# SWEAT AND TONIC EVENT PACKAGE PRIVATE EVENTS & CELEBRATIONS . NETWORKING . PRIVATE CLASSES . CORPORATE MEETINGS . TEAM BUILDING



## SWEAT

Canada's widest collection of group fitness classes with full-service amenities, and expertly programmed by a diverse team of triathletes, breathwork specialists, an Ironman, reiki healers, kinesiologist, nutritionist, dieticians, DJs, dancers, and other top industry professionals.

## RECOVER

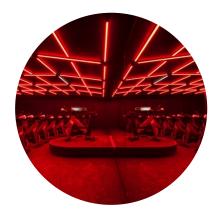
Recover, restore, and rejuvenate with our diverse range of wellness services, treatments, and state-of-the-art bio-hacking amenities, including a 50 ft. saltwater lap pool, infrared saunas, hydrotherapy, hot & cold therapy, massage therapy, skin care, facials & Hydrafacial, red light therapy, DEXA scan, health services, and more.

# CONNECT

Recharge, recover, and reignite in our premium lounge, café and bar offerings. Tonic house - our multi-functional lounge, workspace, and full-service event venue & cocktail bar - inspires collaboration and innovation.

## PRIVATE CLASSES | YONGE / SHUTER

#### 225 YONGE STREET



RIDE STUDIO CAPACITY: 60



YOGA & PILATES
STUDIO CAPACITY: 50



HIIT
STUDIO CAPACITY: 48

#### PEAK (ON SCHEDULE) PRIVATE CLASS | \$3,400

Class occurring during a time that directly displaces an existing class on our schedule

#### NON-PEAK (OFF SCHEDULE) PRIVATE CLASS | \$1,500

Class occurring during a time that does not disrupt our existing public class schedule

#### SEMI-PRIVATE CLASS | \$39 / PERSON

Priority reservation in an existing class on our schedule, prior to public release. Maximum 25 people



## PRIVATE CLASSES | FRONT / SPADINA

486 FRONT STREET W (THE WELL)



RIDE STUDIO CAPACITY: 75



YOGA & PILATES
STUDIO CAPACITY: 60



HIIT
STUDIO CAPACITY: 60

#### PEAK (ON SCHEDULE) PRIVATE CLASS | \$3,700

Class occurring during a time that directly displaces an existing class on our schedule

#### NON-PEAK (OFF SCHEDULE) PRIVATE CLASS | \$1,800

Class occurring during a time that does not disrupt our existing public class schedule

#### SEMI-PRIVATE CLASS | \$39 / PERSON

Priority reservation in an existing class on our schedule, prior to public release. Maximum 25 people



# TONIC HOUSE | YONGE / SHUTER

225 YONGE STREET



#### **CAPACITY:**

50 (SEATED) - 100 (STANDING)

VENUE RENTAL | \$500 / HOUR (2-hour minimum)

CLEANING FEE | \$150

FURNITURE REARRANGEMENT | \$300

AUDIO / VISUAL | \$150 (incl. microphone, projector, speakers)

