my passion for creativity and human development, I founded Motivational Moore, LLC. As a groundbreaking multimedia and communications company, we elevate the human consciousness through music, speaking, storytelling, and live events. As a multidisciplinary artist and motivator, I wanted to create a lane to uplift ALL people to become their highest, most authentic selves! I could not be prouder to start this one-of-a-kind business rooted in positivity!

We are a big fan of your music and poetry! From where does the inspiration come?

Life! I consider myself a messenger of hope for the world! I create art to enrich the spirit! I want people to know how important it is to have faith even through life's challenges and to dream as big as possible! We are all God's children and deserve to live an abundant life!

3 Tips that have help sustained you as an Entrepreneur.

Have faith: Entrepreneurship is a deep, spiritual journey. Skill alone is not enough; the mind must be focused. You must be courageous enough to work insanely hard for a vision that is not always seen in the physical world, but presented perfectly in the spirit.

Innovation: I am always open to grow and to try new things. I created my own lane of motivational music to spread my message farther! Without any doubt, music has the power to enrich our spirits!

Relationships: Lead with relationships first, everything else, second.

I have a divine gift to motivate and uplift people.



As the Former Miss Caribbean Metro USA, how would you encourage those aspiring to reach this level as an entrepreneur?

I am learning every single day how important it is to trust the journey, believe in myself and give it my all. Success does not happen overnight. Be willing to surrender to greatness.



How did you prepare to during your earlier years to ensure that you'd appropriately answer "opportunity" when it knocked at your door?

Nothing beats hands on experience! Anything that I ever wanted in life, I was willing to pay my dues to perfect my craft. For example, I freelanced for two years before getting a full-time on-air job! If you want to do something, you must take the appropriate actions to make your dreams a reality.

What has been the driving force behind your media journey which includes working with some of the leading companies (CBS, BET)?

I've always loved storytelling! I was my elementary school's morning news TV anchor and went on to obtain my bachelor's degree in Broadcast Journalism and Public Relations from Marymount University. Since then, I've worked with some of the world's leading media companies including BET, CBS, FOX, and The CW Network.

Over the years, I've had the privilege of starring in television commercials for major brands such as Chevrolet, Colgate, The Home Depot, Kaiser Permanente, Shoppers, and Macy's, including their social ad campaign. I've interviewed countless global icons such as Kobe Bryant, TI, Iyanla Vanzant, Ashley Graham, George Lopez, and Gordon Ramsay just to name a few.

Nothing touches me more than interviewing everyday heroes who are using their gifts to impact lives! Expect more powerful television content from us at Motivational Moore!



Three tools to encourage the audiences to break down barriers and unleash their gifts.

Be unapologetic about your dreams: Do it broke, do it without support, do it alone, etc. Do not worry about having it all together. The truth is NO ONE DOES! You are already complete since you came from God, the ultimate source. As soon as you honor the present moment, and take positive actions towards your highest self, the universe will naturally align you along your path!

Trust the process: There is something unexplainable that happens when you find the courage to keep going even through obstacles. Make a move, no matter how small. Every step along the journey is leading you to your divine destiny.

Take risk: Life rewards the bold! Nobody accomplished anything exceptional by playing it safe! Shine on Kings and Queens!

What business ventures do you look forward to in 2021?

We plan on empowering MOORE hearts all over the globe to step into their power and reach their boundless potential! Expect MOORE inspirational music, passionate stories, transformational events, and personal development products!





BY SHANTE R. RODDY

Coming off the heels of National Small Business Week, there's a spirit of celebration in the air. Women who are paving their path as business owners and the way for future generations have a lot to celebrate. Let's break down the numbers. Here's why women are so significant.

In the U.S. alone, 11.6 million firms are women-owned, which generates 1.7 trillion in revenue and employs nearly 9 million people. This shows the significant impact women business owners make on our communities, the economy and making the world a better place. We as women reinvest 90% of our money on family and community compared to our male counterparts who only reinvest 40%. We are servant leaders, community builders and wealth creators.



If these numbers aren't enough to warrant celebration, note for the record that women are the fastest growing demographic starting new businesses with 1617 businesses started everyday and 89% of those businesses are owned by women of color. We're diverse in that we all come from different backgrounds, cultures and industries.

Women are trailblazers! We're not just taking a leap of faith, we're jumping into action and bootstrapping our way to building empires of our own. That takes confidence, courage, creativity and strength to build something all your own...to leave the familiar and what's comfortable to take a risk, bet on ourselves and go after our dreams. Now, that's BADASS!!!!

