



TRAINING

BY PAIGE ALEXANDRA

BUILD YOUR OWN

TRAINING COURSE BROCHURE

BUILD YOUR OWN TRAINING COURSE



Welcome to Training by Paige Alexandra.

This brochure has been created to provide you with all of the information you need to know regarding our Build Your Own Training Course.

All of our Build Your Own Training Courses are tailored specifically to you on a 1:1 basis. This will ensure that you have the full attention of your trainer, maximising your learning potential in a relaxed and pressure free environment.

What's included?

- ✓ ANATOMY & PHYSIOLOGY OF THE SKIN
- ✓ CONSULTATION & SKIN ANALYSIS
- ✓ BASIC FACIAL TRAINING
- ✓ EQUIPMENT / SHOPPING LIST

CHOOSE 2 OR MORE FROM THE LIST BELOW:

LED THERAPY	£159
HIGH FREQUENCY	£199
DERMAPLANING	£259
CHEMICAL PEELS	£329
MICRONEEDLING	£399
6 STEP HYDROFACIAL	£399
PROFHILO SKIN REMODELLER	£449
JALUPRO SKIN BOOSTER	£449
B12 + BIOTIN VITMAIN BOOSTERS	£229

LED THERAPY



PRE REQUISITES:

No previous qualifications are required to attend this course.

However, for insurance purposes you may be required to have a Level 3 Anatomy & Physiology certification.

For more information on our Level 3 Anatomy & Physiology Course please see our 'Training Course Packages' Brochure.

COURSE AGENDA

- Health & Safety
- Anatomy & Physiology of the Skin
- Consultation & Skin Analysis
- What is LED Therapy
- How Does It Work
- Treatable Skin Conditions
- LED Colours & What They Do
- Contraindications
- Consent
- Shopping List
- Live Demonstration by Course Tutor
- Supervised Practice on Live Models
- Q+A Session. Evaluation / Feedback
- Ongoing Support & Guidance

COURSE PRICE:

£159

QUALIFICATION ATTAINED:

Certification in LED Therapy.

COURSE ACCREDITATION:

All training course are CPD Accredited.

INSURANCE:

We recommend contacting Insync Insurance prior to commencing this course to ensure you can ascertain public liability insurance upon completion.



1:1 TUITION



CPD ACCREDITED

HIGH FREQUENCY



PRE REQUISITES:

No previous qualifications are required to attend this course.

However, for insurance purposes you may be required to have a Level 3 Anatomy & Physiology certification.

For more information on our Level 3 Anatomy & Physiology Course please see our 'Training Course Packages' Brochure.

COURSE AGENDA

- Health & Safety
- Anatomy & Physiology of the Skin
- Consultation & Skin Analysis
- What is High Frequency
- Argon vs Neon
- Treatable Skin Conditions
- What are the benefits
- Contraindications
- Consent
- Shopping List
- Live Demonstration by Course Tutor
- Supervised Practice on Live Models
- Q+A Session. Evaluation / Feedback
- Ongoing Support & Guidance

COURSE PRICE:

£199

QUALIFICATION ATTAINED:

Certification in High Frequency.

COURSE ACCREDITATION:

All training course are
CPD Accredited.

INSURANCE:

We recommend contacting
Insync Insurance prior to
commencing this course to
ensure you can ascertain
public liability insurance
upon completion.



1:1 TUITION



CPD ACCREDITED

DERMAPLANING



PRE REQUISITES:

No previous qualifications are required to attend this course.

However, for insurance purposes you may be required to have a Level 3 Anatomy & Physiology certification.

For more information on our Level 3 Anatomy & Physiology Course please see our 'Training Course Packages' Brochure.

COURSE AGENDA

- Health & Safety
- Anatomy & Physiology of the Skin
- Consultation & Skin Analysis
- What is Dermaplaning
- Do's & Don'ts
- 45 Degree Angle / Technique
- Contraindications
- Consent
- Shopping List
- Live Demonstration by Course Tutor
- Supervised Practice on Live Models
- Q+A Session. Evaluation / Feedback
- Ongoing Support & Guidance

COURSE PRICE:

£259

QUALIFICATION ATTAINED:

Certification in Dermaplaning.

COURSE ACCREDITATION:

All training course are CPD Accredited.

INSURANCE:

We recommend contacting Insync Insurance prior to commencing this course to ensure you can ascertain public liability insurance upon completion.



1:1 TUITION



CPD ACCREDITED

CHEMICAL PEELS



PRE REQUISITES:

No previous qualifications are required to attend this course.

However, for insurance purposes you may be required to have a Level 3 Anatomy & Physiology certification.

For more information on our Level 3 Anatomy & Physiology Course please see our 'Training Course Packages' Brochure.

COURSE AGENDA

- Health & Safety
- Anatomy & Physiology of the Skin
- Consultation & Skin Analysis
- What is a Chemical Peel
- AHA's & BHA's
- Product Recommendations
- Fitzpatrick Scale
- Contraindications
- Consent
- Shopping List
- Live Demonstration by Course Tutor
- Supervised Practice on Live Models
- Q+A Session. Evaluation / Feedback
- Ongoing Support & Guidance

COURSE PRICE:

£329

QUALIFICATION ATTAINED:

Certification in Chemical Peels.

COURSE ACCREDITATION:

All training course are CPD Accredited.

INSURANCE:

We recommend contacting Insync Insurance prior to commencing this course to ensure you can ascertain public liability insurance upon completion.



1:1 TUITION



CPD ACCREDITED

MICRONEEDLING



PRE REQUISITES:

No previous qualifications are required to attend this course.

However, for insurance purposes you may be required to have a Level 3 Anatomy & Physiology certification.

