



# TRAINING

BY PAIGE ALEXANDRA

BUILD YOUR OWN  
TRAINING COURSE BROCHURE

# BUILD YOUR OWN TRAINING COURSE



Welcome to Training by Paige Alexandra.

This brochure has been created to provide you with all of the information you need to know regarding our Build Your Own Training Course.

All of our Build Your Own Training Courses are tailored specifically to you on a 1:1 basis. This will ensure that you have the full attention of your trainer, maximising your learning potential in a relaxed and pressure free environment.

## What's included?

- ✓ ANATOMY & PHYSIOLOGY OF THE SKIN
- ✓ CONSULTATION & SKIN ANALYSIS
- ✓ BASIC FACIAL TRAINING
- ✓ EQUIPMENT / SHOPPING LIST

## CHOOSE 2 OR MORE FROM THE LIST BELOW:

LED THERAPY	£ 159
HIGH FREQUENCY	£ 199
DERMAPLANING	£ 259
CHEMICAL PEELS	£ 329
MICRONEEDLING	£ 399
6 STEP HYDROFACIAL	£ 399
PROFHILO SKIN REMODELLER	£ 449
JALUPRO SKIN BOOSTER	£ 449
B12 + BIOTIN VITMAIN BOOSTERS	£ 229

# LED THERAPY



## PRE REQUISITES:

No previous qualifications are required to attend this course.

However, for insurance purposes you may be required to have a Level 3 Anatomy & Physiology certification.

For more information on our Level 3 Anatomy & Physiology Course please see our 'Training Course Packages' Brochure.

## COURSE AGENDA

- Health & Safety
- Anatomy & Physiology of the Skin
- Consultation & Skin Analysis
- What is LED Therapy
- How Does It Work
- Treatable Skin Conditions
- LED Colours & What They Do
- Contraindications
- Consent
- Shopping List
- Live Demonstration by Course Tutor
- Supervised Practice on Live Models
- Q+A Session. Evaluation / Feedback
- Ongoing Support & Guidance

## COURSE PRICE:

£159

## QUALIFICATION ATTAINED:

Certification in LED Therapy.

## COURSE ACCREDITATION:

All training course are CPD Accredited.

## INSURANCE:

We recommend contacting Insync Insurance prior to commencing this course to ensure you can ascertain public liability insurance upon completion.



1:1 TUITION



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# HIGH FREQUENCY



## PRE REQUISITES:

No previous qualifications are required to attend this course.

However, for insurance purposes you may be required to have a Level 3 Anatomy & Physiology certification.

For more information on our Level 3 Anatomy & Physiology Course please see our 'Training Course Packages' Brochure.

## COURSE AGENDA

- Health & Safety
- Anatomy & Physiology of the Skin
- Consultation & Skin Analysis
- What is High Frequency
- Argon vs Neon
- Treatable Skin Conditions
- What are the benefits
- Contraindications
- Consent
- Shopping List
- Live Demonstration by Course Tutor
- Supervised Practice on Live Models
- Q+A Session. Evaluation / Feedback
- Ongoing Support & Guidance

## COURSE PRICE:

£199

## QUALIFICATION ATTAINED:

Certification in High Frequency.

## COURSE ACCREDITATION:

All training course are CPD Accredited.

## INSURANCE:

We recommend contacting Insync Insurance prior to commencing this course to ensure you can ascertain public liability insurance upon completion.



1:1 TUITION



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# DERMAPLANING



## PRE REQUISITES:

No previous qualifications are required to attend this course.

However, for insurance purposes you may be required to have a Level 3 Anatomy & Physiology certification.

For more information on our Level 3 Anatomy & Physiology Course please see our 'Training Course Packages' Brochure.