Here are 5 Ways To Celebrate Your Business

1. **Share Your Story:** Every woman has a power story within her and a business story. There's a reason you started your business. There's a why that motivates and drives you to persevere through the challenging times. Don't keep your story a secret! Share it with the world. Use your unique story to stand out from your competition and draw closer to your customers. Before anyone buys your products and services, they buy into you.

2. **Invest In Your Business:** Investing in your business is one of the most important decisions you'll ever make. Your success depends on how much you're willing to invest in your self development, education, people and systems. There are tons of free resources, webinars and training that can help you as you build your business. But, you will need to make financial investments in your business too. It may be with a coach, consultant, or incubator. It could be new technology or team members. Plan to invest and calculate the ROI.

3. **Collaborate And Share The Wealth:** Strengthen your impact and reach a larger audience by joining forces. Build alliances with other amazing women. Look for opportunities to collaborate with businesses with complementary products and services as well as similar audiences. This will help you accomplish more in less time with less effort and risk.

4. **Amplify Your Visibility:** Be the boss with amplified impact. Take every opportunity to share your story, to speak power and truth, to get the right people to take notice of you, your business, and your brand. Every woman needs a platform to showcase her expertise and gifts. Create your own platform and join other platforms by hosting events, hosting or being a guest on a podcast or talk show. Start a blog or be a guest blogger. Master a social media platform and go live with a message that resonates with your audience.

5. **Be Thankful and Thank Others:** Wake up each day with a heart of gratitude. Think about those connected to you, who do business with you and those who support you. Perhaps it's a team member or customer. Maybe you have a mentor or coach who checks in regularly and holds you accountable. Take time to show appreciation. Do something special like sending a thank you note via email or letter or a shoutout on social media.

ET'S CELEBRATE YOU!

CULTIVATING A WINNER MINDSET IN YOUR PROFESSIONAL DEVELOPMENT

BY DR. JENNIFER JONES BRYANT

Let's face it in 2020 I've witnessed people with increased anxiety, fear, and suicidal thoughts due to the stressors of isolation, unemployment, broken relationships, and loss of loved ones. In parallel, I also witnessed people's creativity, innovation, and kindness towards others by finding ways to celebrate others' accomplishments while helping others to achieve their goals. I've also seen virtual celebrations of birthdays, and holidays while social distancing.

Do you want to know the difference between those who are riddled with anxiety and stuck and those who continue to celebrate? A winner's mindset.

I share the importance of a Winner Mentality on page 50 in my book, Overcoming Personal Challenges to Achieve Professional Success. You can use a winning mentality in your personal relationship and professional career. Look for opportunities to improve; turn negative situations into fuel to win; look at your blessings; and **NEVER GIVE UP**. This is when you challenge your mind and learn as he or she faces adversity knowing they will succeed in their personal and professional lives. You may ask how? Let me share...

6 Ways to Cultivate a Winner's Mindset for Professional Development

1. Don't put limitations on your Knowledge

Developing a growth mindset requires a new frame of mind. Your mind is like a muscle. And just like any other muscle, you can exercise it and develop it over time. And although your brain might not grow physically, you develop new neural networks when you challenge yourself or learn something new. The more you try to learn something new or challenge yourself, the more your neurons fire, creating new thought patterns. Reading will help with expanding your knowledge and keep your brain active.

2. Embrace challenges

Another way to expand your knowledge is to be okay in uncomfortable situations. Taking a chance can mean taking a risk for unknown outcomes. But you need to embrace those challenges to grow and achieve your true potential. Fear of failure often forces us to avoid challenges. But failure itself presents some of our greatest learning opportunities. For example, you may not have gotten a promotion.

This is an opportunity to learn more about what that business was looking for in the position. You might also fail at something with lower stakes, like trying a new and interesting recipe. The worst thing that could happen is that you don't like it so you can TRY AGAIN. Through failure, you learned how important it is to follow directions or ask for help when you're confused or uncertain. People fail all the time, but that can lead people to their biggest revelations. Embrace failure and the lessons it teaches you. Even when those lessons sting. No one is forcing you to become an expert in these things, and that's the fun of it! You get to learn what you want, when you want.

