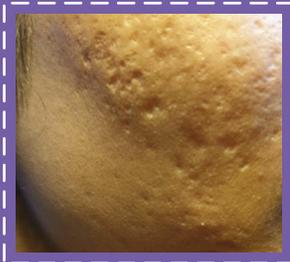


What are the results of laser acne treatment?

ResurFX technology by Lumenis can reduce acne scars and can smoothen the skin by reducing the impact of rolling & boxcar scars by 80%, leaving you with clear skin permanently.



What are the other acne scar treatment options available?

There are many treatments of acne scarring such as Growth Factor Treatment or M-22™ laser. These treatments have minimal downtime & no side effect. The only post-care is to use sunscreen.

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Treatments for Acne & Acne Scar Reduction

Affordable & safe treatments
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TANUJA REDDY
SKIN ~ AESTHETIC ~ LASER

What is Acne?

Acne is a skin condition that occurs when your hair follicles become clogged with oil & dead skin cells. It often causes whiteheads, blackheads or pimples & usually appears on the face, forehead, chest, upper back & shoulders. It is common among teenagers, though it affects people of all ages.

CAUSES

Four main factors cause acne:



Excess oil production



Bacteria



Hair follicles clogged by oil



Excess activity of a type of hormone (androgens)

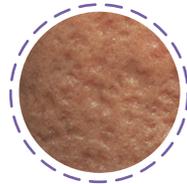
Acne typically appears on your face, forehead, chest, upper back and shoulders because these areas of skin have the most oil (sebaceous) glands. Hair follicles are connected to oil glands.

WHAT ARE ACNE SCARS?

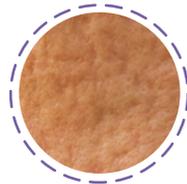
Acne scars are the dark & sometimes swollen pits left in the skin long after the pimple has healed & are divided into **four categories**:



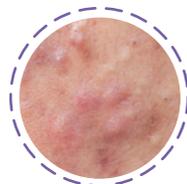
Ice pick (small pits)



Boxcar (these have sharp edges)



Rolling (caused by damage underneath the epidermis)



Hypertrophic (raised & bumpy because of excess scar tissue under the skin)

TREATMENT

Our medication will give you clear skin with a 95% improvement in the appearance of your skin. You will not be plagued by acne or acne scars again. Depending on the grade of your acne, we may prescribe different medications.

Additionally, we also have chemical peels in case you have an important event & need to get rid of your acne faster. Once the acne is cleared we tackle acne scars.

FAQs

Are acne scars permanent?

Acne scars may be permanent. They can be resolved through non-surgical treatments & lasers that are specific for scars.

How do people get acne scars?



Surprisingly, not all acne scars arise due to picking the outbreak area. The skin on your face is extremely sensitive and if you suffer from extreme bouts of intense inflammation, such as what often occurs when you have cystic acne, acne scars will be the result.

When will I notice the results?

You may begin to notice results within 24 to 48 hours but it takes up to 2 or 3 weeks for full results.

Are the results of this treatment permanent?

While results may vary from patient to patient, it lasts about 4-5 months for moderate to severe frown lines. We will plan your next appointment based on your results and aesthetic goals.

Does it look worse after the results wear out?

No, it won't. Moreover, it will work to prevent future wrinkles.

Are fillers and anti-wrinkle treatment the same?

No, anti-wrinkle treatment works on relaxing the muscles & softening lines whereas fillers add small amounts of volume in the right places to enhance the features of the face.

Is BOTOX and Anti-Wrinkle Treatment the same?

Yes, Anti-Wrinkle Treatment is just another name for BOTOX.

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Anti-Wrinkle Treatment

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What is Anti-Wrinkle Treatment?

Anti-Wrinkle Treatment is used to reduce skin wrinkles and treat certain muscle conditions. It relaxes the muscles to give you smoother skin in the applied area.

