



**HKFDF**  
HONG KONG FLYING DISC FEDERATION  
香港飛盤總會

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## HONG KONG FLYING DISC FEDERATION

### NATIONAL SQUAD SELECTION CRITERIA, SELECTION PROCEDURE & APPEAL MECHANISM FOR ULTIMATE FRISBEE

#### Selection Basic Details

<b><u>Division:</u></b>	Open
<b><u>Initial Roster Selection Dates:</u></b>	26th November and 30th November
<b><u>Training Period:</u></b>	1st December 2022 to November 2023
<b><u>AOUGC 2023 Final Selection Date:</u></b>	To be made in good time for the procurement of tickets, accommodation, players to book time off work and registration for the tournament (approximately April 2023).
<b><u>Description of initial tryout sessions:</u></b>	<p>Tryouts will run from 3 pm to 6 pm at the THT venue on the 26th of November and at the SKP venue from 7:30 pm to 10:30 pm on the 30th of November.</p> <p>These sessions will consist of...</p> <p>Warmup - 20 mins (Elvis)</p> <p>Go to drill - 15 mins (open and break side cutting)</p> <p>3-person forcing drill</p> <p>1 on 1 box cutting drill</p> <p>Huck drill with defence</p> <p>Mini games 3 v 3</p> <p>Mini games 5 v 5 with on the fly substitutions</p> <p>The first try out will also have 7 v 7 scrim for 3-hour session</p> <p>Coaches will be designated to watch different drills and record observations.</p>
<b><u>Selection Committee Names:</u></b>	<p>The open team leaders will meet on Friday 2nd December to discuss all tryout players and contact them shortly after. The core leadership team will select the final roster after this consultation.</p> <p>The core leadership team members are:</p>

	<p>Sunny Lai, Lewis Glover, Calvin Cheng, Calvin Siu, Tom Jones, Joe Leung</p> <p>Bea Lagdameo - will observe and record the selection meeting for transparency.</p>
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## **Initial Roster Selection Criteria (AOUGC 2023)**

### **Factors to be considered during selection (in alphabetical order):**

- Attendance at tryouts
- Attitude at tryouts
- Availability and eligibility for future tournaments
- Fitness level
- Potential and age
- Tactical understanding and teamwork
- Technical skill level

### **Attendance at tryouts**

Attendance at tryouts is not a guarantee selection but a low attendance rate may lead to non-selection.

The leadership team will keep a tryout Attendance Record.

Players unable to attend a tryout session must contact the Team Manager (the team manager will pass on this information to coaches) before the commencement of that tryout session to advise of their unavailability and to provide an explanation for it. The Team Manager will note down the reasons given for a player's absence at training on the Attendance Record. The leadership team may ask the player to attend alternative training sessions as a tryout.

Any other comments relating to a player's performance at training will be noted on the Attendance Record by the Coaches e.g. bad attitude; poor effort etc. These training Attendance Records may be referred to by the Selectors if, for example, the Coach recommends the non-selection of a player on the basis of poor attendance, bad attitude etc.

Overseas-based players can contact the Team Manager and request to be considered for a tryout at a later date. They must submit details of their expected return to Hong Kong as well as

how they will maintain their fitness and skills to be considered.

### **Attitude**

Players' attitude towards Team Managers, Coaches, venue staff, the wider Ultimate community, fellow teammates, opponents and spectators is an important element for maintaining a good team spirit and team image. Players are expected to display a good attitude during tryouts.

### **Availability and Eligibility for Future Tournaments**

A player's availability and eligibility over an extended period may be taken into account as this may impact the stability of the team as a whole. The player's availability to play at international preparation events, as well as major tournaments, will also be a factor considered.

### **Fitness Level**

Selectors must weigh up many factors when selecting a player. The fitness level of a player to undertake their role within a roster must be one of these factors. The potential of a player's fitness level should be considered if they are not currently at full fitness.

### **Potential and Age**

Players' potential for development will be considered and players recognised as having good potential may sometimes be selected over players whose current performance is superior in order to provide an opportunity for the development of less competent or less experienced players. However, a balance of experienced/development players will need to be established.

### **Tactical Understanding and Adaptation to the Team**

Selectors will not expect players to understand particular national team tactics but will want to witness players' ability to listen and respond to tactical observations/advice.

### **Technical Skill Level**

Selectors will assess the player's technical skills including throwing, catching, cutting etc as a high level of skill would be expected to perform at an international level. Players may have some deficits in some skills and selectors may overlook these if they believe the player has the potential to overcome them.