3. Press on in the face of setbacks

Every famous and successful person has failed, but they kept going. You should, too. Setbacks can often feel like monumental hurdles. The easy way out is to stop trying. Instead, embrace this temporary set back as a way to overcome and have a lifelong lesson through learning and growing. The trick is to keep presevering until you succeed, and celebrate those wins when you do succeed.

4. See effort as a path to mastery

Extraordinary efforts yield extraordinary success. Your effort is a sign of your strength. No matter how insignificant your efforts might feel, any effort is better than none. When you change your mindset and perceive your effort as a pathway to mastery, your potential is limitless.

5. Be inspired by the success of others

Find inspiration in other's success. Instead of seeing someone as a competitor, try to see them as a role model, celebrate their success, and, potentially, become a tribe member and cheerleader. A tribe is a unique support system that may be going through the same experience as you and can serve as a sympathetic ear, a support system and a motivator.

6. Celebrate Your Accomplishments - Big or Small

I know I shared the importance of celebrating others. Don't forget to celebrate your successes, no matter how big or small. By taking time to celebrate every success, it will build your confidence and make it easier to keep pushing to reach those large-scale future goals. Not to mention, a celebration can give you closure on goals you've been working toward for a while, provide encouragement to continue and make every success even more worthwhile.

So now that you've accomplished that goal, are you ready to celebrate? Your celebration doesn't have to be a big deal. It can be something you do alone or something you share with others. It just has to make you feel good and help you enjoy your accomplishments.

Here are some great ways to celebrate your successes, both big and small.

- 1. Share the news with friends, family, and colleagues.
- 2. Reflect on the path you took.
- 3. Write down your success and put it where you can see it everyday.
- 4. Thank everyone who supported you.
- 5. Accept and enjoy the compliments.
- 6. Support someone else in reaching his or her goal.
- 7. Cheer for yourself. Have a virtual party.

8. Write your success story to share in a newsletter, blog, social media or

email to clients and colleagues. 9. Start a success journal.

10. Treat yourself to a day of rest and relaxation.

Keep in mind in order to get the most out of your celebration, you should do it immediately after reaching your accomplishment and before moving on to your next goal.

Celebrate Your Winner's Mindset

I celebrate YOU as you are adjusting your mental framing to that of a winner's mindset can be transformative. It changes what's possible for you. You have what it takes to make it. Reach Within to bring out your winning mentality. Ignite Your fire and show the world your magic!





presents Minister Crystal Lowe

Let's chat with Author Minister Crystal Lowe!

Tell us a little about yourself.

I am an ordained elder, author, poet/lyricist, songwriter, video editor, and amateur photographer. That sounds like a lot, but I am convinced that God blessed me with multiple interests, talents, and gifts for a specific purpose. My passion is in helping persons navigate through difficult seasons in life. I find fulfillment serving as a volunteer advocate for victims of sexual assault and helping survivors triumph over the victimization of their past and walk in freedom and newness of life. I am also the owner of Unstuck Productions, LLC, which utilizes publications, workshops, personal consultation, media, and various forms of intellectual property to help persons recognize their potential and actualize results.

Share why you chose to become an author and how long have you been writing?

Actually, I am not sure if I chose to become an author or if that was the path God chose for me. I have been writing since I was a child, primarily poems, reflections and letters to God. I used to just write whatever came to mind or what I was feeling at the time. Little did I know, my mother had been gathering all the writings I left laying around, and presented me with a folder, filled with all those treasures, when I was preparing to leave home. I think that stirred in me the thought of one day publishing a book.

What do you enjoy most about writing?

Writing has always been an outlet for me. Journaling my thoughts, ideas, dreams, etc. has been both therapeutic as well as affirming. There are times in life when you just have to encourage yourself. Writing does that for me!

What is the title of the book OR the title of your chapter in the anthology?

The title of my chapter (Chapter 2) is Reveal Day—Release the Winner in You.

In 50 words or less, tell us what it's about.

In life, many have experienced and embraced negativity and find themselves accepting defeat without struggle. This chapter journeys through the makeover process to a personal transformation that allows us to see ourselves as God sees us. God created us with winning inside, all we have to do is release it!

What do you want readers to gain from reading your story?

No matter the difficulties, negativity, and self-doubt you have experienced in life, you were created with winning inside. Life is about transformation. It may be painful confronting areas in life that have shaped us negatively. However, if we challenge ourselves and embrace new possibilities we can begin to see that we are fearfully and wonderfully made by God. There is a whole big world waiting for you to Release the Winner in You!