Why choose Anti-Wrinkle Treatment?

The appearance of wrinkles can make one's face appear older than it is. Given that once wrinkles become static (present without movement), it becomes hard to treat. So starting treatments at early stages will help prevent this.

Repeated muscle contractions from frowning, squinting, or raising eyebrows cause the skin to furrow and fold, gradually resulting in the formation of facial lines.

Anti-Wrinkle Treatment works beneath the surface and relaxes the muscle to help make the skin look visibly smoother.

How does Anti-Wrinkle Treatment work?

Anti-Wrinkle Treatment targets the underlying muscle to relax it & smoothen the skin.



COMMON TREATMENT AREAS:



Horizontal forehead lines



Crow's feet



Frown lines



Smoker's lines



Bunny lines



Gummy smile



Nasal flares



Facial slimming



Chin Dimpling



FAQs

How much time does the treatment take?

The treatment only takes a quick 10 minutes. The provider uses a needle to inject into specific muscles. We will discuss your treatment goals and perform a facial analysis to determine the appropriate treatment areas for you.

Does the procedure hurt?

While experiences may vary, most patients reported that anti-wrinkle injection felt like a pinch. We may use ice to numb the treatment area. Or, if you are concerned about discomfort, we may apply a topical numbing cream before administering your treatment.

How much downtime is required?

Treatment requires minimal downtime. So you can return to your daily routine immediately after you leave our clinic.

Will the results look natural?

All we are doing is tightening the skin and removing fat cells (non-surgically). The results you see are all-natural and 100% you.

Is it painful?

It is painless, although you may feel mild heat sometimes. Body sculpting is non-invasive and avoids much of the discomfort associated with liposuction and other surgical procedures.

Are there any risks?

One of the benefits of a non-surgical procedure like this is that the risk of complications is reduced. It's very unlikely that you'll experience anything more than discomfort or a bit of numbness following your procedure.

What's the difference between body sculpting and weight loss?

While both weight loss and body contouring reduce your body fat, they work in very different ways. Weight gain and weight loss happens when your existing fat cells grow or shrink. When you lose weight, the fat cells generally shrink throughout your body. Body contouring, however, directly removes fat cells from a specific area of your body. It's recommended for people who want to resolve one or two stubborn areas of fat.

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Body Sculpting Treatment

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What is Body Sculpting?



Body sculpting, also called body contouring, is the overall term used to describe a wide range of aesthetic plastic surgery procedures designed to reshape and improve the appearance of your body. It is a medical procedure that shrinks areas of stubborn body fat.

What sets our treatment apart from others?

- 1 Long lasting results
- 2 Non-invasive
- 3 Non-surgical procedure
- 4 No downtime



WHERE CAN YOU GET IT DONE?

Arms



Double chin



Thighs



Love Handles



Tummy



FAQs

How long is each session? How many sessions will I need?

We will create an individualized treatment plan tailored to your specific goals. The length of your body sculpting session will vary depending on the number of areas being treated during your visit lasting from 15 mins to 45 mins. We may schedule additional sessions in order to meet your goals.

Where does the fat go?

Once the treated fat cells are heated & broken down, your body processes the fat & eliminates these dead cells.

Are the results permanent?

Once the treated fat cells are gone, they're gone for the time being but it has to be maintained with a healthy diet and exercise, so that new fat cells are not developed by your body.

Can I return to normal activities after my treatment?

Yes, you can. Body Sculpting procedure is completely non-surgical, so you can return to normal activities immediately.

What happens during a chemical peel?

Before getting a chemical peel, some patients need to follow a pre-peel skin care plan for 2 to 4 weeks. This plan can improve results & reduce potential side effects.

On the day of your peel, you will first be prepped for the treatment. This includes cleansing your skin thoroughly. After you are prepped, the peel is applied quickly & evenly. Some peels are removed right away in 2 to 5 minutes depending on your skin. Some peels are removed at home after 6 to 7 hours.

