

Traditional Birthstones



January - Garnet. Health, balance, grounding, passion, hope, creativity. Chakra: Root.



February - Amethyst. Intuition, sleep, ease addiction, anxiety relief, artistic talent. Chakra: Third Eye.



March - Aquamarine. Letting go, communication, protection during travel. Chakra: Heart, Throat.



April - Diamond. Light, spiritual connection, amplifies energy, truth, trust, healing. Chakra: Crown.



May - Emerald. Patience, friendship, self esteem, intuition, fortune telling. Chakra: Heart.



June - Moonstone (also Pearl). Peace, clarity, travel, nurturing, purity, spirituality. Chakra: Crown.



July - Ruby. Patience, achievement, passion, concentration, energy, focus. Chakra: Root.



August - Peridot. Healing, addiction recovery, prevent nightmares, ease guilt, fear. Chakra: Heart.



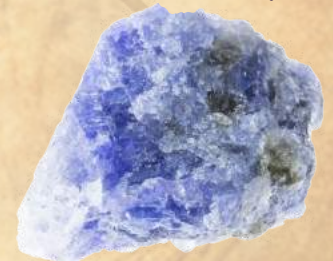
September - Sapphire. Wisdom, leadership, self-discipline, judgement, balance. Chakra: Throat, Third Eye.



October - Opal (also Pink Tourmaline). Optimism, enthusiasm, creativity, releasing inhibitions. Chakra: Crown



November - Topaz (also Citrine). Willpower, confidence, abundance, optimism. Chakra: Sacral, Solar Plexus.



December - Tanzanite (also Turquoise, Blue Zircon). Psychic power, spirituality, truth. Chakra: Throat, Third Eye, Crown.