What advice would you give aspiring writers that would help empower them share their story?

My greatest advice would be to push beyond your own negative self-talk and self-doubt and believe that you have a story that someone desperately needs to hear. Often, we can be our own worst enemy when it comes to sharing our stories. We must always remember that our testimony was most likely built through overcoming tests, trials, and tribulations. When we share our stories it is a testament of the goodness, faithfulness, and power of God. And most of all it says to others, "If He did it for them, He can do it for me."

Are you ready to write your story?

Woman On The Verge wants to hear from you! We are here to empower, equip and educate women globally on not only setting goals, but providing necessary tools to help them reach their goals.

If you have been sitting and thinking that one day you'd write a book, **NOW** is your time! Stop standing in your own way and giving excuse after excuse about why you shouldn't write your book. Let's DO IT today!

Send an email to **WOTVMagazine@gmail.com** for a 30-minute consult. We will select one woman each quarter to help her write and self-publish her book!

Will it be You?

CELEBRATION ISSUE



BY ITIKA WATKINS

Bible that gives us an encouraging example of how we can move when it feels like there's no movement. It simply says, "Go to the ant, you sluggard; consider its ways and be wise" Proverbs 6:6.

Can you believe that out of all the animals that could have been chosen from the entire animal kingdom, that God chose a puny ant? An insect that would otherwise appear inadequate. insufficient, limited, and insignificant up against the roaring lion, mighty tiger, or fearsome bear. But God took notice of some of the noteworthy characteristics of the ant in this proverb for us to apply to our daily lives.

This proverb is simple, but powerful on the steps needed to prepare for tomorrow, *today*.

Enhance the vision you have and keep moving forward.

Contrary to popular belief, now is not the time to be idle in your business. Your movement might look and feel a little different, but we should be actively building our businesses, not hiding our heads in the sand. It's important to take notice of industry, state, and federal standards that may affect your business during this time.

There's an old proverb in the Some of these changes may be the change that your business needs to be the front-runner in your line of work. Embrace the new normal that is being created, with grace. That is the brilliance ant is known for is having of being the visionary of your company. It means that you have the appetite and fortitude, like the ant, to build and create while others are sluggish and doing nothing. Ants are masterful in networking, collaborating, and finding the right talent to finish a hurt to trim the spending where task. Even while at home (as many business owners work from *home*) get out of your comfort ask yourself, does the business zone and meet new people. Become comfortable with new networks and collaborations. Go the vision forward? with the flow and keep moving.

> **Remember:** fortunes are made during times like this. As Warren Buffet said, "Be fearful when others are greedy and greedy when others are fearful".



Consider the things you have done and pivot.

One of the many things that the storehouses when times are good. In other words, ants are masterful at putting "money" in the bank for reserve. More than just having cash reserves, this helps visionaries to be more responsive than reactive. It also would not you can. Whatever you are not getting full use and benefit from, need this now? Is this an investment that will truly move

You realize now where your shortcomings were in your business, you can't do anything about it at this point, but commit to never allowing it to happen again. The first thing that you can do is to make a list of everything you need to do to insulate your business from economic downturns.

Use every experience to your advantage.

We could not have predicted COVID-19 if we wanted to; even with talks about a type of global pandemic, no one could have foreseen that something like this could have happened in our lifetime. Let's use what we have learned in this catastrophe to build better businesses that are innovative, flexible, and if at all possible, recession-proof.

If we do these things, we will come out of this as winners!

ABABCE OF CONCEPTIONS FOR AN EXTRAORDINARY WORLD



The MICKEY SPOUT[™] was created out of a necessity to help me with feeding my pets. I have multiple disabilities and bending/lifting became increasingly impossible, so I decided to create a product that could immediately help me with this duty. Once I began working on this product, I realized that it could be beneficial to help others, with or without disabilities.During the year 2017, my dear pet, Mickey, became very ill with canine cancer, causing life to become very busy with doctor appointments, treatments and feedings. Having to feed Mickey a different food than the others became the worst task because it required the bending and lifting of multiple bags several times a day. Since I could no longer lift the bags, my wife stepped in to help lift the bags until I created the MICKEY SPOUT[™].

Creating the MICKEY SPOUT[™] has been the most rewarding creation to help with this task. No longer did I nor my wife have to lift heavy bags of dog food. Mickey was a part of our family for years and helped me through so much, especially after my discharge from the military. Mickey was so vibrant, playful and always ready to go. After being a part of our family for 15 years, he lost his battle to canine cancer in January 2018. In honor of Mickey and his inspiration to us, we named this product the MICKEY SPOUT[™].