When will I see the results?

Once your skin heals, you will see the results. Healing time ranges from 1 day for a refreshing or lunchtime peel to 14 days or longer for a deep peel. To get the results you seek from a refreshing peel or lunch time peel, you may need to have 3 to 5 peels.

Do chemical peels hurt or are they painful when using?

In general, users only feel a mild stinging sensation during light or medium chemical peels. After the procedure, a mild pain reliever may be taken to relieve any discomfort, if needed.

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Chemical Peel Treatment

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What are chemical peels?

A chemical peel is a skin resurfacing procedure that can be applied to the face, hands and neck. They're used to improve the appearance or feel of the skin.

During this procedure, chemical solutions will be applied to the area being treated, which can cause the skin to exfoliate and eventually peel off. Some chemical peels increase the skin turnover internally and do not cause actual peeling. These help in evening out the skin tone, reduce marks & fine lines.

Why is it done?

Chemical peels can be used to treat a variation of skin problems.



Sun damage



Acne scars



Melasma



Wrinkles & fine lines



Hyperpigmentation



Scars



Uneven skin tone or redness



TYPES OF CHEMICAL PEELS AND THEIR BENEFITS

Glycolic Peel

BENEFITS:

- Makes skin pores small
- Great for clearing acne
- Reduces the effects of sun damage
- Increases collagen production

SUITABLE FOR ALL SKIN TYPES

Salicylic Acid

BENEFITS:

- Brighter, smoother skin
- Treats acne & blackheads
- Reduces fine lines & wrinkles
- Fades dark spots & uneven skin tone

FOR COMBINATION, OIL OR ACNE PRONE SKIN

Kojic Acid

BENEFITS:

- Decreases the appearance of scars
- Treats melasma
- Anti-ageing effect
- Reduces hyperpigmentation

SUITABLE FOR ALL SKIN TYPES

Lactic Acid

BENEFITS:

- Immediate results & minimal downtime
- Exfoliates dead skin
- Younger & more refreshed skin post treatment
- Improvement of blotchy skin, uneven skin pigmentation & melasma

FOR ALL SKIN TYPES, PARTICULARLY THOSE WITH ACNE SCARRING

TCA

BENEFITS:

- Immediate results & minimal downtime
- Brighter smoother skin
- Great for clearing acne
- Reduces the effects of sun damage

SUITABLE FOR ALL SKIN TYPES



FAQs

How do I know what chemical peel is right for me?

Our dermatologists will check your skin after a consultation & take you through the peels suitable for your skin concerns.

Which dermal filler do I need?

The choice of filler depends on your aesthetic goals & the area that needs to be enhanced.

Will it look natural?



When fillers are used in the appropriate amount & placed in the right location, the results are beautiful, natural and youthful. Fillers are not meant to create totally different features rather they enhance your already existing features.

Is there a difference between Anti-Wrinkle Treatment & Dermal filler?

Anti-Wrinkle treatment works on relaxing the muscles & softening lines whereas fillers add small amounts of volume in the right places to enhance the features of the face.

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Dermal Fillers

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What are dermal fillers?

Dermal fillers are made up of proteins that are found naturally in our body. They add volume to certain areas on your face to hydrate, rejuvenate and enhance your facial features. Furthermore, they have been used around the world for years with great results and outstanding safety record.

Why do you need Dermal Fillers?

As you age, your face naturally loses subcutaneous fat leading to hollowness or sagging. This makes your face look tired & worn out. The facial muscles now are working closer to the skin surface, so smile lines and crow's feet become more apparent. The facial skin also stretches a bit, adding to the loss of facial volume. Dermal fillers can add the lost volume back to your face & enhance your skin.



WHAT CAN DERMAL FILLERS DO TO ENHANCE YOUR SKIN?