## COURSE AGENDA

- Health & Safety
- Anatomy & Physiology of the Skin
- Consultation & Skin Analysis
- What is Dermaplaning
- Do's & Don'ts
- 45 Degree Angle / Technique
- Contraindications
- Consent
- Shopping List
- Live Demonstration by Course Tutor
- Supervised Practice on Live Models
- Q+A Session. Evaluation / Feedback
- Ongoing Support & Guidance

## COURSE PRICE:

£259

## QUALIFICATION ATTAINED:

Certification in Dermaplaning.

## COURSE ACCREDITATION:

All training course are CPD Accredited.

## INSURANCE:

We recommend contacting Insync Insurance prior to commencing this course to ensure you can ascertain public liability insurance upon completion.



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# CHEMICAL PEELS



## PRE REQUISITES:

No previous qualifications are required to attend this course.

However, for insurance purposes you may be required to have a Level 3 Anatomy & Physiology certification.

For more information on our Level 3 Anatomy & Physiology Course please see our 'Training Course Packages' Brochure.

## COURSE AGENDA

- Health & Safety
- Anatomy & Physiology of the Skin
- Consultation & Skin Analysis
- What is a Chemical Peel
- AHA's & BHA's
- Product Recommendations
- Fitzpatrick Scale
- Contraindications
- Consent
- Shopping List
- Live Demonstration by Course Tutor
- Supervised Practice on Live Models
- Q+A Session. Evaluation / Feedback
- Ongoing Support & Guidance

## COURSE PRICE:

£329

## QUALIFICATION ATTAINED:

Certification in Chemical Peels.

## COURSE ACCREDITATION:

All training course are CPD Accredited.

## INSURANCE:

We recommend contacting Insync Insurance prior to commencing this course to ensure you can ascertain public liability insurance upon completion.



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# MICRONEEDLING



## PRE REQUISITES:

No previous qualifications are required to attend this course.

However, for insurance purposes you may be required to have a Level 3 Anatomy & Physiology certification.

For more information on our Level 3 Anatomy & Physiology Course please see our 'Training Course Packages' Brochure.

## COURSE AGENDA

- Health & Safety
- Anatomy & Physiology of the Skin
- Consultation & Skin Analysis
- What is Microneedling
- Do's & Don'ts
- How it works
- Depth's / Technique
- Wound Healing / Aftercare
- Contraindications
- Consent
- Shopping List
- Live Demonstration by Course Tutor
- Supervised Practice on Live Models
- Q+A Session. Evaluation / Feedback
- Ongoing Support & Guidance

## COURSE PRICE:

£399

## QUALIFICATION ATTAINED:

Certification in Microneedling.

## COURSE ACCREDITATION:

All training course are CPD Accredited.

## INSURANCE:

We recommend contacting Insync Insurance prior to commencing this course to ensure you can ascertain public liability insurance upon completion.



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# HYDROFACIAL



## PRE REQUISITES:

No previous qualifications are required to attend this course.

However, for insurance purposes you may be required to have a Level 3 Anatomy & Physiology certification.

For more information on our Level 3 Anatomy & Physiology Course please see our 'Training Course Packages' Brochure.

## COURSE AGENDA

- Health & Safety
- Anatomy & Physiology of the Skin
- Consultation & Skin Analysis
- What is Hydrofacial
- AHA's & BHA's

-Technologies:  
Hydropeel  
Sonic Wand Extractions  
Radio Frequency  
Ultrasound Hydration  
Oxygen Spray  
Cold Plate / Ice Globes

- Contraindications
- Consent
- Shopping List
- Live Demonstration by Course Tutor
- Supervised Practice on Live Models
- Q+A Session. Evaluation / Feedback
- Ongoing Support & Guidance

## COURSE PRICE:

£399

## QUALIFICATION ATTAINED:

Certification in Hydrofacial.

## COURSE ACCREDITATION:

All training course are CPD Accredited.

## INSURANCE:

We recommend contacting InSync Insurance prior to commencing this course to ensure you can ascertain public liability insurance upon completion.