Follow <u>@KhameleonInventions</u> on Facebook for more information and to find out how you can be the first to hear of the release!

njoying Summer

Early in March, global travel was significantly impacted due to the spread of the corona virus. Those who were away from their home country rushed home before their borders were put on locked down. I was in Hawaii on business when the government agency I worked for sent me a message to return home immediately.

By end of March, most domestic flights had no more than 8 passengers, many only having one passenger. Las Vegas, the city that never sleeps and whose livelihood is built on tourism and casinos were completely shut down to avoid the speed of the deadly virus. The U.S. stopped issuing passports except for "Life-Or-Death emergencies. But the good news is Airlines began waiving cancellation and change fees until the end of 2020. Hotels and airlines began extending their members rewards status until the end of 2021 and 2022.

There are so many benefits to traveling. It broadens your horizons, gives you peace of mind by

disconnecting from our stressful routine, inspires creative thinking and adds to your education. So, we must find ways to still enjoy travel amid the pandemic. For those avid travel lovers, who are

experiencing withdrawal, here are eight ways to celebrate your love of travel within the comforts of

your home!

1. Take some virtual family road trips. Explore different cities and countries through travel sites and photos online with your family. Make a day of it and cook cuisine that is a local favorite.

2. Research and download a new travel app like Travello, Duolingo, GoEuro, or TripIt.

3. Join a social media travel group such as BlackGirlsOnTheGo (expose black women to the healing power of travel), Tiny Globetrotters (traveling with kids), Traveling Moms Club and Travel Food Atlas (for foodies). 4. Now that you have extra time compile all you travel pictures into digital albums and reminisce on all your travel adventures.

5. Research and watch movies that are filmed or centered on your favorite travel destination.....like Mama Mia (Greece), Bad Boys 2 (Miami), Rich Crazy Asians (Singapore), Fast and Furious 7 (Dubai)

6. Visit zoos and aquariums all over the world virtually.

7. Tune to some great travel shows: Parts Unknown, Gordon Ramsay: Uncharted, Caribbean Life, Living the Beach Life, Island Hunters

8. The beauty of the internet is that you can still enjoy virtual concerts, plays, museums and other cultures from home.



The other great news is travel prices are at all time low and will continue to be as the gates for travel begin to open and people ease their way back into traveling. If you would like to begin planning your end of summer vacation, fall festival trip or winter excursion contact me at <u>LuxeLifeVentures@gmail.com</u> to help you secure the best deals in travel!

Horoscopes

BY ADRIENNE OBEY







Gemini season is actually a great time for you ARIES. It is a great time for communications with others. You may discover your hidden communication talents. This is especially true if you have been forced to work from home and master the art of zoom calls and webinars. This would be a great time to do short trips around your neighborhood if we were not on quarantine. A great way to satisfy your wanderlust is to watch travel shows or the travel channel. You may find yourself connecting with your neighbors more than usual now.

You are probably happy that money seems to be gravitating toward you now, in fact, from Mid May onward your finances will perk up considerably until late June. Enjoy this time of financial increase. Remember to save your money and do not spend it foolishly now. Communicating about money, specifically ways to earn more money will probably be the major subject that fascinates your most during this period. Avoid the urge to spend extravagantly during this time or buy many "inexpensive" things, which then adds up to a lot of money if you over indulge.

This is YOUR time Gemini, this will be your time to shine and to reset your life. Make yourself the priority now. Look at Late May - early June as a brand new opportunity to start life anew. This could be a time when you feel stronger and wiser than you have all year long. The only issue that could affect Gems is their huge desire for travel, communication and action. The inability to live out your desire for these things due to the Covid Virus Quarantines could rain on your parade. If the area you live in is no longer on quarantine, remember to use common sense and caution in all that you do in June Gemini. The New Moon in Gemini on May 22nd could have made you believe that you are invincible and infallible. That Full Moon in Sagittarius on June 5, 2020 will remind your that you are indeed human, and therefore fallible. Take lots of Vitamin C and D for your delicate health Gemini.