Improve under eye hollows



Provide a mid face lift



Enhance the cheek area



Enhance lips & reduce lip lines



Define the nose



Define the chin & jawline



Reduce lines around the mouth



FAQs

How long do dermal fillers last?

It depends on how your body reacts & which hyaluronic acid is used. This varies from person to person, but most dermal fillers will last between 6 to 18 months depending on which fillers are being used. After this period of time, your skin will look better than before as the dermal filler attracts water to the area, hydrating your skin & rejuvenating it. In addition to that, it stops the skin from sagging.

Do dermal fillers hurt?

There may be slight discomfort when the filler is being injected, but we can minimise that by applying a topical anaesthetic cream before the treatment. Our fillers also contain a pre-mixed local anaesthetic which makes the procedure relatively painless.

Is there any downtime?

There is no downtime because the results are instant. You can continue with your normal routine. However, we always advise our patients not to schedule a filler appointment right before an important event as there may be some bruising or swelling on the skin depending on the area of treatment.

Is it painful?

The treatment is performed under topical anaesthesia so it is relatively painless.

Is there any pre-care?

There is no pre-care for this treatment.

Is there any downtime?

You can wash your hair 5 hours after your procedure & continue with your daily routine.

Does the treatment work on male pattern baldness?

The treatment will not work for male pattern balding, in such cases, hair transplantation is advised with oral medications.

What is the difference between PRP & Growth Factor?

PRP consists mostly of unwanted cells, additionally, it requires more sittings. On the other hand, for Growth Factor Treatment the factors are separated specifically hence, it requires fewer sittings and is safe & sterile.

How do I know if the treatment will work for me?

Our team will consult & let you know if it will be beneficial for you.

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Growth Factor Treatment for hair loss & scarring

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What is Growth Factor Treatment?

It is a treatment for facial rejuvenation, hair loss & acne scars that uses the patient's own blood. This hair loss treatment consists of injecting growth factors in the spots where thinning is observed or scars are visible.

What is Scarring?

Scarring is a natural process that unfolds as wounds heal. If a lesion is more than 5mm deep or takes longer than 3-4 weeks to repair, the healing process is likely to leave a scar. In the presence of a skin opening, collagen fibres rapidly divide to protect the body from harmful pathogens.

How does GFC help with hair loss?

Growth Factor Concentrate has the ability to repair damages in the tissues into which they are introduced, to stimulate hair follicles that are in the course of degeneration, and to reduce hair loss. Hair is observed to grow back and further hair loss is prevented, while the hair strands become stronger & healthier.

How does Growth Factor help with scar reduction?

GFC can help rebuilt structures by increasing the level of bioactive proteins, known as growth factors, in damaged tissues. It is prepared from the patient's own blood, so there is zero risk of an allergic reaction. Growth factors are vital for tissue repair. GFC is a safe & effective wound healing agent.

PROCEDURE

BLOOD COLLECTION

A small amount of blood is taken from the patient.



CENTRIFUGATION

The blood is centrifuged at a certain speed & for a determined time, in order to isolate the growth factors.



DNA ACTIVATOR

The growth factors are then activated by the addition of nucleotide solution & calcium ions.



INJECTED INTO THE SCALP/SKIN

Injected in the areas of the scalp where the hair is thinning or in the areas of skin, where scars are visible.



BENEFITS

- Prevents further hair loss
- Enhances hair growth
- Strengthens already existing hair
- Absence of side effects
- Painless removal of acne scars

FAQs

How does the treatment act against hair loss?

Growth factors are proteins that exist in our bodies. They have the ability to stimulate the production of various types of cells involved in healing processes. They can enhance the repair of damaged tissues by reactivating cells. With hair loss treatment, growth factors are multiplied, activating more cells. It restores the function of hair follicles in the area where the injection is done, resulting in the growth of new hair from re-stimulated, formerly inactive follicles.

Is it safe?

The results of the treatment are entirely natural, there are no side effects since the patient's own blood is used.