LIVE DJ + EQUIPMENT | \$250

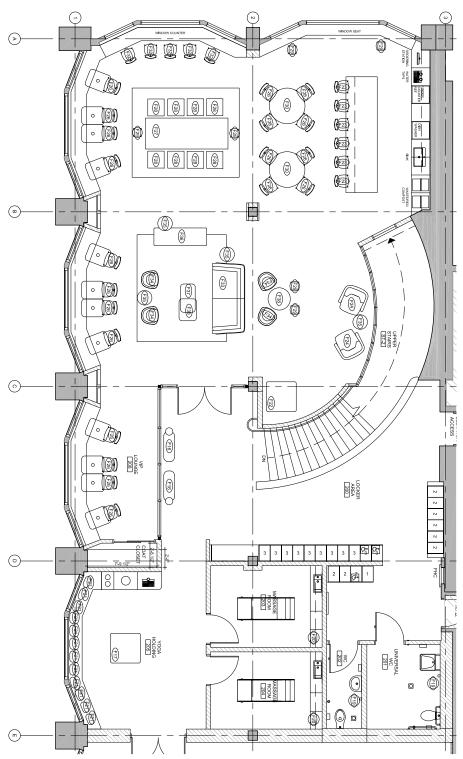
VENUE COORDINATOR | \$300\*

ADDITIONAL EVENT STAFFING | \$50 / HOUR

<sup>\*</sup>Additional \$50/hour after 6 hours

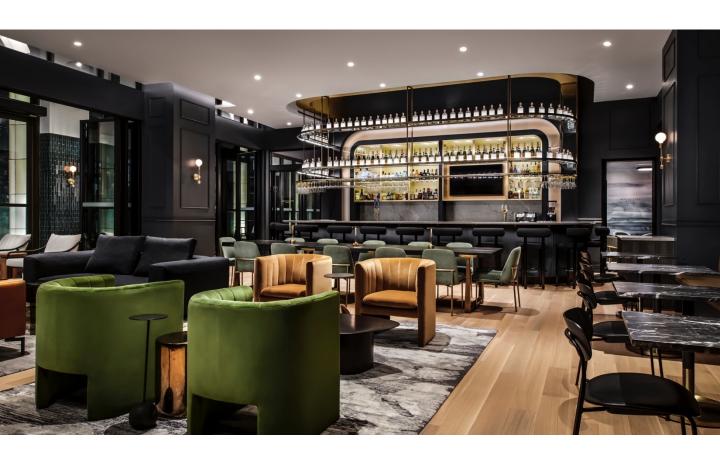
## TONIC HOUSE | YONGE / SHUTER

225 YONGE STREET



## TONIC HOUSE | FRONT / SPADINA

486 FRONT STREET W (THE WELL)



#### CAPACITY:

118 (SEATED) - 170 (STANDING)

VENUE RENTAL | \$700 / HOUR (2-hour minimum)

CLEANING FEE | \$150\*

FURNITURE REARRANGEMENT | \$300

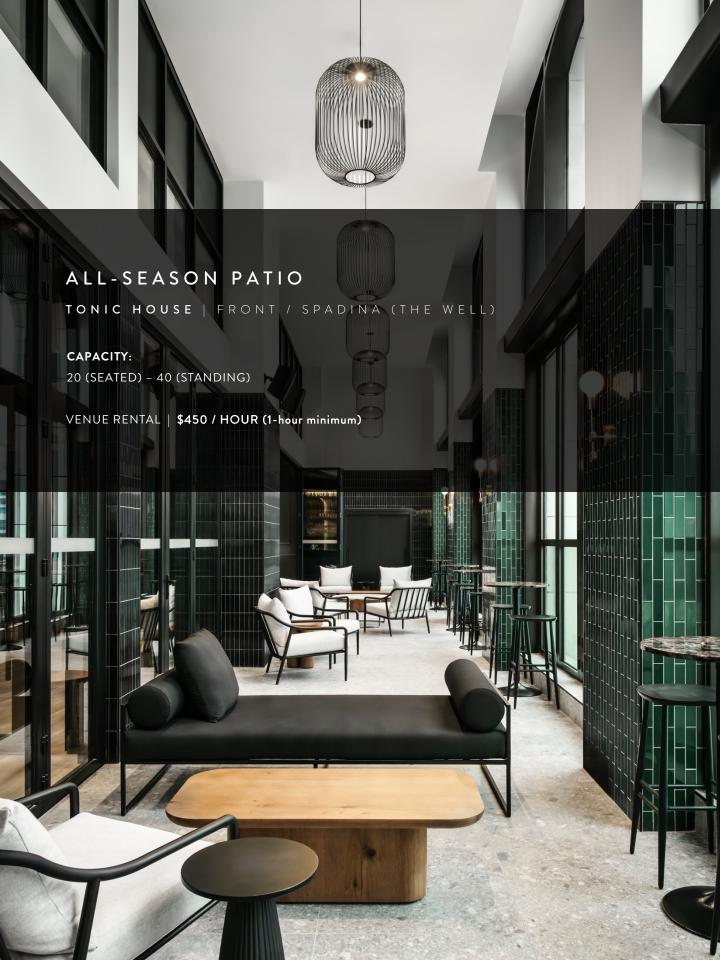
AUDIO / VISUAL | \$150 (incl. microphone, projector, speakers)

