



TRAINING

BY PAIGE ALEXANDRA

TRAINING COURSE PACKAGES



TRAINING

BY PAIGE ALEXANDRA

Welcome to Training by Paige Alexandra.

This brochure has been created to provide you with all of the information you need to know regarding our Training Course Packages.

All of our training course packages are on a 1:2 basis, meaning there will only ever be 2 students training at one time. This will ensure that you have the full attention of your trainer, maximising your learning potential in a relaxed and pressure free environment.

For anyone looking to do their training on a 1:1 basis, please see our 'Build Your Own' Training Course brochure for more information.

Available training course packages:

STEP INTO SKIN	£659
STEP INTO SKIN INTENSE	£999
HYDROFACIAL, HIGH FREQUENCY + LED THERAPY	£469
SKIN BOOSTERS (PROFHILO, JALUPRO + SEVENTY HYAL)	£659

LEVEL 3 ANATOMY & PHYSIOLOGY



Our Level 3 Anatomy & Physiology course has been designed to take you through the anatomy of the body step by step, in the comfort of your own home and at your own pace. This course is perfect for beginners looking to start their career in Skincare / Aesthetics.

On average, home studying for this course takes around 6 weeks. So please bare this in mind when booking your practical training as you're A+P assessment exam is to be sat on the morning of your practical.

***Please note this course can only be purchased alongside practical training*.**

PRE REQUISITES:

No previous qualifications are required to complete this course.

QUALIFICATION ATTAINED:

Diploma Certificate in;

• **LEVEL 3 ANATOMY & PHYSIOLOGY**

COURSE DURATION:

Home study (up to 6 weeks).

COURSE PRICE:

£99

Full balance is required when purchasing this course and is non refundable.

COURSE ACCREDITATION:

All Training courses are CPD Accredited.



LEVEL 3 ANATOMY & PHYSIOLOGY



COURSE AGENDA

Throughout this course you will acquire an in depth knowledge of...

- Skin, Nails and Hair
- The Skeletal System
- The Muscular System
- The Nervous System
- The Endocrine System
- The Respiratory System
- The Cardiovascular System
- The Lymphatic System
- The Digestive System



6 weeks home study.



In clinic assessment.

STEP INTO SKIN



PRE REQUISITES:

No previous qualifications are required to attend this course.

However, for insurance purposes you may be required to have a Level 3 Anatomy & Physiology certification.

COURSE ACCREDITATION:

All training course are CPD Accredited.

QUALIFICATION ATTAINED:

Certification in;

- Dermaplaning
- Microneedling
- Chemical Peels
- LED Therapy

INSURANCE:

We recommend contacting Insync Insurance prior to commencing this course to ensure you can ascertain public liability insurance upon completion.

COURSE DURATION:

1 DAY (7 HOURS)

COURSE PRICE:

£659

50% of the course cost is required to book your place on the course. The remaining balance is then to be paid 2 weeks prior to your practical day.

Please note deposits are non-refundable. If more than 14 days notice is given from your practical day, the deposit can be transferred to another course / date providing the pre study material has not been sent.



1:2 TUITION



CPD ACCREDITED



4 CERTIFICATES

STEP INTO SKIN



COURSE AGENDA:

- Health & Safety
- Skin Anatomy & Physiology
- Consultation & Skin Analysis
- What is Dermaplaning
- Do's & Don'ts
- 45 Degree Angle / Technique
- Contraindications
- Consent
- Aftercare
- What is a Chemical Peel
- AHA's & BHA's
- Product Recommendations
- Fitzpatrick Scale
- Contraindications -Consent
- Aftercare
- What is Microneedling
- Do's & Don'ts
- How it works
- Depth's / Technique
- Wound Healing / Aftercare
- Contraindications
- Consent
- What is LED Therapy
- How Does It Work
- Treatable Skin Conditions
- LED Colours & What They Do
- Contraindications
- Consent
- Shopping List
- Live Demonstration by Course Tutor
- Supervised Practice on Live Models
- Q+A Session. Evaluation / Feedback

STEP INTO SKIN: 2 DAY INTENSE



PRE REQUISITES:

No previous qualifications are required to attend this course.

However, for insurance purposes you may be required to have a Level 3 Anatomy & Physiology certification.

COURSE ACCREDITATION:

All training course are
CPD Accredited.

QUALIFICATION ATTAINED:

Certification in;

- Dermaplaning
- Microneedling
- Chemical Peels
- High Frequency
- 6 Step Hydrofacial
- LED Therapy

INSURANCE:

We recommend contacting Insync Insurance prior to commencing this course to ensure you can ascertain public liability insurance upon completion.

COURSE DURATION:

DAY 1 (7 HOURS)

DAY 2 (4 HOURS)

COURSE PRICE:

£999

50% of the course cost is required to book your place on the course. The remaining balance is then to be paid 2 weeks prior to your practical day.

Please note deposits are non-refundable. If more than 14 days notice is given from your practical day, the deposit can be transferred to another course / date providing the pre study material has not been sent.