How many sittings does GFC require?

GFC requires 1 sitting a month for 3 months & subsequently once every 6 months or 1 year in order to maintain the result.

How long will the results of laser hair removal last?

Most patients remain hair-free for months or even years. When some of the hair regrows, it will most likely be less noticeable. To keep the area free of hair, a patient may need maintenance laser treatments.

How long does it take and what's the duration between sittings?

A single sitting may go on from 15 mins to 1 hour depending on the area. Sittings are usually 1 month apart and the time for the hair to grow takes longer as the interval between sittings increases.

What's the Pre and Post care?

Only shave between sittings, as waxing and threading pull the hair from the root & disrupt the hair cycle which can lead to more sittings. This can also stimulate hair growth in other areas that we have already treated.

What type of laser is used for laser hair removal at TR Skin Clinic?

At TR Skin Clinic, we use the FDA approved Light Sheer Desire by Lumenius to provide you with the finest painless laser hair removal procedure. We also have 4th generation IPL which removes hair and also lightens the skin colour especially in the underarm area.

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Laser Hair Removal Treatment

Affordable & safe treatments
at TR Skin Clinic




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What is laser hair removal?

Laser hair removal is a medical procedure that uses a concentrated beam of light to remove unwanted hair.

How does it work?

During laser hair removal, a laser emits light that is absorbed by the melanin in the hair. The light energy is converted to heat, which removes the hair follicles that produce hairs. This inhibits and delays future hair growth.

BENEFITS OF LASER HAIR REMOVAL over traditional hair removal methods:

1 Painless & Quick

Compared to traditional methods such as waxing, laser hair removal does not cause you any discomfort or pain, it is quick & convenient, with each sitting lasting up to 1 hour.

2 Incredible Results

Once you've completed the number of appointments and your hair follicles are removed they will not return and you can enjoy soft & beautiful skin for the years to come.

3 Cost Efficiency

Although laser hair removal might cost you more than a single waxing appointment, the long term costs are unparalleled. An average person might go through hundreds of waxing appointments but with laser hair removal, usually only 5-7 sittings are required to be hair-free. Maintenance sittings may be required every couple of years.

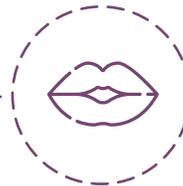
COMMON TREATMENT LOCATIONS INCLUDE:

Legs



Underarms

Upper lip



Chin



Bikini Line



Chest



Back



Beard Shaping



FAQs

Does laser hair removal hurt?

It can cause mild stinging initially in areas with thick hair but it doesn't cause pain whatsoever. Topical anaesthetic cream can be applied on certain bony areas in case it stings a little more.

When will I see the results after having laser hair removal?

You will notice thinning of hair follicles after every sitting & duration between each sitting will increase. Although, results may vary from patient to patient depending on their hair growth cycles and hormones.

What to expect after the treatment?



You may experience warmth, redness, mild swelling/raised areas or tightness in the treated area, which will most likely fade within a few hours of treatment. The skin may have a pinkish tone for 5-6 days.

How long does the effect of the treatment last?

The favorable effects of this treatment are long lasting. Since the skin keeps ageing, regular maintenance is required.

Is there any downtime?

There is very little downtime. You can get back to your daily routine after the treatment & use makeup the next day.

How long are the sessions?

One session lasts for about 15-30 minutes, depending on the area to be treated. You may need to take 3-4 sessions in intervals of 3-4 weeks in combination with creams as suggested by our doctor.

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Skin Resurfacing with M22™

Affordable & safe treatments
at TR Skin Clinic



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A large, stylized dandelion seed head is shown in the upper right quadrant of the page. Its stem extends downwards, ending in a horizontal line that serves as a base for the text below. The dandelion is white with a bright center, and its seeds are blowing away to the right.

TANUJA REDDY
SKIN ~ AESTHETIC ~ LASER

What is Skin Resurfacing?