LIVE DJ + EQUIPMENT | \$250

VENUE COORDINATOR | \$300\*

ADDITIONAL EVENT STAFFING | \$50 / HOUR

<sup>\*</sup>Additional \$50/hour after 6 hours



### PRIVATE MEETING ROOMS

TONIC HOUSE | FRONT / SPADINA (THE WELL)



#### MEETING ROOM NORTH

**CAPACITY: 6** (SEATED)

RENTAL | \$30 / HOUR

MEETING ROOM SOUTH

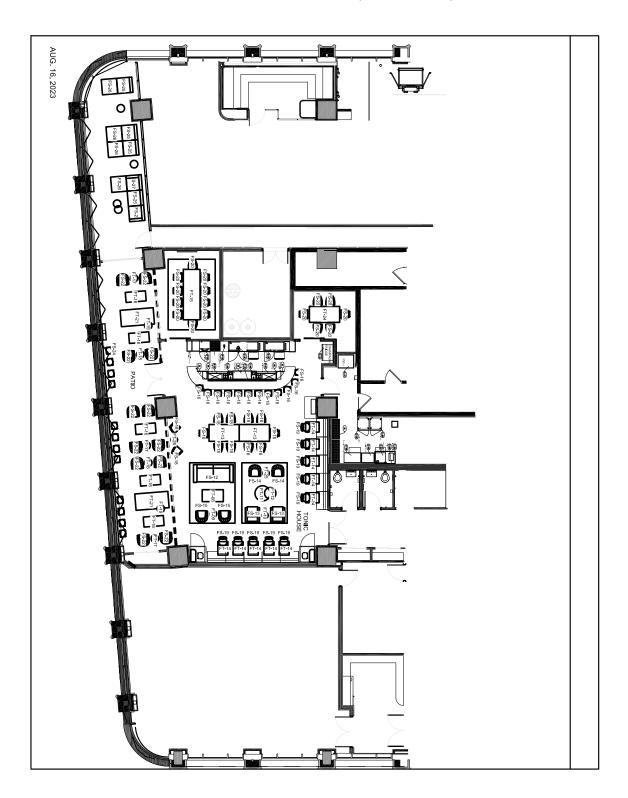
**CAPACITY:** 10 (SEATED)