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# PROPHILO SKIN REMODELLER



## PRE REQUISITES:

NVQ Level 3 in Beauty Therapy / NVQ Level 3 in Anatomy and Physiology.

OR

Anatomy & Physiology Level 3 Certification  
PLUS 6 Months experience in an Advanced  
Beauty Treatment which penetrates the skin i.e.  
Microneedling, Mesotherapy, Microblading,  
SPMU etc.

## COURSE AGENDA

- Health & Safety
- Anatomy & Physiology of the Skin
- Consultation & Skin Analysis
- What is Profhilo
- How Does it Work
- Knowledge of Hyaluronic Acid
- BAP Technique
- Contraindications
- Consent
- Shopping List
- Live Demonstration by Course Tutor
- Supervised Practice on Live Models
- Q+A Session. Evaluation / Feedback
- Ongoing Support & Guidance

## COURSE PRICE:

£449

## QUALIFICATION ATTAINED:

Certification in Profhilo.

## COURSE ACCREDITATION:

All training course are  
CPD Accredited.

## INSURANCE:

We recommend contacting  
Insync Insurance prior to  
commencing this course to  
ensure you can ascertain  
public liability insurance  
upon completion.



1:1 TUITION



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# JALUPRO SKIN BOOSTER



## PRE REQUISITES:

NVQ Level 3 in Beauty Therapy / NVQ Level 3 in Anatomy and Physiology.

OR

Anatomy & Physiology Level 3 Certification  
PLUS 6 Months experience in an Advanced  
Beauty Treatment which penetrates the skin i.e.  
Microneedling, Mesotherapy, Microblading,  
SPMU etc.

## COURSE AGENDA

- Health & Safety
- Anatomy & Physiology of the Skin
- Consultation & Skin Analysis
- What is Jalupro
- How Does it Work
- Classic & HMW
- Techniques
- Contraindications
- Consent
- Shopping List
- Live Demonstration by Course Tutor
- Supervised Practice on Live Models
- Q+A Session. Evaluation / Feedback
- Ongoing Support & Guidance

## COURSE PRICE:

£449

## QUALIFICATION ATTAINED:

Certification in Jalupro.

## COURSE ACCREDITATION:

All training courses are  
CPD Accredited.

## INSURANCE:

We recommend contacting  
Insync Insurance prior to  
commencing this course to  
ensure you can ascertain  
public liability insurance  
upon completion.



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# B12 + BIOTIN VITAMIN BOOSTERS



## PRE REQUISITES:

NVQ Level 3 in Beauty Therapy / NVQ Level 3 in Anatomy and Physiology.

OR

Anatomy & Physiology Level 3 Certification  
PLUS 6 Months experience in an Advanced  
Beauty Treatment which penetrates the skin i.e  
Microneedling, Mesotherapy, Microblading,  
SPMU etc.

## COURSE AGENDA

- Health & Safety
- Anatomy & Physiology of the Skin
- Consultation & Skin Analysis
- What is B12
- Deficiency + Symptoms
- Risks
- Allergies / Interactions
- Benefits
- What is Biotin
- Deficiency + Symptoms
- Risks
- Benefits
- Contraindications
- Consent
- Shopping List
- Live Demonstration by Course Tutor
- Supervised Practice on Live Models
- Q+A Session. Evaluation / Feedback
- Ongoing Support & Guidance

## COURSE PRICE:

£229

## QUALIFICATION ATTAINED:

Certification in B12 + Biotin  
Vitamin Injections.

## COURSE ACCREDITATION:

All training courses are  
CPD Accredited.

## INSURANCE:

We recommend contacting  
Insync Insurance prior to  
commencing this course to  
ensure you can ascertain  
public liability insurance  
upon completion.



1:1 TUITION



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# COURSE ENQUIRIES

INFO@BYPAIGEALEXANDRA.CO.UK

WHATSAPP: 07729820236

WWW.BYPAIGEALEXANDRA.CO.UK