Skin Resurfacing with M22™ by Lumenis is the most powerful and effective form of anti-ageing laser treatment to remove unwanted brown spots, acne and surgical scars. It resurfaces your skin to make the skin younger and smoother. This service uses laser technology along with a skin-cooling device, to prevent any damage to your skin. It stimulates rapid healing for the outer layers of your skin and penetrates deep into the dermis, to stimulate your skin to create collagen & elastin naturally for a more youthful appearance with little discomfort & down time.

What is M22™?



M22™ is a modular multi-application platform for the treatment of over 30 skin conditions and hair removal. Used by physicians around the world, M22™ enables us to treat a vast variety of patients and conditions with excellent outcomes.

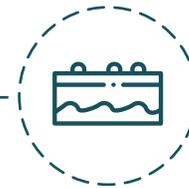
Why do we offer the M22™ Laser?

At TR Skin Clinic, we are committed to providing our patients with the most effective skin resurfacing laser for a range of skin conditions. M22™ Machine by Lumenis is one the best in the world. It is a non-invasive laser and it stimulates the production of collagen without harming the skin.



SKIN RESURFACING FIXES:

Uneven texture



Fine lines

Age spots



Damage caused by sun

Fine wrinkles



Mild acne scars

Enlarged pores



Lax or loose skin



FAQs

Is the procedure painful?

The procedure is a non-invasive treatment. You will only feel a pinch as the laser hits your skin. Anaesthetic cream is applied to reduce any discomfort.

Who should opt for these treatments?



If you're looking to target specific skin concerns or have a big event coming up, like a wedding, then go for medi-facials. These have minimal downtime & also do not have any side effects.

They tend to improve the skin tone and texture, and immediately. They provide you with healthy & glowing skin. Microdermabrasion is usually suggested first 14 days before your event (as it removes the dead cells) & medi-facial 1 week before.

FAQs

Does the treatment hurt?

The treatment is pain-free.

Is there any downtime?

No, there is no downtime in this treatment. You can get back to your daily routine.

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Medi-Facials & Microdermabrasion

Affordable & safe treatments
at TR Skin Clinic




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What is Microdermabrasion?

It is a procedure that uses a diamond tip which helps exfoliate the dead cells, reduce tan, combat acne, stimulates collagen formation and leaves your face looking youthful. It is more effective than a regular facial and furthermore, it does not contain any chemicals. It can be done every 4 to 6 weeks or before any important event. Additionally, it does not have any side effects. It can be combined with a chemical peel so that the peel works on your living cells, not the dead cells. It also helps in clearing acne.

What are Medi-facials?

It is a treatment that is customized for each client, whether it is regular skin maintenance or skin enhancement or reduction of fine lines. The active ingredients will renew your skin and give it a glowing complexion. Our dermatologists customize the procedure to your unique skin needs, delivering the best possible end results.

What do Medi-facials do & how long does it take?

They are designed to repair, restore and rejuvenate the skin. Your skin will have visible improvements in tone, texture, complexion & most importantly improved skin health and function. Medi-Facials sittings may take 45 minutes and similarly microdermabrasion may take 20 minutes.



BENEFITS

- Helps you unwind
- Helps curb bacterial breakouts
- Allows you to de-stress
- Provides anti-ageing results & a glow
- Exfoliates & rejuvenates skin
- Removes dead cells & excess oil
- More effective than commercial facials
- Replenishes the skin with vitamins
- Reduces wrinkles & hyperpigmentation
- No side effects

How does it differ from regular facials?

Aesthetic medi-facials help to improve the skin tone, texture & collagen production & thus, slow down the ageing process. The results are also more appreciable & long-lasting when followed with a good skincare plan.

The generic facials offered in salons are generally followed by steam, bleach & use of products which are milder & more pampering. They, unfortunately, are not as effective. The creams used in regular facials can cause harsh exfoliation of the skin, which can cause blockage of pores and result in active breakouts in acne prone skin.