1:2 TUITION



CPD ACCREDITED



6 CERTIFICATES

STEP INTO SKIN:

2 DAY INTENSE



COURSE AGENDA:

- Skin Anatomy & Physiology
- Consultation & Skin Analysis

- What is Dermaplaning
- Do's & Don'ts
- 45 Degree Angle / Technique
- Contraindications
- Consent
- Aftercare

- What is a Chemical Peel
- AHA's & BHA's
- Product Recommendations
- Fitzpatrick Scale
- Contraindications
- Consent
- Aftercare

- What is Microneedling
- Do's & Don'ts
- How it works
- Depth's / Technique
- Wound Healing / Aftercare
- Contraindications
- Consent

- What is High Frequency
- Argon vs Neon
- Treatable Skin Conditions

- What are the benefits
- Contraindications
- Consent

- What is a Hydrofacial
- AHA's vs BHA's
- Hydropeel
- Sonic Wand Extractions
- Radio Frequency
- Ultrasound Hydration
- Oxygen Spray
- Cold Plate / Ice Globe Massage
- Contraindications
- Consent
- Aftercare
- Machines

- What is LED Therapy
- How Does It Work
- Treatable Skin Conditions
- LED Colours & What They Do
- Contraindications
- Consent

- Shopping List
- Live Demonstration by Course Tutor
- Supervised Practice on Live Models
- Q+A Session. Evaluation / Feedback

HYDROFACIAL

HIGH FREQUENCY + LED THERAPY



PRE REQUISITES:

No previous qualifications are required to attend this course.

However, for insurance purposes you may be required to have a Level 3 Anatomy & Physiology certification.

COURSE ACCREDITATION:

All training course are CPD Accredited.

QUALIFICATION ATTAINED:

Certification in;
-High Frequency
-6 Step Hydrofacial
-LED Therapy

INSURANCE:

We recommend contacting Insync Insurance prior to commencing this course to ensure you can ascertain public liability insurance upon completion.

COURSE DURATION:

1/2 DAY (4 HOURS)

COURSE PRICE:

£469

50% of the course cost is required to book your place on the course. The remaining balance is then to be paid 2 weeks prior to your practical day.

Please note deposits are non-refundable. If more than 14 days notice is given from your practical day, the deposit can be transferred to another course / date providing the pre study material has not been sent.



1:2 TUITION



CPD ACCREDITED



3 CERTIFICATES

HYDROFACIAL

HIGH FREQUENCY + LED THERAPY



COURSE AGENDA:

- Health & Safety
- Skin Anatomy & Physiology
- Consultation & Skin Analysis
- What is High Frequency
- Argon vs Neon
- Treatable Skin Conditions
- What are the benefits
- Contraindications
- Consent
- What is a Hydrofacial
- AHA's vs BHA's
- Hydropeel
- Sonic Wand Extractions
- Radio Frequency
- Ultrasound Hydration
- Oxygen Spray
- Cold Plate / Ice Globe Massage
- Contraindications
- Consent
- Aftercare
- Machines
- What is LED Therapy
- How Does It Work
- Treatable Skin Conditions
- LED Colours & What They Do
- Contraindications
- Consent
- Shopping List
- Live Demonstration by Course Tutor
- Supervised Practice on Live Models
- Q+A Session. Evaluation / Feedback



SKIN BOOSTERS

PROFHILO, JALUPRO + SEVENTY HYAL



PRE REQUISITES:

NVQ Level 3 in Beauty Therapy

OR

Anatomy & Physiology Level 3 Certification
PLUS 6 Months experience in an Advanced
Beauty Treatment which penetrates the skin
i.e Microneedling, Mesotherapy,
Microblading, SPMU etc.

COURSE ACCREDITATION:

All Training courses are CPD Accredited.

QUALIFICATION ATTAINED:

Diploma Certificate in;

- PROFHILO SKIN REMODELLING
- JALUPRO SKIN BOOSTER
- SEVENTY HYAL SKIN BOOSTER

INSURANCE:

We recommend contacting Insync
Insurance prior to commencing this
course to ensure you can ascertain
public liability insurance upon
completion.

COURSE DURATION:

1 Day (8 Hours)

COURSE PRICE:

£659

50% Deposit is required
upon booking.
Remaining balance is
due 2 weeks before
practical day.

Deposit is
non-refundable but is
transferable if 2 weeks
notice is given and the
pre course study hasn't
been sent.



1:2 TUITION



CPD ACCREDITED



3 CERTIFICATES

SKIN BOOSTERS

PROFHILO, JALUPRO + SEVENTY HYAL



COURSE AGENDA

- Health & Safety
- Skin Anatomy & Physiology
- Consultation & Skin Analysis
- Knowledge of Skin Boosters
- Knowledge of Hyaluronic Acid
- What is Profhilo?
- How does it Work?
- BAP Technique
- What is Seventy Hyal?
- How does it Work?
- BAP / Grid Technique
- What is Jalupro?
- Classic and HMW
- Techniques
- Contraindications
- Consent
- Shopping List
- Live Demonstration by Course Tutor
- Supervised Practise on Live Models
- Q&A Session
- Evaluation / Feedback



COURSE ENQUIRIES

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