# RUBY RABBIT'S NASOGASTRIC TUBE

A story about nasogastric tube feeding for children

### This book belongs to

Name: .....



## Colour in this book and enjoy!

Over the hill and across the fields lives a rabbit called Ruby. Ruby Rabbit isn't able to eat enough to grow strong and stay healthy, even though she tries very hard, so Ruby Rabbit gets special food through a nasogastric tube.

"A naso-ga-what?" you may well ask, "what a funny word!"

Indeed it is! It's really two funny words made into one: 'naso' is another word for nose, and 'gastric' is another word for tummy. A 'nasogastric tube' is just another word for 'nose-to-tummy tube'.

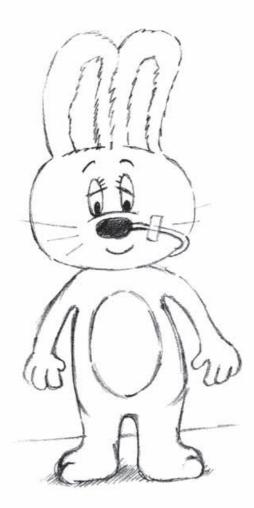
Still, 'Ruby Rabbit's nasogastric tube' is awfully hard to say over and over — try saying it five times fast — what a tongue twister! So, in this story we're just going to talk about 'Ruby's tube'.

Colour in this book as you go along...

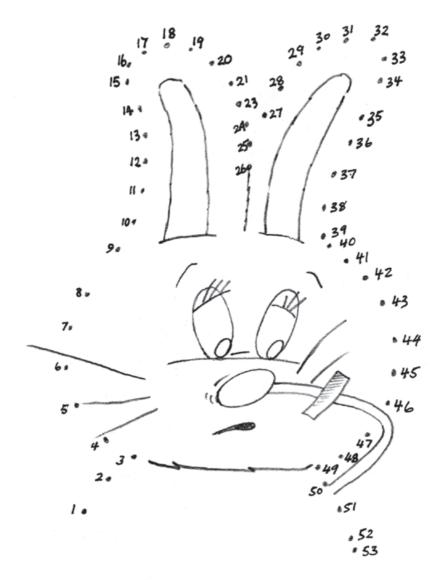


Ruby gets her special food, through a nasogastric tube.

From her nose to her tummy is where the tube goes, and through the tube Ruby's special food flows.



#### Can you join the dots to find Ruby Rabbit?



When Ruby's tube enters her nose, her bunny nose twitches as it goes.

But Ruby's tube is so very thin, she can hardly feel it once it's in.



Ruby's tube is kept in place, with some tape across her face.

But Ruby's tube can wriggle about, the tape can come loose and the tube can fall out!

So when Ruby Rabbit goes out to play, she tucks her tube safely away.

Before breakfast, lunch and dinner too, there's a simple test that Ruby must do.

Before she's given any food, she takes some fluid from her tube.

A drop of fluid on magic paper, a colour change — oh what a caper!

This colour change helps Ruby see, if her tube is where it should be.



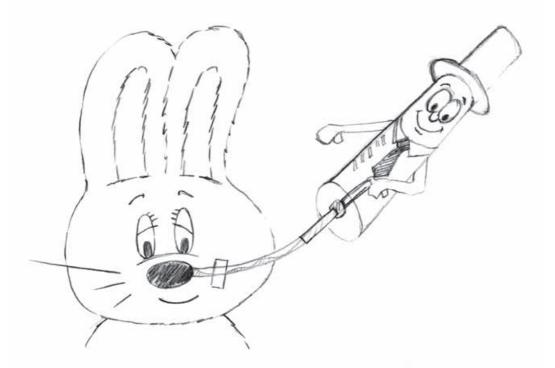


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Why, Patsy Pump helps push it through, ...Sidney Syringe can do this too! Sydney Syringe like everything clean, he's very fussy, you know what I mean.

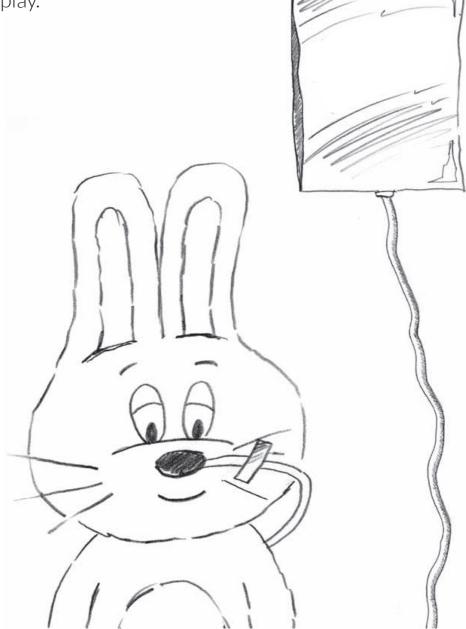
Before each feed, and after too, Sydney's got a job to do.

Even when Ruby is in a rush, Sidney gives her tube a cleansing flush!



After Ruby's had her special food it's time for fun to be pursued.

She tucks the tube safely away, and goes out with her friends to play.





Can you guess what game she's playing today?

### Notes from your nurse or dietitian


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### Can you draw Ruby Rabbit?



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