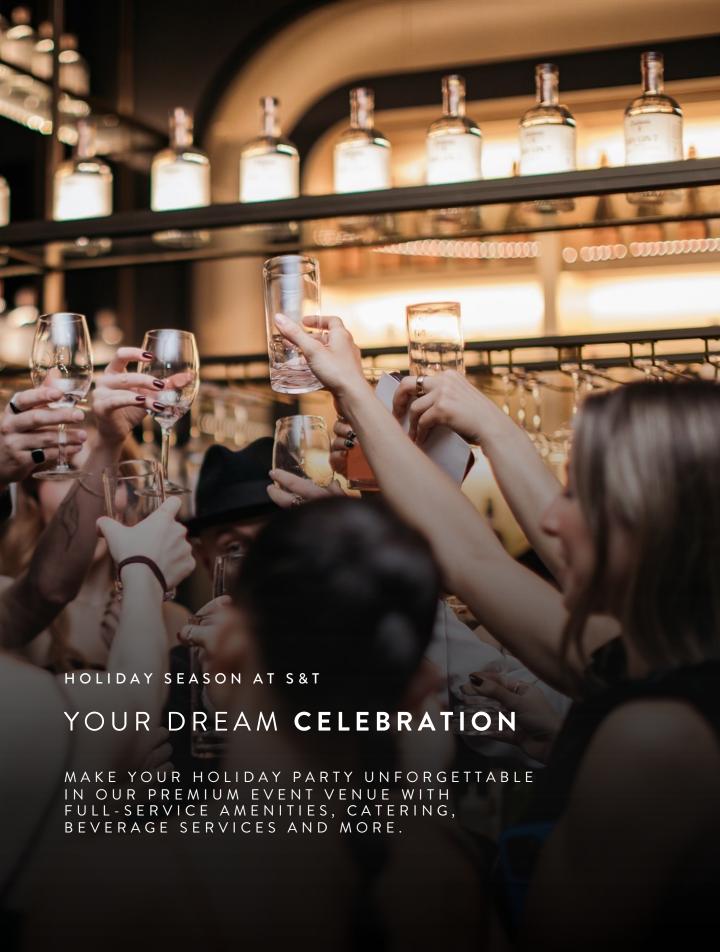
RENTAL | \$50 / HOUR



## TONIC HOUSE | FRONT / SPADINA

486 FRONT STREET W (THE WELL)





## PACKAGE A | HOLIDAY TEAM CELEBRATION

Best for: Large corporate or team celebrations (60-150 guests)

- 6-hour exclusive venue rental\*
- Full AV equipment (WIFI, speakers, mics, projector screen)
- 6 premium passed appetizers per person
- Full-service staffing

YONGE / SHUTER: \$105 PER PERSON FRONT / SPADINA: \$115 PER PERSON

## PACKAGE B | SWEAT x SOCIAL

Best for: Small teams & intimate gatherings (10-25 guests)

- Semi-private class for up to 25 guests
- 4-hour venue rental\* (all-season patio at Front/Spadina or Tonic House at Yonge/Shuter)
- Catered bites by Tonic Bar
- Full-service staffing

\$79 PER PERSON
UPGRADE TO PASSED APPETIZERS: +\$15 PER PERSON

## PACKAGE C | PRIVATE CLASS & CELEBRATION

Best for: Team building & celebrations (20-60 guests)

- 50-min private class at S&T (max. 60 guests at Front/Spadina; 50 guests at Yonge/Shuter)
- 5-hour exclusive venue rental\*
- Full AV equipment (WIFI, speakers, mics, projector screen)
- 6 premium passed appetizers per person
- Full-service staffing

YONGE/SHUTER: \$140 PER PERSON FRONT/SPADINA: \$165 PER PERSON

ADD ONS:

BAR SERVICE | \$14 PER TICKET
LIVE DJ | \$250 + DJ FEE
RED CARPET | \$250
PHOTOBOOTH (4 HOURS) | \$1,500

# TONIC HOUSE | BAR SERVICE

CUSTOM CRAFTED MENU

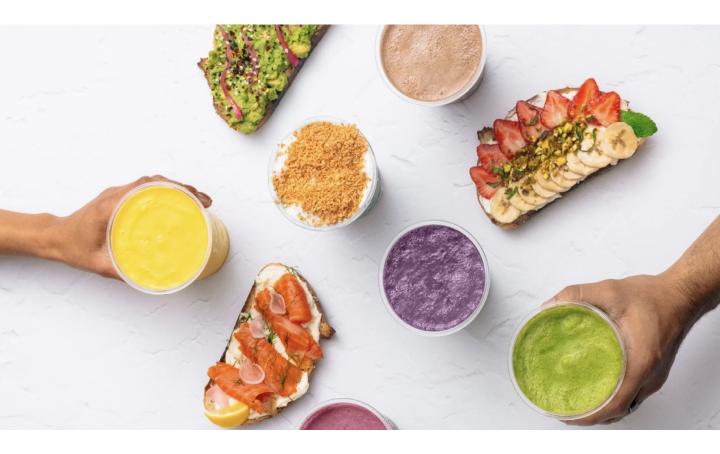
DRINK TICKETS | \$14 PER TICKET

PAY PER CONSUMPTION | ONE TOTAL BILLED AT EVENT END

CASH BAR | EACH GUEST COVERS OWN COST



# CATERING | TONIC BAR BY S&T



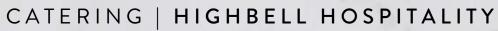
SMOOTHIES - JUICES & BOOSTERS - COFFEE & TEA
TOASTS - PUDDINGS & OATS - BAKERY BITES

Refresh and refuel with our delicious smoothies, juices, boosters, bowls, sandwiches, coffee, and more. Our healthy bites power you through your workday, energize you through your workouts, and nourish your post-sweat recovery.

VIEW OUR MENU >









# SWEAT AND TONIC

**GET IN TOUCH** 

SALESANDEVENTS@SWEATANDTONIC.COM