HOW DO MEDI-FACIALS & MICRODERMABRASION DIFFER?



Microdermabrasion

Microdermabrasion is an exfoliation of the skin & is more pocket friendly.

The procedure takes 20 minutes while removing dead cells & reducing the oil.

Medi-Facials

Medi-Facials take 45 minutes & include microdermabrasion along with hydra exfoliation.

It has an ultrasonic scrubber to cleanse pores & impurities & remove whitehead & blackheads.

It infuses ingredients for anti-ageing glow to tie the whole facial together with a medicated mask.

How will my skin look after a treatment?

After a single sitting, your skin will feel smoother & have an even tone & the size of your pores will decrease. Results become more prominent after multiple sittings.

How long does it take to recover from a photofacial treatment?

There's no real recovery time to speak of. With IPL photofacials, there may be some side effects, like mild redness, immediately after the procedure. Nevertheless, you can resume normal activities immediately after treatment, including applying your usual facial creams & makeup.

How long do the results last?

The results of an IPL photofacial will be apparent for 6 months to 1 year.

We recommend maintenance treatments every 6 to 12 months to help prolong results. 2-3 treatments a year are enough to develop & maintain youthful skin with renewed collagen growth.

What can I do post treatment to prolong the results?

Avoid things that damage your skin. That means limiting direct exposure to the sun, wearing sunscreen, and taking optimal care of your skin with moisturizers and gentle cleansers. Keep up with your scheduled maintenance treatments with us.

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Photofacial Treatment

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at TR Skin Clinic




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What is it?

Photofacials are treatments that use different types of light emitting devices to treat skin discoloration and reduce the appearance of blemishes.

This procedure is ideal for those looking to treat a variety of common skin issues including wrinkles, large pores, freckles and acne scars. These treatments were developed to improve the visible appearance of skin with little or no down time.

How do photofacials work?

IPL photofacial involves light being absorbed into the skin. The intense nature of the IPL photofacial's light pulses allows this light to be absorbed more deeply & does not affect the top layer of skin.

IPL photofacial light is soaked up by the hemoglobin (red blood cells) and melanin (pigmentation) in the skin, intentionally damaging these areas. The damaged melanin breaks up and is absorbed by the skin, decreasing its appearance on the skin's surface. The damaged hemoglobin stimulates blood flow, causing the melanin to be absorbed more efficiently, which gives a brighter appearance of the skin and reduces pigmentation.

What are photofacials used for?

Photofacials are used to treat skin blemishes and pigmentation issues.

However, there are several specific conditions that fall under these categories. IPL photofacial treatments can be used to treat the following:



Broken capillaries
(blood vessels)



Spider veins



Hyperpigmentation



Sun damage
(sun spots)



Freckles, large pores
and age spots



Fine lines

What is the procedure like?

First, a cool gel will be applied to your face and you will be required to wear dark glasses to protect your eyes from the light. The doctor administering your treatment will take the hand piece and run it along your skin as it pulses light.

How long do photofacials take?

IPL photofacials are performed in a series, with each sitting lasting from approximately 20 minutes to an hour, depending on the amount of skin being treated.

Typically, patients receive between 3-5 treatments spaced roughly 1 month apart.



FAQs

How do I prepare for treatment?

For starters, make sure you aren't tanned while getting the treatment done. Additionally, you should not be taking retinoids, both oral & topical.

What parts of my body can I have treated?

Most people get photofacials to treat their face, neck, shoulders, back, and hands. Essentially areas that are frequently exposed in public. However, photofacial treatments can be performed on any part of the body except the eyelids and the area above them.

Do photofacials hurt?

IPL photofacials are painless. Some patients have compared the brief stinging pain of the pulsating light to a rubber band flicking them in the face.