For more information on our Level 3 Anatomy & Physiology Course please see our 'Training Course Packages' Brochure.

COURSE AGENDA

- Health & Safety
- Anatomy & Physiology of the Skin
- Consultation & Skin Analysis
- What is Microneedling
- Do's & Don'ts
- How it works
- Depth's / Technique
- Wound Healing / Aftercare
- Contraindications
- Consent
- Shopping List
- Live Demonstration by Course Tutor
- Supervised Practice on Live Models
- Q+A Session. Evaluation / Feedback
- Ongoing Support & Guidance

COURSE PRICE:

£399

QUALIFICATION ATTAINED:

Certification in Microneedling.

COURSE ACCREDITATION:

All training course are CPD Accredited.

INSURANCE:

We recommend contacting Insync Insurance prior to commencing this course to ensure you can ascertain public liability insurance upon completion.



1:1 TUITION



CPD ACCREDITED

HYDROFACIAL



PRE REQUISITES:

No previous qualifications are required to attend this course.

However, for insurance purposes you may be required to have a Level 3 Anatomy & Physiology certification.

For more information on our Level 3 Anatomy & Physiology Course please see our 'Training Course Packages' Brochure.

COURSE AGENDA

- Health & Safety
- Anatomy & Physiology of the Skin
- Consultation & Skin Analysis
- What is Hydrofacial
- AHA's & BHA's
- Technologies:
 - Hydropeel
 - Sonic Wand Extractions
 - Radio Frequency
 - Ultrasound Hydration
 - Oxygen Spray
 - Cold Plate / Ice Globes
- Contraindications
- Consent
- Shopping List
- Live Demonstration by Course Tutor
- Supervised Practice on Live Models
- Q+A Session. Evaluation / Feedback
- Ongoing Support & Guidance

COURSE PRICE:

£399

QUALIFICATION ATTAINED:

Certification in Hydrofacial.

COURSE ACCREDITATION:

All training course are CPD Accredited.

INSURANCE:

We recommend contacting Insync Insurance prior to commencing this course to ensure you can ascertain public liability insurance upon completion.



1:1 TUITION



CPD ACCREDITED

PROFHILO SKIN REMODELLER



PRE REQUISITES:

NVQ Level 3 in Beauty Therapy / NVQ Level 3 in Anatomy and Physiology.

OR

Anatomy & Physiology Level 3 Certification PLUS 6 Months experience in an Advanced Beauty Treatment which penetrates the skin i.e. Microneedling, Mesotherapy, Microblading, SPMU etc.

COURSE AGENDA

- Health & Safety
- Anatomy & Physiology of the Skin
- Consultation & Skin Analysis
- What is Profhilo
- How Does it Work
- Knowledge of Hyaluronic Acid
- BAP Technique
- Contraindications
- Consent
- Shopping List
- Live Demonstration by Course Tutor
- Supervised Practice on Live Models
- Q+A Session. Evaluation / Feedback
- Ongoing Support & Guidance

COURSE PRICE:

£449

QUALIFICATION ATTAINED:

Certification in Profhilo.

COURSE ACCREDITATION:

All training courses are CPD Accredited.

INSURANCE:

We recommend contacting Insync Insurance prior to commencing this course to ensure you can ascertain public liability insurance upon completion.



1:1 TUITION



CPD ACCREDITED

JALUPRO SKIN BOOSTER



PRE REQUISITES:

NVQ Level 3 in Beauty Therapy / NVQ Level 3 in Anatomy and Physiology.

OR

Anatomy & Physiology Level 3 Certification PLUS 6 Months experience in an Advanced Beauty Treatment which penetrates the skin i.e. Microneedling, Mesotherapy, Microblading, SPMU etc.

COURSE AGENDA

- Health & Safety
- Anatomy & Physiology of the Skin
- Consultation & Skin Analysis
- What is Jalupro
- How Does it Work
- Classic & HMW
- Techniques
- Contraindications
- Consent
- Shopping List
- Live Demonstration by Course Tutor
- Supervised Practice on Live Models
- Q+A Session. Evaluation / Feedback
- Ongoing Support & Guidance

COURSE PRICE:

£449

QUALIFICATION ATTAINED:

Certification in Jalupro.

COURSE ACCREDITATION:

All training courses are CPD Accredited.

INSURANCE:

We recommend contacting Insync Insurance prior to commencing this course to ensure you can ascertain public liability insurance upon completion.



1:1 TUITION



CPD ACCREDITED



B12 + BIOTIN VITAMIN BOOSTERS



PRE REQUISITES:

NVQ Level 3 in Beauty Therapy / NVQ Level 3 in Anatomy and Physiology.

OR

Anatomy & Physiology Level 3 Certification
PLUS 6 Months experience in an Advanced Beauty Treatment which penetrates the skin i.e. Microneedling, Mesotherapy, Microblading, SPMU etc.

COURSE AGENDA

- Health & Safety
- Anatomy & Physiology of the Skin
- Consultation & Skin Analysis
- What is B12
- Deficiency + Symptoms
- Risks
- Allergies / Interactions
- Benefits
- What is Biotin
- Deficiency + Symptoms
- Risks
- Benefits
- Contraindications
- Consent
- Shopping List
- Live Demonstration by Course Tutor
- Supervised Practice on Live Models
- Q+A Session. Evaluation / Feedback
- Ongoing Support & Guidance

COURSE PRICE:

£229

QUALIFICATION ATTAINED:

Certification in B12 + Biotin Vitamin Injections.

COURSE ACCREDITATION:

All training courses are CPD Accredited.

INSURANCE:

We recommend contacting Insync Insurance prior to commencing this course to ensure you can ascertain public liability insurance upon completion.



1:1 TUITION



CPD ACCREDITED



COURSE ENQUIRIES

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