Although early May 2020 might just improve your love life, make sure that you are doing everything on the up and up. Avoid complicated affairs and other scenarios that could lead to problems in your relationship. By the end of June, you will be in your glory, especially during the Solar Eclipse New Moon in Cancer on June 21, 2020. The sign Cancer rules the stomach, breasts, womb and ovaries. This may be a great time to schedule an appointment with your OB-GYN, and some Cancers may find that they are pregnant. If you are not pregnant with an actual child, you may find that you are pregnant with new ideas.



Over the next month you or so you may find that you are preoccupied with friends and friends problems. You may discover that you have to help out friends or speak up for friends now. In fact, in May friendship vs romance may become an issue. This is especially a potential problem if you are already in an established relationship already. This brings me to the next warning, which is to avoid any sneaky, behind the scenes, hidden affair, covert type situations. Since the New Moon Solar Eclipse is happening in your 12th house, this may be a time of solitude, possibly loneliness or hidden agendas. You may find that you suddenly feel insecure, which is rather rare for Leos.



Late May and early June could prove to be stressful for many Virgos, you may feel friction happening in your home life and/or your career. If you live with someone who has Gemini or Sagittarius prominent in their charts, it could be extra stressful when dealing with these individuals. No problem, things begin to perk up considerably for you at the New Moon in Cancer on the 21st of June. You may get a sudden boost from your friends, or from a group or organization that you belong to. In fact, you are encouraged to join new groups, associations, clubs and organizations around that time. The connections that you form at this time could benefit you for years to come.



Things really perk up for you in late May and early June. You may feel a sudden burst of creativity. This influence will be good for study and education as well as communication of all kinds, but this is especially emphasized for you between May 22nd and June 20th . Take this time to learn something new, maybe meet someone new or even travel some place new. Whatever you do remember to discover new and unique things that you did not know before. Use this time to expand your philosophy and inner wisdom. By the time of the Solar Eclipse New Moon in Cancer, you may find that the knowledge you gained helps you expand your career or reputation in some way.



May 7, 2020 has a Full Moon in Scorpio, this means Scorpios start May and probably end May on a slightly emotional level. For some reason I get the vibe that many Scorpios will be conducting their own form of investigations during May and even early June. I sense some Scorpios will have an urge to amass additional information and specific details on certain matters. The 21st of June may even find some Scorpios traveling or beginning a new education program. Some Scorpios may find that they suddenly feel more religious and have an urge look at spirituality on a much deeper level. Prayer is good during times like these and sometimes so is a good book.



The end of May 2020 may find Sagittarius dealing with relationship issues. There is a distinct possibility of betrayal in a relationship, this is indicated by the Full Moon in your 12th house of Scorpio on May 7th, and then the New Moon in Gemini may affect your relationships in a deeply profound way. It is possible that you may even be dealing with open and hidden enemies all of May 2020. The good thing is that on June 5th, the Full Moon will be in Sagittarius, your sign. This tells me that many Sagittarius will reap what they have sown. Relationships could become a heated issue for you in June. Do not let your emotions get the best of you at the end of June. **CAPRICORN HOROSCOPE**



May 2020 starts out rather pleasant for Capricorns, you are able to get pretty much what you want now, and you prosper from friends, groups and associates in early May. You will be creative through most of late May, however; you may feel a sense of sadness or even an urge to hide away in June. You may opt to "vege" out most of June, avoiding the spotlight and avoiding calling attention to yourself. By the end of June, Caps will have to deal with the Solar Eclipse in Cancer which may make some Capricorns doubt themselves yet again. I would avoid confrontations and combative individuals. You could learn that you have open enemies and hidden enemies now.



This will most likely be a period of creative expansion for Aquarius, in fact I must warn Aquarius women, if you do not wish to become pregnant to watch the two weeks between May 22nd and June 5th. This could be a time when many Aquarius women will be particularly fertile. Your creativity could come out in other ways than just children, babies or childbirth. This could be a time of amazing creative projects, you could suddenly invent something new that could improve your life, or take a chance of something that enhances your life in a positive way. I would also play games of chance during this time as you are bound to be extremely lucky, and just might win.



May and June will be a seesaw of ups and downs. I sense a lot of potential progress is possible even though you may experience some stress and possible chaos between May 22nd and June 20th. This is when the New Moon in Gemini and the Full Moon in Sagittarius square Pisces. You are someone who may experience changes or even upheaval in home and career. No matter what you go through during May and early June, things begin to pick up for you as of June 21, 2020. You may even find a new love by the end of June, which will make all you have suffered and endured well worth it.