## **Tournament Selection Criteria (AOUGC 2023)**

**Factors to be considered during selection (in alphabetical order):**

- Attendance at training
- Attitude
- Availability and eligibility for future tournaments
- Fitness level
- Potential and age
- Tactical understanding and teamwork
- Technical skill level

### **Selection Criteria Details**

**This section provides more detail of the Selection Criteria listed above.**

#### **Attendance at Training**

High attendance rate does not guarantee selection but a low attendance rate may lead to non-selection.

The leadership team will keep a training Attendance Record (official SSS document).

Players unable to attend a training session must contact the Team Manager (the team manager will pass on this information to coaches and captains) before the commencement of that training session to advise of their unavailability and to provide an explanation for it. The Team Manager will note down the reasons given for a player's absence at training on the Attendance Record.

Players should submit any documents (if any) supporting their reason for absence e.g. sick note etc. to the Team Manager at the earliest opportunity. Injured players are expected to attend training unless the Coaches specifically excuse them in which case this will be recorded on the Attendance Record.

Injured players will be asked to observe the training and listen to the Coach's instructions and may be given tasks that their injury allows them to undertake.

Any other comments relating to a player's performance at training will be noted on the Attendance Record by the Coaches e.g. bad attitude; poor effort etc. These training Attendance Records may be referred to by the Selectors if, for example, the Coach recommends the non-selection of a player on the basis of poor attendance, bad attitude etc.

Overseas-based players must submit details of their expected return to Hong Kong as well as training reports endorsed by their coach(es). Direct communication between the Hong Kong Coach and the player's local coach(es) in relation to fitness, injuries etc. will be encouraged.

### **Attitude**

Players' attitude towards Game observers, Tournament Officials, Team Managers, Coaches, venue staff, wider Ultimate community fellow teammates, opponents and spectators is an important element for maintaining a good team spirit and team image. Players are expected to display a good attitude during training, competitions and their public daily lives. We expect all players to respect the "Spirit of the Game" rules as set out by the World Flying Disc Federation.

### **Availability and Eligibility for Future Tournaments**

A player's availability and eligibility over an extended period may be taken into account as this may impact the stability of the team as a whole. The player's availability to play at international preparation events, as well as major tournaments, will also be a factor considered.

**Note:** Only players meeting the eligibility criteria for a particular tournament can be considered for selection for that tournament. However, non-eligible players may be asked to continue training with the squad during the preparation for a tournament if they are eligible to compete in future tournaments.

### **Fitness Level**

Players are expected to complete baseline fitness tests, and/or any other physical fitness test(s) as determined by the coach/trainer

Players are expected to show improvement over the course of tournament preparation to prove that they are undergoing their own physical training - exceptions are allowed, these must be substantiated by valid reasons - (For example, an athlete has still not fully recovered from injury, has been sick or hospitalized, or has been unable to train being out of town) - All decisions must be fully considered and ratified by the HKFDF committee.

Selectors must weigh up many factors when selecting a player. The fitness level of a player to undertake their role within a squad must be one of these factors.

### **Potential and Age**

Players' potential for development will be considered and players recognised as having good potential may sometimes be selected over players whose current performance is superior in order to provide an opportunity for the development of less competent or less experienced players. However, a balance of experienced/development players will need to be established.

### **Tactical Understanding and Adaptation to the Team**

The division leadership team will hold regular reflection meetings (at least once every 12 sessions) of both individual players and the whole team's progress to share targets to ensure development. Players should be given feedback regularly to ensure that players understand their strengths and weaknesses with regard to tactical execution and fulfilling their roles within the team.

### **Technical Skill Level**

Players should be given feedback regularly to ensure that players understand their strengths and weaknesses with regard to technical skills and they are given strategies/opportunities to improve these.

### **Selection Procedure**

1. Selection of players will be made by a Selection Committee composed of at least four persons with previous international experience. Any Mixed Division Selection Committee will consist of two men and two women at least. The selection committee will be announced ahead of the selection start.
2. For major international/regional tournaments, squad players will be informed, in advance, of the dates of selection tryouts.
3. Decisions of the Selection Committee, if any, will be communicated to the squad players by

the Team Manager or the Coaches.

### **Appeal Mechanism**

1. A player who wishes to appeal against his/her non-selection must first lodge an appeal to the President of the HKFDF Board, in writing, within 48 hours of the notification of the non-selection, setting out the reasons for the appeal.
2. The Council will convene a three-person Appeal Board amongst HKFDF Board members and/or HKFDF Committee Members, who have had no part in the selection process, to hear and decide on the appeal. The President will inform the player of the Appeal Board's decision in writing not less than 14 working days from the date of appeal.
3. The decision of the Appeal Board shall be final.

## The Hong Kong Flying Disc Federation Final Decision Sheet

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