Mild redness may occur for a few hours in some patients. They become darker & peel for a couple of days in sun-damaged skin.



TREATMENT FOR DPN

Electrocautery - This involves using a small probe with an electric current to burn away the bumps. These are done in the clinic & a topical anaesthetic cream is applied before the procedure so that you don't feel any pain. You also have a gap of 4-5 years before they reoccur. They reoccur as they are usually hereditary in nature.



FAQs

Can I do physical activities (drive, dance, walk, exercises, etc.) after a corn treatment?

Yes. Corn removals are usually painless & there is no down time. Most people experience immediate relief after treatment and can go back to their normal routines.

How long do results last after the treatment is done?

This will vary depending on your footwear choices, level of activity & presence of and severity of digital deformities. Most corns will require continuous periodic care & management.

Are surgical treatments painful?

These treatments are performed under topical anaesthesia hence, you will feel no pain at all.

A clinic for all your dermatology and cosmetology needs!



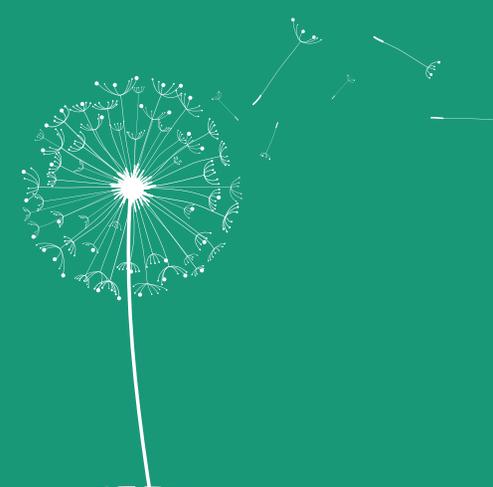
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Treatment for Skin Tags, DPN & Corns

Affordable & safe treatments at TR Skin Clinic




TANUJA REDDY
SKIN ~ AESTHETIC ~ LASER

What are corns?



Corns and calluses are thick, hardened layers of skin that develop when your skin tries to protect itself against friction and pressure. They most often develop on the feet & toes or hands.

What are the symptoms?

You may have a corn or a callus if you notice:

- 1 A thick, rough area of skin
- 2 A hardened, raised bump
- 3 Flaky, dry or waxy skin
- 4 Tenderness or pain under your skin

When to contact us?

If a corn or callus becomes very painful or inflamed, contact us. If you have diabetes or poor blood flow, visit us before self-treating a corn or callus because even a minor injury to your foot can lead to an infected open sore (ulcer).



CAUSES OF CORNS

Pressure and friction from repetitive actions cause corns and calluses to develop & grow. Some sources of this pressure & friction include:

- Wearing ill-fitting shoes
- Skipping socks
- Playing instruments or using hand tools



TREATMENTS WE OFFER FOR CORNS

We offer a non surgical approach to corns as they can reoccur and we inform our patients of the common signs to look out for & how to remove them at home.

What are skin tags?



Skin tags are soft, noncancerous growths that usually form within the skin folds of the neck, armpits, breasts, groin area & eyelids. These growths are loose collagen fibers that become lodged inside thicker areas of the skin.

It's unclear exactly what causes skin tags, but they may develop from friction or skin rubbing against skin .



PROCEDURES FOR SKIN TAGS

➤ **Hyfrecaction:**

We use heat to remove the skin tag.

➤ **Surgery:**

This simply involves us snipping off the skin tag at its base with surgical scissors. The size and location of the skin tag will determine the need for stitches which is rare in most cases. We use anaesthetic injections so that there is no pain.

These are outpatient procedures & can be done in the clinic. There are no side effects and don't leave any scarring.

What is DPN?



Dermatitis Papulosa Nigra (DPN) is a harmless skin condition that tends to affect people. It is hereditary in nature & consists of small, dark bumps

that usually appear on your face and neck. While some people only develop a few bumps, others have many.